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The evolving roles of intensity and wet season timing in rainfall regimes surrounding the Red Sea

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Abstract

LETTER

The Red Sea is surrounded by a diverse mixture of climates and is spanned by opposite hydrologic end-uses and geopolitical states. Unique water supply management challenges on both sides (related to agricultural and trans-boundary conflict in East Africa, and to groundwater depletion in the Arabian Peninsula) are made more severe by a rising demand, which underscores the importance of understanding shifts in rainfall supply to aid effective action. In this study, we characterize the relative importance of rainfall intensities to annual rainfall, the onset and duration of wet seasons, and the (statistically significant) trends in each of these over the region from 1981 through 2020 using daily gridded (0.05°) precipitation estimates. Results show that heavy rainfall (above 20 mm d^{-1}) does not necessarily benefit annual totals, as the wettest regions are shaped by moderate (between 5 and 20 mm d^{-1}) rainfall coupled with prolonged wet seasons. Observed trends in annual rainfall are underlain by interactions between shifting wet season lengths and rainfall intensities. Wet season length increases for 26% of the region, dampening the inherent drying resulting from shifts toward less-intense rainfall, and bolstering the inherent wetting from shifts toward more-intense rainfall. Regions shifting toward less- (more-)intense rainfall without an expanding wet season generally show negative (insignificant) rainfall trends. This reveals an important control that wet-day frequency has over wet-day intensity alone in shaping annual rainfall changes. We emphasize that the large-scale distribution of these shifts and their regional importance should punctuate cooperative efforts in sustainable resource management and transboundary governance.

1. Introduction

Geopolitical opposites span the Red Sea—a rich market of international food, water, and energy exchange (Wilson 2015, Narbone and Widdershoven 2021). The Arabian Peninsula (AP) lies to the east, with Saudi Arabia as the world's largest country with no permanent surface water bodies, and where potable water relies on groundwater pumping and desalination (Baig *et al* 2020). Despite scarce rainfall, it has the third-highest per-capita freshwater consumption, driven primarily by urban and agricultural use (Baig *et al* 2020). Oil exports drive its GDP (19th-highest at \$700 M USD World Bank 2020). Conversely, west of the Red Sea exists several transboundary river basins draining from the Ethiopian Highlands (UNEP-DHI and UNEP 2016), where summer precipitation governs freshwater supply (Berhanu *et al* 2014, Nicholson 2017). While maintaining a wealth of fresh surface water, the Ethiopian GDP is relatively low (\$107 M USD, World Bank 2020). Surface water reliance cascades down the Nile River to Sudan and Egypt (Conway 2005), where hydro-political stress has tended to invite either competitive conflict or cooperative effort as a result (Yoffe *et al* 2004, Wolf 2007).

Both sides (AP and Eastern Africa, hereafter EA) acknowledge the importance of sustainable water use and management in the face of rising population and climate and land cover changes despite such broad differences (Jones 2014, McNabb 2019, Baig et al 2020). For the AP, what little rainfall occurs presents the only natural opportunity to replenish an already-stressed groundwater supply (Almazroui et al 2017, Awadh et al 2021). For EA, rainfall variability (inter- and intra-annual) and its timing are principal to informing reservoir operations and agricultural strategies (Degefu 1987, Gissila et al 2004, McClain 2013) as well as transboundary water resource governance. These unique water supply challenges are exacerbated by demand-side (i.e., population and land cover) changes, which underscore the importance of understanding supply-side (i.e. precipitation) changes.

Numerous studies have leveraged in situ gauges, satellite remote sensing, and numerical weather prediction estimates of precipitation to advance understanding of rainfall behaviors and changes on both sides of the Red Sea. These prior efforts (summarized in sections 1.1 and 1.2) highlight complementary knowledge gaps concerning how rainfall behaves and changes, but none have presented a direct juxtaposition of both sides. Assessing the characteristic timing and intensities of rainfall and their importance to annual water supply regionwide is a collective research gap that can (a) provide a (hydrometeorological) basis for mutual understanding of incoming water supply differences with respect to trade and the food-water-energy nexus that nuances it, and (b) inform the unique and urgent hydrologic end-uses in EA and the AP in their respective sustainability efforts.

