# AGES FOR ILLUSTRATIVE FIELD STARS USING GYROCHRONOLOGY: VIABILITY, LIMITATIONS, AND ERRORS 

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#### Abstract

We here develop an improved way of using a rotating star as a clock, set it using the Sun, and demonstrate that it keeps time well. This technique, called gyrochronology, derives ages for low-mass main-sequence stars using only their rotation periods and colors. The technique is developed here and used to derive ages for illustrative groups of nearby field stars with measured rotation periods. We first demonstrate the reality of the interface sequence, the unifying feature of the rotational observations of cluster and field stars that makes the technique possible, and extend it beyond the proposal of Skumanich by specifying the mass dependence of rotation for these stars. We delineate which stars it cannot currently be used on. We then calibrate the age dependence using the Sun. The errors are propagated to understand their dependence on color and period. Representative age errors associated with the technique are estimated at $\sim 15 \%$ (plus possible systematic errors) for late F, G, K, and early M stars. Gyro ages for the Mount Wilson stars are shown to be in good agreement with chromospheric ages for all but the bluest stars, and probably superior. Gyro ages are then calculated for each of the active main-sequence field stars studied by Strassmeier and collaborators. These are shown to have a median age of 365 Myr . The sample of single field stars assembled by Pizzolato and collaborators is then assessed and shown to have gyro ages ranging from under 100 Myr to several Gyr , with a median age of 1.2 Gyr. Finally, we demonstrate that the individual components of the three wide binaries $\xi \mathrm{Boo} \mathrm{AB}, 61 \mathrm{Cyg} \mathrm{AB}$, and $\alpha$ Cen AB yield substantially the same gyro ages.


Subject headings: open clusters and associations: general — stars: activity — stars: evolution — stars: late-type stars: magnetic fields - stars: rotation
Online material: color figures

## 1. INTRODUCTION

### 1.1. Stellar Age Indicators and Motivation for a Rotation Clock

The age of a star is its most fundamental attribute apart from its mass and usually provides the chronometer that permits the study of the time evolution of astronomical phenomena. Consequently, a great deal of effort has been expended over the past several decades on the possibility of using stars as clocks, to reveal their own ages, those of the astronomical bodies associated with them, and to understand how various astronomical phenomena unfold over time.

The most successful of these chronometric techniques is the isochrone method (invented by Sandage 1962; named and developed substantially by Demarque \& Larson 1964), based on the steady change in the color-magnitude morphology of a collection of stars, in response to the consumption and diminution of their nuclear fuel (e.g., VandenBerg et al. 2006; Demarque et al. 2004; Girardi et al. 2002; Kim et al. 2002; Yi et al. 2001).

### 1.1.1. The Principal Limitations of the Isochrone Clock

The isochrone technique fashions a collection of coeval stars of differing masses, i.e., a star cluster, into a remarkable clock that provides the age of the system. However, vast numbers of stars, including our own Sun and most of the nearby stars amenable to detailed study, are no longer in identifiable clusters and spend their lives in relative isolation as field stars. For these stars, the isochrone technique is less useful because a star spends most of its life burning hydrogen steadily on the main sequence, where its luminosity and temperature, the primary indicators of isochrone age, are al-
most constant. ${ }^{1}$ Using classical isochrones to tell the ages of single, low-mass, main-sequence stars is akin to using gray hairs or baldness as an age indicator for toddlers, adolescents, and adults!

Furthermore, the isochrone technique requires a measurement of the distance to a field star to calculate its luminosity. This distance is hard to measure, and in fact, even after the publication of the results of the Hipparcos satellite (Perryman et al. 1997b), we know the distances to only $\sim 20,000$ field stars (all of them nearby) to better than $10 \%$ (Perryman et al. 1997a). This imprecision leads to large errors in isochrone ages. A $10 \%$ error on the distance to a solar twin would result in $\sim 20 \%$ errors in its luminosity, as well as isochrone ages between 2 and $10 \mathrm{Gyr}^{2}$ Because the age of a star provides a direct link to many of its other properties, this deficiency is keenly felt. Knowledge of the age of a field star, however crude, is a very valuable astronomical commodity indeed.

Thus, we need to consider the possibility of fashioning clocks using other properties of (individual) stars. In particular, it would be very valuable to construct an age indicator that is independent of distance, and indeed, some of the activity-related indicators suggested over the years, including the primary one used today, do have this valuable characteristic. In fact, the details of the pros and cons of the isochrone and other chronometers are such that it might be useful here to step back even further and consider how

[^0]TABLE 1
Characteristics of the Three Major Age Indicators for Field Stars

| Property | Isochrone Age | Chromospheric Age | Gyrochronology |
| :---: | :---: | :---: | :---: |
| Measurable easily? .................................... | $?^{\text {a }}$ (distance required) | $?{ }^{\text {b }}$ (repetition required) | $?^{\text {c }}$ (repetition required) |
| Sensitive to age?........................................ | No (on MS) | Yes | Yes |
| Insensitive to other parameters? ................... | No | Yes ${ }^{\text {d }}$ | Yes |
| Technique calibrable? ................................ | Yes (Sun) | ? ${ }^{\text {e }}$ (Sun?) | Yes (Sun) |
| Invertible easily? ................................. | No | Yes | Yes |
| Errors calculable/provided? ..................... | ? ${ }^{\text {f }}$ (difficult) | Yes? ${ }^{\text {g }}$ | Yes |
| Coeval stars yield the same age? ................. | No (field binaries) | ? ${ }^{\text {b }}$ | Yes |

[^1]an age indicator is constructed, as well as the general characteristics desirable for stellar age indicators.