1.1. Rainfall East of the Red Sea: Arabian Peninsula AP rainfall is generally irregular and infrequent. A climatological review of station and satellite-based observations in eastern Saudi Arabia reports most (over 50%) of its precipitation to occur between October and April (Awadh et al 2021), with the wetter southwestern region receiving 50-100 mm of rainfall annually from orographic convection (Hasanean and Almazroui 2015). These convective storms are brief (lasting a few hours) and localized (Patlakas et al 2021). The southwestern region of the AP is heavily influenced by Indian monsoons, where monsoonal rainfall (averaging 300 mm per occurrence) comprises about 60% of the annual rainfall. On the other hand, desert regions receive less than 60 mm annually, with some years receiving nothing (Almazroui et al 2012b, Hasanean and Almazroui 2015).

Trend analyses generally agree on decreasing annual rainfall (AlSarmi and Washington 2011, Hasanean and Almazroui 2015, Zittis 2018, Almazroui 2020, Wehbe and Temimi 2021), largely the result of recent declines from 1994 to 2009 (Almazroui *et al* 2012b). Rainfall extremes, which account for 40%–70% of annual rainfall (Almazroui and Saeed 2020), have been shown to occur more frequently in recent years, while weak rainfall occurrences diminish (Almazroui 2020). Although, extremes in the wetter regions of Saudi Arabia have demonstrated less-frequent but more-intense rainfall extremes (Luong *et al* 2020).

Few studies have characterized the seasonal distribution of rainfall (Almazroui *et al* 2012a, Mahmoud *et al* 2021), and none have investigated the extent to which the seasonal timing of rainfall has changed in the AP.

1.2. Rainfall West of the Red Sea: East Africa

In stark contrast, EA accumulates 300-1200 mm of rainfall annually (Fenta et al 2017) with much stronger spatial coherence in its interannual variability-a result of rainfall being driven by regional circulation, geography, and partially explained through teleconnections such as the El Niño-Southern and Madden-Julian Oscillations and Indian Ocean Dipole (Yang et al 2015, Nicholson 2017, Lüdecke et al 2021). This region carries two distinct rainfall regimes, the first consisting of summer (July-September) monsoonal rains over Northern Ethiopia and Sudan. These account for 50%-95% of the total rainfall (Conway 2005, Korecha and Barnston 2007). The 2nd regime is bimodal, consisting of 'long-rains' (March-May) and 'short-rains' (October-December) that generally preside over Southern Ethiopia and regions in Kenya and Uganda. While the long-rains are more persistent and carry more rainfall, short-rains drive interannual variability and extreme rainfall (Nicholson 1996, 2017, Camberlin and Wairoto 1997, Camberlin et al 2009, Wenhaji Ndomeni et al 2018). The timing (i.e. onset and cessation) of the wet season is generally early (late) in southwest (northeast) Ethiopia (Segele and Lamb 2005).

Rainfall trends are immensely heterogeneous and insignificant over large areas of EA (Fenta et al 2017, Gebrechorkos et al 2019). However, summer rains have been shown to decline steadily since the 1950s, owing to an abrupt reduction in the late 1990s (Nicholson 2017). Long-rains have undergone dramatic declines (Cattani et al 2018, Gebrechorkos et al 2019, Dabar et al 2021), while short-rains have shown upward trends (Kizza et al 2009, Onyutha 2018, Muthoni et al 2019). Drying has been tied to later wet season onset dates (Kniveton et al 2009) and earlier cessation (Seregina et al 2019). Trends in extreme rainfall have shown decreasing (increasing) frequency of high- (low-) intensity rainfall (Cattani et al 2018, Kalisa et al 2021), but are generaly weak and lack spatial coherence (Zhang et al 2005, Ongoma et al 2018).

For brevity, we have described a few salient features of EA rainfall despite a much larger body of

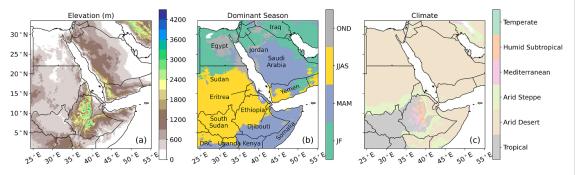


Figure 1. (a) Elevation, (b) climatologically-dominant wet season, and (c) Koppen–Geiger climate classification of the RSR with political boundaries. Elevations (1 km) were obtained from GTOPO30. The dominant wet season was obtained from the mode of the seasons (OND = October–December, JJAS = June–September, MAM = March–May, JF = January–February) carrying the greatest monthly average accumulated rainfall in 1981–2020 using CHIRPS v2.0. Climate classification data were obtained from the 1 km map developed by Beck *et al* (2018).

research. An excellent review of EA rainfall characteristics, drivers, and trends is provided by Nicholson (2017). No study, however, assesses the impact of shifting intensities to total rainfall.

1.3. Research objective

The goal of this study is to assess the behavior of varying rainfall intensities, their importance to annual totals, and their relationship to the seasonal timing of rainfall across the Red Sea as a whole. We employ a high-resolution daily gridded precipitation data set to address the following questions: (a) what are the relative contributions of light, moderate, and heavy rainfall to annual rainfall? (b) How does wet-season onset and duration vary across the region? (c) To what extent have relative intensity contributions and the timing and duration of wet seasons undergone considerable change?

2. Study region and data

2.1. The Red Sea region (RSR)

Most of the inland and upper latitudes of the RSR are low-lying desert (figures 1(a) and (c)). A strip of tropical landscape (south of 10° N) spans from South Sudan, the Congo, and northern Uganda into the high-relief Ethiopian Highlands. The dominant wet season in Ethiopia contains a mixture of monsoonal summer and springtime long-rains, which may switch from year to year (Segele and Lamb 2005, Bekele-Biratu *et al* 2018), resulting in a heterogeneous climate class (figure 1(c)). The AP is primarily dominated by spring rainfall and its topographic relief points toward the Red Sea. Sparse rainfall yearround makes for a spatially heterogeneous dominant wet-season north of 20° N on both sides of the RSR (figure 1(b)).

2.2. Climate hazards group infrared precipitation with stations

We obtained 40 years (1981 through 2020) of gridded (0.05°) daily precipitation from version 2 of the Climate group InfraRed Precipitation with Stations (CHIRPS) product (Funk *et al* 2015a). The data set is underpinned by a high-resolution precipitation climatology that incorporates a topographical grid and multiple streams of historic station- and satellite-based thermal infrared precipitation estimates (Funk *et al* 2015b). This climatology is adjusted by local regressions between Tropical Rainfall Measuring Mission Multi-satellite Precipitation Analysis estimates and cold cloud top duration estimates, followed by a bias correction via daily gauge measurements (Funk *et al* 2015a).

The CHIRPS data set was chosen based on its regional (RSR) performance and collective suitability for describing the precipitation metrics used in this study (defined in section 3). These are namely the annual total precipitation, wet-day detection, and long-term persistence for trend analysis. Annual rainfall and storm detection from satellite-based products have been evaluated extensively in recent years, and CHIRPS has been shown to demonstrate superior skill to other products over the RSR along these lines (Bayissa et al 2017, Kimani et al 2017, Ayehu et al 2018, Dinku et al 2018, Gebrechorkos et al 2018, Diem et al 2019, Muthoni et al 2019, Zhao and Ma 2019, Nashwan et al 2019b, Al-Falahi et al 2020, Belete et al 2020, Nkunzimana et al 2020, Shen et al 2020, Geleta and Deressa 2021). As trend analysis requires long-term data stability, changes in precipitation gauge density (Nicholson et al 2019) or satellite platforms present a risk for gauge-corrected, satellitebased products to display spurious trends due to sensitivity to these changes (Maidment et al 2015). The CHIRPS algorithm at its core is a series of anomalies scaled by a high-resolution climatology, which has some a priori influence on the final, gauge-corrected product. Moreover, it leverages a 9 year overlap in two thermal infrared satellite records to offset one record and maintain consistency across the changing platforms (Funk et al 2015a). These features are resilient to these risks by design, and have shown longterm persistence over the RSR (Maidment et al 2015, Harrison *et al* 2019; fIgure S1 available online at stacks.iop.org/ERL/17/044039/mmedia). While this type of blended interpolation may not necessarily reproduce ground precipitation measurements (Funk *et al* 2015a), and while cold cloud top estimates can underestimate warm orographic rainfall (Dinku *et al* 2007), we deem CHIRPS to be the most suitable product over the RSR for the following precipitation metrics.

3. Methods

We consider three metrics to characterize rainfall behavior across the RSR, in addition to annual rainfall: (a) the relative contributions of differing rainfall intensities to the annual total, (b) the wet season onset timing and (c) duration. Measures of central tendency, dispersion, and trend were calculated for each metric, which we obtain in terms of the 'local water year (LWY)'.