### 1.1.2. Steps in the Construction of Age Indicators

Five major steps seem to describe the process:

1. One needs to find an observable, $v$, that changes sensitively and smoothly, perhaps monotonically, with age. Preferably, this observable would be a property of individual stars rather than that of a (coeval) collection of them.
2. One needs to determine the ages of suitable calibrating objects independently. These would provide the connection to the fundamental units like Earth rotations, pendulum swings, etc.
3. One needs to identify and measure the functional form of the variable: $v=v(t, w, x, \ldots)$, where $t$ is the age and $w, x, \ldots$ are possible additional dependencies of the variable $v$. It is preferable to have fewer variables and to have separable dependencies of the form $v=T(t) \times W(w) \times X(x) \ldots$
4. One needs to invert the dependence determined experimentally, numerically, or otherwise, to find $t=t(v, w, x, \ldots)$. This is usually nonlinear and sometimes has undesirable kinks.
5. Finally, one needs to calculate the error $\delta t=$ $\delta t(t, v, w, x, \ldots)$.

### 1.1.3. Characteristics Desired for Age Indicators

The foregoing considerations suggest that the following characteristics are desirable for stellar age indicators:

1. Measurability for single stars.-The indicator should be properly defined, measurable easily itself, and preferably should not require many additional quantities to be measured; otherwise, it cannot be used routinely.
2. Sensitivity to age.-The indicator should have a sensitive dependence on age, i.e., should change substantially (and preferably regularly) with age; otherwise, the errors will be inherently large.
3. Insensitivity to other parameters.-The indicator should have insensitive (or separable) dependencies on other parameters that affect the measured quantity; otherwise, there is the potential for ambiguity.
4. Calibration.-The technique should be calibrable using an object (or set of objects) whose age(s) we know very well; otherwise, systematic errors will be introduced.
5. Invertibility.-The functional dependence determined above should be properly invertible to yield the age as a function of the measured variables.
6. Error analysis.-The errors on the age derived using the technique ought to be calculable; otherwise, no confidence can be attached to the ages.
7. Test of coeval stars.-The technique should yield the same ages for stars expected to be coeval; otherwise, the validity of the technique itself must be questioned.
We summarize in Table 1 how (in)adequately these characteristics are satisfied by the three age indicators relevant to this paper. While the entries, especially for gyrochronology, anticipate the results derived in this paper, the characteristics desired guide the progress of and form a continuous backdrop to this work.

### 1.1.4. Motivations for Investigating a Rotational Clock

A wide array of age indicators have been developed over the past decades. The most well known are chromospheric emission (Wilson 1963) and rotation (Skumanich 1972), but others like surface lithium abundance (Vauclair 1972; Rebolo et al. 1992; Basri et al. 1996; Stauffer 2000) and coronal emission in X-rays (Kunte et al. 1988), usually through its dependence on rotation (Pallavicini et al. 1981; Gudel 2004), have also occasionally been suggested and used in various contexts. All of these are related to stellar activity and are based on empirical correlations between the property in question and stellar age. They have been considered less reliable clocks than the canonical isochrone technique because the
underlying physics is not well understood, and in fact there is a great deal of debate even about what the important underlying phenomena are. Finally, one must also consider whether and how each of these age indicators is calibrated.

Ever since the work of Skumanich (1972), and especially since the work of Noyes et al. (1984), the relationship between chromospheric emission and age has enjoyed the distinction of being the most consistent, making chromospheric emission the leading age indicator for nearby field stars (e.g., Soderblom 1985; Henry et al. 1996; Wright et al. 2004).

But there are more fundamental stellar observables than chromospheric emission. In fact, of all the activity-related properties of stars, rotation is undoubtedly the most fundamental, and many believe that together with stellar mass (and another variable or two), it might be responsible, directly or indirectly, for the observed morphology of all the other activity indicators.

In fact, besides being obviously independent of the distance to the star, stellar rotation is now known to change systematically, even predictably, on the main sequence, where the isochrone technique is at its weakest. Furthermore, the specific form of the rotational spin-down of stars is such that initial variations in the rotation rates of young stars appear to become increasingly unimportant with the passage of time, leading to an almost unique relationship between rotation period and age for a star of a given mass. Finally, rotation is a property we can now measure to great precision; rotation periods for late-type stars are sometimes determined today to better than 1 part in $10,000!^{3}$ These features of stellar rotation (its predictability, measurability, and simplicity) suggest that some effort is warranted in improving its use as an age indicator beyond the relationship suggested by Skumanich (1972).

In fact, as we show below, and as is summarized in Table 1, gyrochronology satisfies more of the criteria required for an age indicator as listed above than any other astronomical clock in use and appears to be complementary to the isochrone technique, in that it works very well on the main sequence, while the isochrone method is better suited to evolved stars.