3.1. The local water year (LWY)

Precipitation rhythms do not always obey the calendar year. Using the calendar year to assess annual rainfall in a winter-dominated climate, for instance, can create a misleading account that mixes two seasons together. Therefore, characterizations of timing and intensity contributions to annual rainfall must be made relative to a time frame that aims to centralize annual rainfall. Borrowing from stream discharge analysis (Wasko et al 2020), we define the LWY using a monthly rainfall climatology. For each pixel, we calculated the total monthly rainfall, averaged over the 1981-2020 record. The LWY for each pixel begins the first day of the month having the lowest average rainfall (figure 4(b)), ending 365 d later (366 if containing a leap year). The LWY is considered to be constant at each pixel. We use 39 years of data (LWY 1981-2019) based on this definition.

3.2. Rainfall intensity contributions to annual accumulations

We disentangle the role of varying storm types in characterizing annual rainfall by partitioning daily precipitation into light (below 5 mm d⁻¹), moderate (between 5 and 20 mm d⁻¹), and heavy (above 20 mm d⁻¹) rainfall days. For each LWY at each grid point, light, moderate, and heavy rainfall days were totaled and divided by the LWY total accumulation to yield the fractional contribution of each intensity category. We refer to these fractions as f_{Light} , f_{Moderate} , and f_{Heavy} .

3.3. Wet season timing and length

Regions having more than one rainfall regime challenge wet season onset/cessation definitions that aim to take multimodality into account (e.g. Segele and Lamb 2005, Dunning *et al* 2016, Seregina *et al* 2019). In this study, we use the LWY to define the wet season onset as the day 10% of the annual rainfall accumulates (t_a). LWYs accumulating less than 5 mm of rainfall were omitted. The day 90% of annual rainfall accumulates (t_b) marks the end of the wet season. This serves to 'center' when the bulk of precipitation occurs in both EA and the AP. The nominal wet season defined by the difference between t_b and t_a aims to account for a diverse range of climates, but can be inflated by multiple wet seasons or in regions that are characterized by a few scattered storms. We therefore define the effective wet season, D_e , as the number of dry days (having zero precipitation, N_{dry}) subtracted from the nominal duration (equation (1)).

$$D_{\rm e} = (t_{\rm b} - t_{\rm a}) - N_{\rm dry}.$$
 (1)

In other words, D_e is the number of wet days that comprise the central 80% of LWY rainfall. This definition avoids common calendar year-related issues, such as falsely tracking the window of boreal winter seasons. However, it should be noted that our approach is tailored to understand the temporal distribution of regionally important rainfall, rather than to broadly predict the growing season(s). We therefore caution its use in an operational setting.

3.4. Statistical analysis

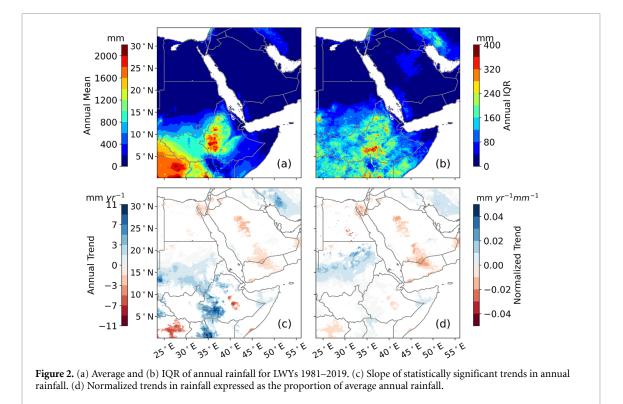
We characterize behavioral rainfall through measures of central tendency, dispersion, and linear trend in the annual precipitation, fractional contribution of different rainfall intensities, and the wet season onset and $D_{\rm e}$. The arithmetic mean and interquartile range (IQR) for each metric were calculated per pixel as measures of central tendency and dispersion, respectively. Measures were sampled across LWYs to create maps of each metric. We tested for monotonic trends using the non-parametric Mann–Kendall test (Mann 1945). Theil-Sen slope estimates (Sen 1968) of linear trends are reported for statistically significant ($\alpha < 0.05$) cases; insignificant cases are omitted.

4. Results and discussion

4.1. A brief summary of annual rainfall

Average annual rainfall (figure 2(a)) has a stark contrast across 15° N, where the AP, Egypt and northern Sudan accumulate less than 250 mm. Majority accumulates south of 15° N in the Ethiopian Highlands and the Congo, reaching over 2000 mm. Orographic effects appear most prevalent in the Highlands, where the rainfall gradient broadly follows terrain (figure 1(a)). Similar behavior is present in the western AP, where a modest rainfall gradient reflects the Sarawat mountain range.