This paper addresses the issues of constructing and calibrating a rotational clock. It appears that to first order stellar rotation depends only on the mass and age of the star, so that jointly taking account of these dependencies of rotation permits the determination of rotational ages (and their errors) for a substantial sample of main-sequence stars, and even individual field stars, a technique we suggest be called "gyrochronology."

### 1.2. Stellar Rotation as an Astronomical Clock

Major steps in the direction of using stellar rotation as a clock were made by a series of studies in the 1960s, culminating in the famous relationship of Skumanich (1972), relating the averaged surface rotational velocities, $\overline{v \sin i}$, of stars in a number of open clusters to their ages, $t$, via the expression $\overline{v \sin i} \propto 1 / \sqrt{t}$. Skumanich noted that the equatorial surface rotation velocity of the Sun at its independently derived age also matched this relationship. ${ }^{4}$ Over the years, astronomers have come to believe that this relationship

[^2]encapsulates something fundamental about the nature of winds and angular momentum loss from late-type stars. ${ }^{5}$

Skumanich (1972), however, did not specify the mass dependence of rotation, the so-called correction for color that he performed. Presumably this correction was based on the Kraft (1967) curve or something similar. There is also a measurement issue: for individual stars the ambiguity inherent in using $v \sin i$ measurements, with the generally unknown angles of inclination, $i$, can be expected to introduce large errors in the age determinations. ${ }^{6}$

Furthermore, mass-dependent comparisons of rotation require precise values for stellar radii to infer the true angular rotation speeds of stars. Despite these shortcomings, various studies have occasionally used this relationship for rotational ages (e.g., Lachaume et al. 1999), and the ages derived in this manner are in rough agreement with ages derived using other techniques, but they are not noticeably better.

Kawaler (1989) attempted an empirical color correction using a linear function of the $(B-V)$ color of the star, but he provided no physical basis for such a correction (indeed, there is none), and in any case it breaks down dramatically for late F to early G stars (see especially Fig. 1 in his paper). The specific ways in which stars of different masses spin down, whether young clusters obey such a spin-down or not, and how observations in young clusters are related to field star observations are a continuing matter of debate and discussion.

If it were possible to eliminate the ambiguity in $v \sin i$ observations by finding the true angular rotation rates of stars, as is routinely accomplished nowadays by measuring rotation periods, ${ }^{7}$ and if the periods were to have a unique and "correctable" dependence on color, with reasonably small scatter, rotation could become incredibly useful as a stellar clock.

Using the (measured) rotation periods of the Mount Wilson stars, Barnes (2001) showed that the age dependence of rotation for these stars is indeed Skumanich type ( $P \propto \sqrt{t}$ ), and furthermore, the mass dependence of rotation for these stars is similar to that observed in the Hyades open cluster. Barnes (2003a) noted that an age-increasing fraction of open cluster stars and essentially all solar-type stars beyond a few hundred Myr in age, including individual field stars, obeyed the same mass dependence. These two facts provide the connection between rotation in clusters and in the field.

Furthermore, Barnes (2003a) wrote down this mass dependence, $f$, as a convenient function ${ }^{8}$ of $(B-V)$ color, $f(B-V)$. This function, $f$, appears to be closely related to the moment of inertia, $I_{*}$, of the entire star via $f \propto 1 / I_{*}^{1 / 2}$. This identification and the rotational implications for the Sun and cluster stars, as well as

[^3]for stellar magnetic fields, are discussed at length in Barnes (2003a, 2003b), but here we are concerned only with the universality and uniqueness of this function, apparently separable from the age dependence, a circumstance that leads to a remarkably simple way of deriving ages (and their errors) for solar-type stars on the main sequence. ${ }^{9}$

### 1.3. Proximate Motivations for Constructing a Rotational Clock

There are also proximate motivations for this work. It has become increasingly obvious that greater precision in stellar ages than is available using isochrones and chromospheric emission is required for many astronomical purposes. The effort currently being expended on the host stars of planetary systems is a case in point. Well-determined ages would eventually permit the study of the evolution of planetary systems. This application is a proximate one relevant to our time, but the method can undoubtedly be used to tackle some of the deeper problems in astronomy.

The requirement of a stellar rotation period is not as onerous as might initially appear. ${ }^{10}$ As opposed to the requirement for isochrones, it avoids the necessity of deriving the distance to a field star. The Vanderbilt/Tennessee State robotic photometric telescopes (e.g., Henry et al. 1995) and those of the University of Vienna (e.g., Strassmeier et al. 2000a) in Southern Arizona are designed to derive stellar rotation periods, and in fact, the Strassmeier group, now in Potsdam, has almost finished the construction of two 1.2 m telescopes, Stella 1 and 2, to monitor active stars almost exclusively (Strassmeier 2006). The ASAS project (e.g., Pojmanski 2001) routinely monitors and catalogs stellar (and other) variability in the southern hemisphere, and a northern counterpart is the Northern Sky Variability Survey (Wozniak et al. 2004).

The Canadian Microvariability and Oscillations of Stars (MOST) satellite (Matthews et al. 2000) was launched to provide (and has since delivered) superb time series photometry (witness its identification of two closely spaced rotation periods for $\kappa^{1}$ Ceti, corresponding to two spot groups [Rucinski et al. 2004], its detection of $0.03 \%-0.06 \%$ brightness variations in a subdwarf B star [Randall et al. 2005], and its recent identification of $g$-modes in $\beta$ CMi [Saio et al. 2007]). The COROT satellite mission has been designed ${ }^{11}$ to study stellar convection, rotation, and now planetary transits. A number of ground-based telescopes are planning to or already exploiting the time domain, and of these the Large Synoptic Survey Telescope (LSST) perhaps has the greatest visibility.

The Kepler space mission, being readied for launch, is likely to yield not only the planetary transit but also the rotation period of the host star. In fact, Kepler is likely to yield rotation periods for orders of magnitude more stars than planetary transits. ${ }^{12}$ Regardless of whether or not the Kepler mission delivers what it promises, stellar rotation periods will be determined routinely as time domain astronomy comes into its own. A very significant portion of time domain work on stars will yield the stellar rotation period (it is a by-product of all searches for planetary transits), and if this measurement can be used to derive a precise stellar age,

[^4]it would permit us to address many problems involving chronometry that are not presently solvable.

### 1.4. Overview of the Paper and Sequence of Succeeding Sections

Our goal here is to specify the stars for which gyrochronology can and cannot be used, to develop it to yield useful ages for individual field solar-type stars, and to calculate the errors on these ages. We also show that where both are available, these new ages agree with (and might even supersede) the ages provided by other methods.

We begin by showing that rotating stars, whether in clusters or in the field, are of two types: ${ }^{13}$ fast/convective/C and slow/interface/I. The Sun is shown to be on the interface sequence, which defines the rotational connection between all solar-type stars (§ 2). These stars are shown to spin down Skumanich style, with a mass dependence that is shown to be universal, and for which we derive a simple functional form using stars in open clusters (§ 3). These functional dependencies are combined to yield a simple expression for the gyro ages of stars.

In $\S 4$ we derive the errors on these ages. Section 5 demonstrates that these ages compare favorably with chromospheric ages for a well-studied sample. Sections 6 and 7 illustrate the use of gyrochronology on samples for which other ages are not uniformly available, namely, the field star samples of Strassmeier et al. (2000b) and Pizzolato et al. (2003). Section 8 demonstrates that gyrochronology yields the same age for the two component stars of wide binaries. Section 9 contains a comparison to recently derived isochrone ages for a common subset of the stars considered here, and $\S 10$ contains the conclusions.

## 2. THE ROTATIONAL CONNECTION BETWEEN ALL SOLAR-TYPE STARS

A fundamental fact of stellar rotation is that there are two major varieties, C and I, of rotating solar-type (FGKM) stars (see Barnes 2003a). A third variety, g, merely represents stars making an apparently unidirectional transition from one variety (C) to the other (I). All three varieties of stars are normally found in young open clusters, but the Sun and all old solar-type stars are of only the I variety. Each of these varieties of rotating stars has separate mass and age dependencies that can be clarified considerably merely by effecting the correct separation of the stars by variety. One of these, called the interface (I) sequence stars, containing the Sun and all old field solar-type stars, is related to the property Skumanich noticed in 1972. This group is the one that we use here to demonstrate the technique of gyrochronology because stars change into this variety over time. We are fortunate that the rotational mass and age dependencies of this group of stars appear to be both separable and also particularly simple.

If the mass and age dependencies of this sequence are indeed separable, as was claimed by Barnes (2003a) to be of the form $P(t, M)=g(t) f(M)$, then merely dividing the measured rotation periods $P(t, M)$ by the functional form $g(t)$ of the age dependence should make the mass dependence $f(M)$ manifestly clear. For observational convenience, and also to avoid the error inherent in the conversion from $B-V$ to stellar mass, we have used $f(B-V)$ instead of $f(M)$. Removing an assumed Skumanich-type age dependence, where $g(t)=\sqrt{t}$, is particularly simple and appears to bring the I sequence into sharp focus, leading to the identification of the mass dependence as a function $f=f(B-V)$. In the

[^5]TABLE 2
Principal Sources for Open Cluster Rotation Periods

| Cluster | $\begin{aligned} & \text { Age } \\ & (\mathrm{Myr}) \end{aligned}$ | Rotation Period Source |
| :---: | :---: | :---: |
| IC 2391 ......... | 30 | Patten \& Simon (1996) |
| IC 2602 ......... | 30 | Barnes et al. (1999) |
| IC 4665 ......... | 50 | Allain et al. (1996) |
| Alpha Per ...... | 50 | Prosser \& Grankin (1997) |
| Pleiades ......... | 100 | Van Leeuwen et al. (1987), Krishnamurthi et al. (1998) |
| NGC 2516..... | 150 | Barnes \& Sofia (1998) |
| M34.............. | 200 | Barnes (2003a) |
| NGC 3532..... | 300 | Barnes (1998) |
| Hyades........... | 600 | Radick et al. (1987) |
| Coma ............ | 600 | Radick et al. (1990) |

two subsections below, we effect this determination separately for cluster and field stars.