Interannual variability of rainfall (figure 2(b)) generally follows the magnitude of accumulation. The greatest variability (i.e. highest IQRs) occur at the



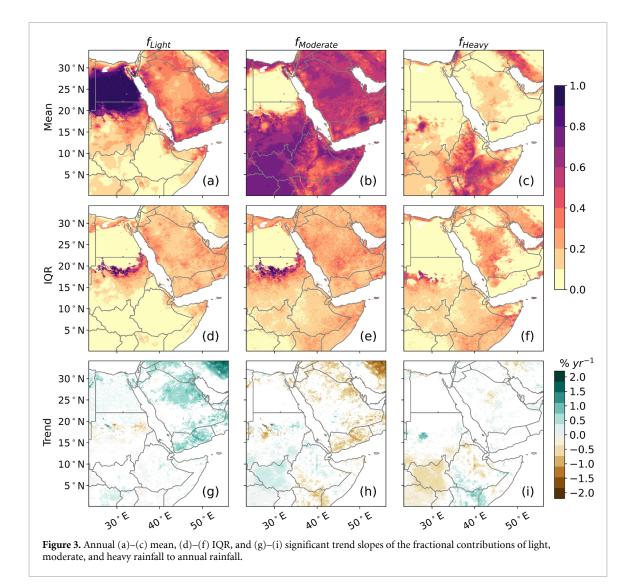
boundary between southwestern Ethiopia and eastern South Sudan. IQRs are lower in the Congo relative to its higher annual rainfall, which points to a more persistent accumulation of rain. Conversely, the central and southwest AP have high IQRs relative to annual rainfall, highlighting its intermittent, irregular precipitation regime.

Annual precipitation is broadly stationary over most of the RSR, with 80% of the region having either no significant trend, or having trends weaker than $\pm 1 \text{ mm yr}^{-1}$ (figure 2(c)). In EA, significant increases in rainfall occupy pockets of central Sudan (averaging 2.5 mm yr⁻¹), western Ethiopia (5.4 mm yr⁻¹), and the border of Uganda and Kenya (5.6 mm yr $^{-1}$), with the strongest increases occurring below 10° N. In contrast, the wet Congo shows the strongest decline in the RSR (averaging -4.6 mm yr^{-1}). A similar magnitude of drying exists in central Ethiopia $(-4.6 \text{ mm yr}^{-1})$, located in the eastern Highland 'shadow' (figures 2(a) and (c)). These trend patterns agree with other trend analyses in Ethiopia (Gebrechorkos et al 2019, Beyene et al 2021), the southern RSR (Diem et al 2019, Muthoni et al 2019, Ngoma et al 2021), and Egypt (Nashwan et al 2019a).

In the AP, trends are largely negligible except for two regions of modestly decreasing rainfall (averaging -0.8 mm yr^{-1}), which is broadly consistent with other results in the AP (AlSarmi and Washington 2011, Alsaaran and Alghamdi 2022, Patlakas *et al* 2021). While these are weak with respect to the RSR as a whole, they are locally more important than those occurring in EA. Drying in the AP becomes more severe when expressed in terms of the proportion of average annual rainfall, i.e. normalizing the trend slope by annual rainfall (figure 2(d), darker shading). Similar locally-important wetting occurs across central Sudan.

4.2. Relative importance of rainfall intensity

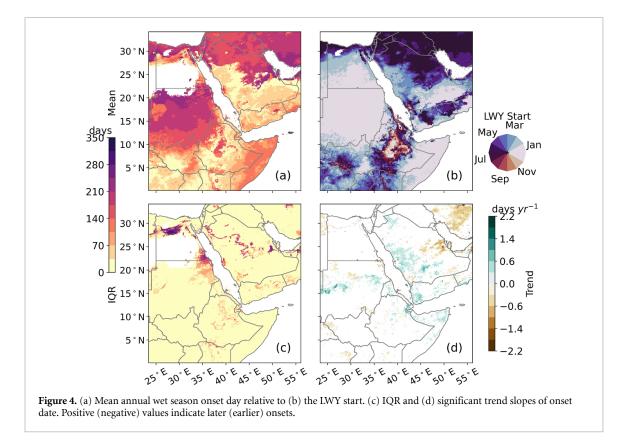
While the fractional contributions of rainfall intensity generally follow total rainfall, this is not the case universally. Northern EA (largely the Sahara Desert) is exclusively shaped by light rainfall (below 5 mm d^{-1} , figure 3(a)), while majority of the remaining RSR gets most (56%-69%) of its annual rainfall at moderate intensities (5–20 mm d⁻¹, figure 3(b)). AP rainfall is shaped by light and moderate rainfall, which make up approximately 70% of average accumulation. The inland of Saudi Arabia and high-elevation southwest AP have some heavy rainfall contributions (above 20 mm d⁻¹ contributing approximately 14% of annual rainfall (figure 3(c)). This result is a slightly different expression of rainfall intensity contributions in the AP than previously reported, where 40%-70% of annual rainfall comes from extremes (Almazroui and Saeed 2020). However, extremes in Almazroui and Saeed (2020) were defined as the 99th-percentile of daily rainfall, including dry days. This conceivably may deflate the value of 'extreme' rainfall to intensities that fall near or below our threshold for moderate versus heavy rainfall (figure S2). Heavy rainfall presides over a relatively small fraction of the RSR, and is most prevalent in the horn of Africa. Notably, an interplay between moderate and heavy rainfall contributions exist in the Ethiopian Highlands. Moderate rainfall dominates the southwestern region of