### 2.1. The Connection between Clusters Themselves

Here we show that $f$ represents the connection between most rotating stars and that the functional dependence of $f$ on color or stellar mass is common to all open clusters. We use all the open cluster rotation periods currently available in the literature; note that we are restricted to those stars for which $(B-V)$ colors are also available. The major sources are listed in Table 2. We divide each of the measured rotation periods by $g(t)=\sqrt{t}$, where $t$ is the age of the cluster in Myr , as listed in Table 2. These quantities are plotted against dereddened $(B-V)$ color in Figure 1, on a linear scale in the top panel and on a logarithmic scale in the bottom panel.

The most striking aspect of these data is the curvilinear feature representing a concentration of stars in the vicinity of the solid line. This is the interface sequence, I, proposed in Barnes (2003a), the one that consumes our attention in this paper, and whose position we use as an age indicator for field stars. Along the bottom of the top panel one may also discern another linear concentration of stars that represents the convective sequences, C , of the youngest open clusters. This sequence could also potentially be used as an age indicator for young stars, but its dependencies on stellar age and mass are more complicated than those of the I sequence (see Barnes 2003a), and we do not use it here. Stars located between these sequences are either on the convective sequences of the older open clusters in this sample or in the rotational gap, $g$, between the interface and convective sequences.

Every single cluster plotted in Figure 1 possesses an identifiable interface sequence. The fraction of stars on this sequence increases systematically with cluster age, as shown earlier in Barnes (2003a; see especially Fig. 3 there). But for us the crucial feature of these data is that these age-corrected sequences overlie one another. This feature is shared by all open clusters and can be represented by a function $f(B-V)$, common to all clusters. A particular choice (used in Barnes 2003a) of $f(B-V):(B-V-0.5)^{1 / 2}-$ $0.15(B-V-0.5)$ is displayed in both panels. This is of the nature of a trial function, useful in locating the I sequence roughly, and we improve on this choice subsequently.

Barnes (2003a) has suggested that $f$ ought to be identified with $1 / I_{*}^{1 / 2}$, where $I_{*}$ is the moment of inertia of the star, implying a substantial mechanical coupling of the entire star on this sequence. The suggestion in that publication was magnetic coupling by an interface dynamo, hence the name interface sequence for this group of stars.
The dotted lines in the figure are drawn at $2 f$ and $4 f$. Present indications are that some of these stars are either nonmembers of


Fig. 1.-Plot of $P / \sqrt{t}$ vs. $(B-V)_{0}$ for open cluster stars only ( $P$ is rotation period; $t$ is cluster age). The densest concentration of stars in the vicinity of the solid line represents the interface sequence. Note how the interface sequences of all the open clusters coincide. Also note the clearly visible convective sequence along the lower edge of the top panel. The solid line represents $f(B-V)$. Dotted lines are at $2 f$ and $4 f$. Some stars in the vicinity of the dashed lines could be spurious periods or nonmembers. The same data are plotted in both panels, on a linear scale in the top panel and on a logarithmic scale in the bottom panel. [See the electronic edition of the Journal for a color version of this figure.]
the cluster, sometimes stars with spurious/alias periods, or otherwise misidentified variables of another sort.

Note that the Hyades, where excellent membership information is available, has no stars above the sequence. A similar situation obtains in NGC 2516 and M34, which are also relatively clean samples. Good cluster membership information could resolve this issue completely.

In summary, the behavior of the open cluster rotation observations suggests the existence of a feature common to all open clusters, the interface sequence, which is observationally definable by its common mass dependence, $f(M)$, across clusters, here represented by $f(B-V)$. These observations also justify the use of the Skumanich (1972) relationship between rotation and age to
describe the age dependence of rotation, but only for rotating stars of this particular (interface) type.

### 2.2. The Connection between Clusters and Field Stars

Here we show that the mass dependence, $f$, among open clusters is also shared by field stars as exemplified by the Mount Wilson stars. We begin by removing from the Mount Wilson sample those stars known or suspected not to be dwarfs (based on Baliunas et al. 1995), to avoid any possible complexity related to structural evolution off the main sequence. An effective connection with open clusters requires splitting the remaining main-sequence Mount Wilson field star sample by age, to control the age variation among the stars and gain leverage over the time domain. Fortunately, one such split, based on detailed studies of this sample, especially of chromospheric emission, has already been made by Vaughan (1980), who classified these stars into a young (Y) and old (O) group. The simplest course of action is to use the existing divisions. Although the age divisions are quite broad, subsequent work has confirmed the basic classification. A cut by chromospheric activity is well known to be also a cut by rotation and age (e.g., Barnes 2001 and references therein). Part of the goal of this paper is to develop a way of ordering the stars by age, so we cannot start by assuming chromospheric ages for individual stars.

As a result of the above classification, we have two groups of stars, Y and O, consisting of 43 and 49 stars, respectively, equivalent to two additional open clusters, each containing stars with a wide range of ages. What are these ages? Barnes (2001; see especially Fig. 3) and Barnes (2003a; see especially Fig. 2) suggest that, in terms of rotation, the young $(\mathrm{Y})$ stars range in age from less than 300 Myr to about 2 Gyr , with a characteristic age of 800 Myr , while the old (O) stars range in age from 2 to about 10 Gyr , with a characteristic age of 4.5 Gyr . The age of the Y group is older than, but comparable to, young open cluster ages, while the age of the O group is reasonably represented by the Sun's age. Effectively, we are assuming that the Sun is an appropriate representative, in rotation and age, of the old Mount Wilson sample.

If we use the chromospheric ages for the same Y and O groups of Mount Wilson stars, calculated using the relationship of Donahue (1998), the median ages of the same samples work out to be 780 Myr and 4.24 Gyr , respectively, reasonably close to our assumption above. We use these new values as the representative ages for the Y and O groups in this paper. The rotation clock can easily be recalibrated when the need arises.

We can make the field star data comparable with the open cluster data by similarly removing this approximate age dependence. Thus, we divide the rotation periods of the young Mount Wilson stars by $\left(t_{\mathrm{Y}} / \mathrm{Myr}=780\right)^{1 / 2}$ and display them using small asterisks in Figure 2, overplotted on the open cluster data (circles). Similarly, we divide the rotation periods of the old Mount Wilson stars by $\left(t_{\mathrm{O}} / \mathrm{Myr}=4240\right)^{1 / 2}$ and display them in Figure 3 using large asterisks, again overplotted on the open cluster data.

Examination of Figures 2 and 3 leads to several conclusions. First, we note that both the young and old samples overlie the interface sequences of the open clusters. The greater dispersion of the Y and O stars relative to those of the open cluster I sequences can be traced to the age dispersion in each of these samples. We can see, despite this dispersion, that $C$ sequence stars, and possibly g (gap) stars, are absent from both the young and old samples. These data are consistent with all of the Mount Wilson stars being of the I variety.

Any doubts about the classification of the young and old Mount Wilson stars can be settled by making individual corrections for these stars based on their chromospheric ages. If these ages are correct, then removing their dependence, as in the open clusters,


Fig. 2.—Plot of $P / \sqrt{t}$ vs. $(B-V)_{0}$ for the young Mount Wilson stars (small asterisks), assumed to be 780 Myr old, the median chromospheric age for this sample, overplotted on the open cluster data. Note how the young Mount Wilson stars overlie the interface sequences for the open clusters and that no young Mount Wilson stars are on the C sequence. The noncoeval nature of the young Mount Wilson sample probably accounts for much of the dispersion observed. [See the electronic edition of the Journal for a color version of this figure.]
should make the mass dependence obvious, and that mass dependence ought to be similar to $f$. In Figure 4 we display the result of dividing the Mount Wilson star rotation periods by the square root of the (individual) chromospheric ages, calculated using the formula from Donahue (1998). ${ }^{14}$ We note that almost all of the Mount Wilson stars in the color range considered lie on/near $f(B-V)$. Figure 4 displays $f(B-V)$ (solid line) and $0.8 f$ and $1.25 f$ (dotted lines), to show this proximity. Indeed, a free-hand fit would be almost identical to $f$. We improve on this trial function below. It is likely that this sample does not contain any C sequence stars or even any gap stars. (This observation is consistent with the $\mathrm{C} \rightarrow \mathrm{I}$ transition timescale of $\sim 200$ Myr observed in open clusters.)

[^6]

Fig. 3.-Plot of $P / \sqrt{t}$ vs. $(B-V)_{0}$ for the old Mount Wilson stars (large asterisks), assumed to be 4.24 Gyr old, the median chromospheric age for this sample, overplotted on the open cluster data. Note how the old Mount Wilson stars overlie the interface sequences for the open clusters and that no Mount Wilson stars are located near the C sequence. The noncoeval nature of the old Mount Wilson sample probably accounts for much of the dispersion observed. [See the electronic edition of the Journal for a color version of this figure.]

In closing this section, we reiterate that the rotation period distributions of open clusters, when corrected for a Skumanich-type age dependence, display two strong concentrations of stars. The slower of these consists of sequences that are common to all open clusters and overlie one another. Rotation period distributions of main-sequence field stars, despite the difficulty of correcting for their ages, also display this same sequence. The other concentration of stars, present in open clusters, is absent here. The feature common to cluster and field stars, called the interface sequence, can be fitted by a function (as we do below), giving the mass dependence of stellar rotation.

## 3. (RE)DETERMINATION OF THE MASS AND AGE DEPENDENCIES

Having determined that rotation has both mass and age dependencies, how is one to specify them independently using one set


Fig. 4.-Plot of $P / \sqrt{t}$ vs. $(B-V)_{0}$ for the individually age-corrected (chromospheric ages) Mount Wilson stars. Note how the Mount Wilson stars (small circles: young; large circles: old) lie on top of the interface sequences for the open clusters. The solid line represents $f(B-V)$, as before, and the dotted lines are a factor of $0.8 f$ and $1.25 f( \pm 25 \%)$. [See the electronic edition of the Journal for a color version of this figure.]
of data, and without greatly compromising the determined dependencies? One way forward is to realize that open clusters can specify the mass dependence regardless of whether or not we make some error in their ages (after all, they are all clustered near ZAMS ages), while the Sun provides a datum with a very welldefined age far out, but obviously no information about the mass dependence. These facts suggest the use of open clusters to decide the mass dependence and the Sun to decide the age dependence. The effect is to follow the Copernican principle and assume that the Sun is the perfect representative of its class of star. (We note that the same principle guides the solar calibration of the classical isochrone method.)