the RSR (comprising 72% of rainfall in South Sudan and the Congo), where annual rainfall is greatest (figure 2(a)) and dominated by monsoonal summer rains (figure 1(b)). On the other hand, the heavy rains that have a strong contribution to rainfall in Kenya and southern Ethiopia (figure 2(c)) are associated with springtime long-rains (figure 1(b)) and overall lower rainfall (figure 2(a)). Accumulation therefore does not necessarily scale with intensity.

These intensity contributions can vary considerably from year to year. In the AP, IQRs average 0.19–0.23 for light (figure 3(d)) and moderate (figure 3(e)) rainfall. Similar variability is observed in the central and mountainous AP for heavy rainfall (figure 3(f)). Coupled with the heterogeneity of light and moderate contributions (figures 3(b) and (c)), this variability demonstrates the AP rainfall regime to be shaped by a mixture of light and moderate events, with some convective signatures influencing the inland. Over EA, particularly in the horn of Africa, similar variability exists for the moderate and heavy rainfall contributions (0.16 IQR) shaping the regime. There is a high-IQR band of light and moderate contributions around 19° N– 20° N (figures 3(d) and (e)) that is consistent with neither terrain (figure 1(a)), climate (figure 1(c)), nor precipitation (figures 2(a) and (b)) features. This is likely an artifact of the threshold defining moderate rainfall, as this latitude band marks the transition between light- and moderate-dominated regions (figures 3(a) and (b)). While features spanning different intensity classes in EA and the AP may show a sensitivity to intensity category, they still draw the distinction that moderate-to-heavy rains predominate the Highlands while light-to-moderate rains predominate the AP and northern EA.

Trends in storm type contributions reveal three distinct shifts. First, primarily in Yemen and central and southern Saudi Arabia, increases in light contributions are coupled with decreases in moderate contributions (figures 3(g) and (h)). This can be interpreted as light rains 'replacing' moderate rains. Similarly, the second shift, present in central and South Sudan and in central and norhteast Ethiopia, increases in moderate rainfall replace decreases in heavy rainfall (figures 3(h) and (i)). Both of these



features demonstrate a shift toward more modest conditions, which appear compensatory for most of the area they occur in (i.e. they are coupled with negligible changes in annual rainfall (figure 2(c))). However, areas having locally important decreases in rainfall (figure 2(d)) are also accompanied by these shifts toward lighter rainfall. Conversely, the regions of southwestern Ethiopia and northern Kenya and Uganda that have increasing rainfall (figure 2(c)) are associated with a shift toward heavier rainfall contributions (figures 3(h) and (i)). However, the boundary between Somalia and Kenya share this shift toward heavier rainfall without any significant change in annual accumulation (figure 2(c)), which may be explained by differences in wet season length (discussed in section 4.4).