The construction of an appropriate fit for the mass dependence requires the removal of stars that are not on the I sequence in open clusters. This cannot yet be done unambiguously using only colorperiod data because the position of the I sequence has yet to be specified well. That is part of the goal of this paper. For clusters
where X-ray data are also available, we get an additional handle on classifying these stars using the correspondence noted in Barnes (2003b). There the classification in X-rays of unsaturated, saturated, and supersaturated stars is shown to correspond on a star-by-star basis with I, g, and C stars, respectively. We therefore select the unsaturated stars, which are all I sequence stars in the color-period diagram, and for each cluster we plot $P /$ (cluster age $)^{1 / 2}$ against $(B-V)_{0}$. These stars define a sequence in color$P /(\text { age })^{1 / 2}$ space, and we can now discard stars from the other clusters without X-ray information that lie far away from this sequence. The aim is to do this conservatively, so as to retain as many stars as possible for a proper definition of the I sequence, while removing clear $\mathrm{C}, \mathrm{g}$, or alias period stars. While it is true that this determination is done subjectively at present, it is done as empirically as we possibly can at the present time. ${ }^{15}$ The remaining stars happen to lie near the trial function $f(B-V)$ that was used in Barnes (2003a), but this function does not obviously predetermine the new one.

This exercise suggests that slight modifications to the open cluster ages are needed to tighten the overlap of the individual I sequences. We have made these slight adjustments in order to ensure a valid result for the mass dependence. The ages used are 40, 110, 120, 180, 200, 250, 600, and 600 Myr for IC 4665, $\alpha$ Per, Pleiades, NGC 2516, M34, NGC 3532, Coma Ber, and Hyades, respectively. We have not used IC 2391 and IC 2602 because although they possess identifiable sequences, they are some distance off the sequence defined by the other clusters, a fact we attribute to the residual effects of pre-main-sequence evolution. ${ }^{16}$ These minor age adjustments are justifiable because, in any case, we are not using the open clusters to decide the age dependence of rotation. We are effectively merely using them to set the "zero point" of the age dependence. We know that their I sequence age dependence is roughly Skumanich style.

Having removed the non-I sequence stars, we note a tight mass dependence for which we desire a functional form. The trial function $f(B-V)=(B-V-0.5)^{1 / 2}-0.15(B-V-0.5)$ has an undesirable singularity at $(B-V)=0.5$, which we would like to move blueward, to accommodate the late F stars. We would also like to retain an analytic function. A function of the form $f(B-V)=$ $a(B-V-0.4)^{b}$, where $a$ and $b$ are fitted constants, seems to be appropriate (and will permit appropriate error analysis later). Using the R statistics package (Ihaka \& Gentleman 1996) to do the fit, we get $a=0.7725 \pm 0.011$ and $b=0.601 \pm 0.024$. This function is plotted with a solid line in Figure 5 over the I sequence stars in the open clusters listed above. The standard error on the residuals is 0.0795 on 182 degrees of freedom.

To show that the fit is appropriate, we also display, using a dashed line in Figure 5, the result offitting a nonparametric trend curve using the function LOWESS in the R statistics package. ${ }^{17}$ The close correspondence between the two lines shows that the function chosen above is appropriate for these data.

Having determined the mass dependence using open clusters, we check that it is appropriate for the field stars, which provided the motivation for improving the representation of $f(B-V)$. We

[^7]

Fig. 5.-Fit to the mass dependence (solid line), using R: $f(B-V)=$ $(0.7725 \pm 0.011) \times\left(B-V_{0}-0.4\right)^{0.601 \pm 0.024}$. The abscissa gives $\left(B-V_{0}-0.4\right)$ and the ordinate $P / \sqrt{t}$ for individual I sequence stars in the main-sequence open clusters listed in the text. The dashed line shows a smooth trend curve plotted using the function LOWESS in the R statistics package. Note the similarity of the two curves, which demonstrates that the fitting function is appropriate for these data.
plot the new and old dependencies in Figure 6, over the Mount Wilson stars (same data as in Fig. 4), and again assuming that the chromospheric ages are correct. The figure displays the difference between the old and new functions, $f$, in relation to the Mount Wilson stars. (This discrepancy between $f$ and the F star data is partially attributable to the assumption of correct chromospheric ages for blue stars and is addressed in another section below.)

Having specified the mass dependence using open clusters, and having shown that the Sun and field stars also follow this mass dependence, we can now determine the age dependence. We know that the age dependence $g(t)$ will roughly be $\sqrt{t}$, but the open clusters are too young to be effective calibrators, nor are their ages known to sufficient precision. In contrast, the rotation rate of the Sun is perhaps the most fundamental datum in stellar rotation, and its parameters are the fundamental calibrators for theoretical stellar models. In keeping with this tradition (and older ones of calibrating clocks by the Sun), we choose to specify the age dependence via a solar calibration. Representing the age dependence using $g(t)=t^{n}$ and calibrating the index $n$ using the Sun's measured mean rotation period of 26.09 days (Donahue et al. 1996), a solar $B-V$ color of 0.642 (Holmberg et al. 2006), and a solar age of 4.566 Gyr (Allegre et al. 1995) yields $n=$ $0.5189 \pm 0.0070$, where the error on $n$ has been calculated by simply propagating the errors on the other terms and assuming 1 day and 50 Myr errors in the period and age of the Sun, respectively. This calculation is detailed in the Appendix.