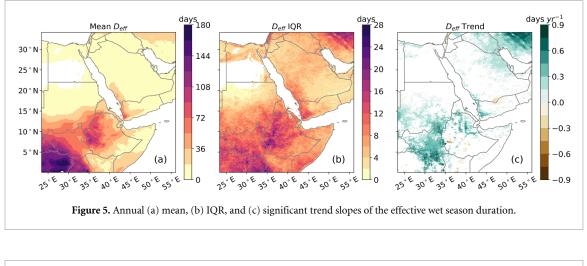
4.3. Wet season onset

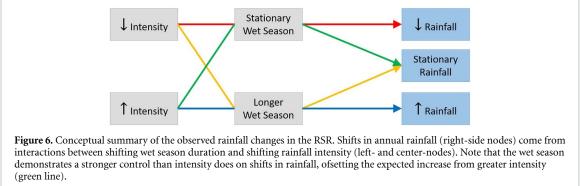
The climatological onset date (t_a , figure 4(a)) shows a northward gradient toward later onsets, with considerable regional heterogeneity. This heterogeneity, particularly in the AP, largely matches the spatial pattern in LWY start date (figure 4(b)). It should be noted these onsets are with respect to the month of minimum rainfall. Taken together with the effective wet season length (D_e) being brief in the AP (averaging 46 d; figure 5(a)) and with t_a following LWY closely, this supports the notion that annual AP rainfall is shaped by few wet winter days (Hasanean and Almazroui 2015). In EA, t_a transitions from summer to spring in northern to South Sudan, while spring onsets occupy most of Somalia and eastern Ethiopia (figure 4(a)). The Ethiopian Highlands show strong heterogeneity in t_a , where peaks in terrain having relativley later onsets are surrounded by areas having earlier onsets. Coupled with regions of high IQR in t_a (figure 4(c)), this reflects the well-known variability in seasonal rainfall timing in Ethiopia (Segele and Lamb 2005).

Changes in t_a (figure 4(d)) are scattered and affect little area across the RSR, compared to changes in annual rainfall (figure 2(c)) and intensity classes (figures 3(g)-(i)). The most notbale shifts in t_a are in northern Sudan and the western AP, where positive trends indicate average onset recessions of 0.5 d yr⁻¹. Most onset advances toward earlier in the LWY occur further east in the AP (averaging 0.7 d yr⁻¹). A mixture of advanced/recessed t_a is peppered across the Ethiopian Highlands, but lack any spatial structure and are mostly insignificant. While some shifts may mark an astonishing redistribution of rainfall (e.g. a maximum of 4 d yr^{-1} over 39 years spans approximately 5 months), 90% of the RSR is (statistically) unaffected by onset changes (figure 4(d)) and are generally unassociated with shifts in annual rainfall (weak pattern correlation, figure 2(c)).

4.4. Wet season duration

Average D_e (figure 5(a)) closely resembles annual rainfall (figure 2(a)), with the longest and wettest seasons located in Ethiopia, South Sudan, and the Congo in EA (averaging 97 d), and in the southwestern mountainous regions of the AP (averaging





53 d). Interannual variability in D_e is also loosely tied to annual rainfall, where the wettest regions have the highest D_e IQRs (up to 3 and 4 weeks, figure 5(b)). This is to be expected, as the number of wet days is a common cause of both wet season length and magnitude.

Trends in D_e (figure 5(c)) have considerable water resource implications, and they reveal a principal interaction between observed shifts in rainfall (figure 2(c)) and their shifting intensities (figures 3(g)-(i)). Trends in D_e are generally positive or insignificant across the RSR, indicating an expanding (stationary) wet season for 26% (73%) of the region. These $D_{\rm e}$ trajectories (increasing or stationary) tend to modify the resulting trend in annual rainfall that a shift in rainfall intensity may impart (figure 6). For instance, the Congo and pockets of central AP show shifts toward lighter rainfall (figures 3(h) and (i)) that are associated with rainfall decreases (figure 2(c)), and generally absent shifts in $D_{\rm e}$ (figure 5(c)). On the other hand, South Sudan also shifts toward lighter rainfall, but a counteracting increase in De yields no significant change in annual rainfall. In northeast Ethiopia, shifts toward lighter rainfall and longer wet seasons even account for increases in annual rainfall in some areas. Similarly, areas becoming wetter that are shifting toward heavier rainfall (e.g. southwest Ethiopia and the border of Uganda and Kenya, figures 3(h) and (i)) have increasing D_e (figure 5(c)), while areas with no significant rainfall trends that shift toward heavier rainfall (e.g. the border of Kenya and Somalia) also have no significant changes in D_e . This again suggests that greaterintensity rainfall does not necessarily increase total rainfall. While it is possible that an underestimated variance in the CHIRPS data set (Funk *et al* 2015a, Muthoni *et al* 2019) can negatively bias the total rainfall from heavy wet days, the region this result applies to does not indicate such a bias (figure S2). So, wet season length is a crucial buffer that can dampen the inherent drying effect of lighter rains, or bolster the benefits (and potential flood hazard) of heavier rainfall.

This result agrees with the notion that a constriction of the wet season takes greater responsibility for reduced rainfall than a shift toward lighter rainfall does (Harrison *et al* 2019, Wainwright *et al* 2019). We demonstrate here, over a larger region of Africa and across the Red Sea, that this notion acts in both directions of increasing and decreasing rainfall. It is important to note that this expansion of D_e does not necessarily indicate an expanding growing season region-wide, because lighter rains compete against evaporative demand (Tomas-Burguera *et al* 2020). Rather, we interpret this as a bigger window for attentive, informed decision-making.

5. Summary and conclusions

The Red Sea hosts a variety of rainfall regimes, hydrologic end-uses and geopolitical states. It separates the AP to the east, where scarce rainfall provides crucial, intermittent recharge to a heavily stressed groundwater supply. West of the Red Sea is East Africa (EA), where multiple seasonal modes of rich rainfall support agriculture and transboundary resource governance. The wettest areas in the RSR contain the Ethiopian Highlands and the Congo in EA, and the coastal high elevations in the southwest AP. The driest regions are located in northern Sudan and Egypt in EA and the inland AP.

Understanding behavioral changes in rainfall is a common thread to both EA and the AP in their respective conservation and sustainability efforts. In this study, we (a) characterize the relative importance of different rainfall intensities to annual rainfall, (b) determine how the timing and duration of wet seasons vary across the region as a whole, and (c) assess the extent to which these have undergone considerable change in recent years (1981–2019).

Our key findings are as follows:

- Annual rainfall trends are stationary for 71% of EA and 84% of the AP. However, significant increases are observed in the EA in central Sudan, western Ethiopia, and at the border of Kenya and Uganda. Decreases are observed in EA in the Congo and in the inland AP in Yemen and central Saudi Arabia. Light- (under 5 mm d^{-1}) and moderateintensity (5–20 mm d⁻¹) rainfall make up 81% of annual rainfall in EA and 92% in the AP. However, heavy rainfall (above 20 mm d^{-1}) comprises 46% of annual rainfall in the Ethiopian Highlands in EA. Trends in the relative importance of rainfall intensity to annual rainfall generally indicate annual rains are becoming increasingly shaped by less-intense rainfall in both EA (in the Congo, South Sudan and central/northeast Ethiopia) and the AP (in Yemen and inland Saudi Arabia). Moreintense rainfall is shown to have a growing contribution to annual rainfall in southeast EA (in southern Ethiopia and at the border of Kenya and Somalia).
- The effective wet season length, D_e (defined here as the number of wet days within the central 80% of annual rainfall), is closely related to annual rainfall across the RSR, where the wettest regions (e.g. the Congo, South Sudan, and Ethiopian Highlands in EA, and the coastal mountains in the AP) have the longest wet seasons (averaging 97 d in EA and 53 d in the AP). Trends in D_e are stationary in 76% of EA and 74% of the AP, but increasing for 23% of EA and 24% of the AP. Increases in D_e are focused in northwest Ethiopia and central and South Sudan in

EA, and in the coastal mountains, northeast Saudi Arabia and Iraq in the AP.

Shifts in annual rainfall are controlled more by D_e than by rainfall intensity alone. Regions with expanding D_e can offset the inherent drying effect of lighter-intensity rainfall resulting in stationary rainfall (observed in South Sudan in EA), or accompany the increase in annual rainfall associated with higher-intensity rainfall (observed in southern Ethiopia and at the border of Kenya and Somalia in EA). Stationary D_e, on the other hand, can permit the drying effect of lighter rainfall to decrease annual rainfall (observed in the Congo in EA and inland Saudi Arabia in the AP).

Rainfall regime changes are regionalized and differ across the RSR. Successful closure of energy and water budgets at a large scale is necessary to place the shifts observed here into proper context. Moreover, while we have selected a precipitation data set based on performance measures and attributes most-suitable for the metrics and regions considered here, an ensemble of suitable products may bound uncertainties in estimated rainfall trajectories. Both of these efforts would provide a more confident illustration of the implications of behavioral rainfall changes, which must be done in a way that respects the boundary layer, surface and subsurface interactions that affect how rainfall is moved and stored on its way to urban and agricultural end-uses. Importantly, our observations highlight regions that are currently or may become hydrologically 'richer' or 'poorer'. We emphasize that the large-scale distribution of these shifts and their regional importance should punctuate cooperative efforts in sustainable resource management and transboundary governance.

Data availability statement

The data that support the findings of this study are openly available at the following URL/DOI: https://data.chc.ucsb.edu/products/CHIRPS-2.0/.

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