So, the final result works out to be $P(B-V, t)=f(B-V)$ $\times g(t)$, where

$$
\begin{equation*}
f(B-V)=(0.7725 \pm 0.011)\left(B-V_{0}-0.4\right)^{0.601 \pm 0.024} \tag{1}
\end{equation*}
$$

and

$$
\begin{equation*}
g(t)=t^{0.5189 \pm 0.0070} \tag{2}
\end{equation*}
$$



Fig. 6.-Plot of $P / \sqrt{t}$ vs. $(B-V)_{0}$ for individually age-corrected (chromospheric ages) Mount Wilson stars (small circles: young; large circles: old), with the old (dashed line) and new (solid line) functions, $f$, overplotted. Note that the new function accommodates bluer stars. The discrepancy arises from the assumed chromospheric ages for the stars, which are almost certainly overestimated for the F stars (see text). The same data are plotted in both panels, on a linear scale in the top panel and on a logarithmic scale in the bottom panel. [See the electronic edition of the Journal for a color version of this figure.]
a result that is simultaneously analytical, simple, separable, almost Skumanich, and fits the mass dependence of the open clusters and the age dependence specified by the Sun.

We know that for the I sequence stars, whether in clusters or in the field, the rotation rate is given by $P(B-V, t)=f(B-V) g(t)$, where $f(B-V)$ and $g(t)$ were determined above. This is true for each star. Therefore, $t=g^{-1}[P(B-V, t) / f(B-V)]$. Explicitly,

$$
\begin{equation*}
\log t_{\mathrm{gyro}}=\frac{1}{n}[\log P-\log a-b \log (B-V-0.4)] \tag{3}
\end{equation*}
$$

where $t$ is in Myr, $B-V$ and $P$ are the measured color and rotation period (in days), respectively, $n=0.5189 \pm 0.007, a=$ $0.7725 \pm 0.011$, and $b=0.601 \pm 0.024$.

## 4. ERRORS IN THE AGES

The ages from gyrochronology become truly useful only when we can estimate their errors and show that they are acceptable. A crude estimate of the error is simply the spread in the function $f(B-V)$ :

$$
\begin{equation*}
\frac{\delta t}{t}=\frac{1}{n} \frac{\delta f}{f} \approx 2 \frac{\delta f}{f} \tag{4}
\end{equation*}
$$

An estimate for $\delta f$ is the standard error of the residuals from the fit to $f$, which we have derived using R , and which is 0.0795 on 182 degrees of freedom. (The function $f$ itself, as shown above, is of course known much better because of the number of points involved.) For a K star, at $B-V=1$, roughly the middle of our distribution, $f=0.57$, so that

$$
\begin{equation*}
\frac{\delta t}{t} \approx 28 \% \tag{5}
\end{equation*}
$$

The errors in $f$ are heteroscedastic, as can be seen from Figure 5, and on the reasonable assumption that they scale with $f$, we can simply adopt this value of $28 \%$ error in the ages for all $\mathrm{G}, \mathrm{K}$, and early M stars. This gives a representative number, but a uniform adoption of this error overestimates the age error for our stars ${ }^{18}$ and masks the underlying variations, which we elucidate below.

### 4.1. Derivation of Errors

We begin with the representation

$$
\begin{equation*}
P=f(B-V) g(t) \tag{6}
\end{equation*}
$$

where $P, B-V$, and $t$ are the period, color, and age of the star, respectively, and $f$ and $g$ are the color and age dependencies, as before. Taking logarithms and differentiating, we get

$$
\begin{equation*}
\frac{d P}{P}=\frac{d f}{f}+\frac{d g}{g} \tag{7}
\end{equation*}
$$

Now, $g(t)=t^{n}$, so $d g / g=n d t / t+\ln t d n$, where $n \approx 0.5$. Thus,

$$
\begin{equation*}
\frac{d P}{P}=\frac{d f}{f}+n \frac{d t}{t}+\ln t d n \tag{8}
\end{equation*}
$$

Now, $f(B-V)=a x^{b}$, where $x=B-V-0.4$ and $a$ and $b$ are fitted constants (with associated errors). Differentiating, $d f / f=$ $d a / a+b d x / x+\ln x d b$. Thus,

$$
\begin{equation*}
\frac{d P}{P}=\frac{d a}{a}+b \frac{d x}{x}+\ln x d b+n \frac{d t}{t}+\ln t d n \tag{9}
\end{equation*}
$$

Substituting, rearranging, and adding the errors in quadrature under the usual assumption of independence yields

$$
\begin{equation*}
\left(n \frac{\delta t}{t}\right)^{2}=(\ln t \delta n)^{2}+\left(\frac{\delta P}{P}\right)^{2}+\left(\frac{\delta a}{a}\right)^{2}+\left(b \frac{\delta x}{x}\right)^{2}+(\ln x \delta b)^{2} \tag{10}
\end{equation*}
$$

[^8]The one term above that requires further attention is the period $(P)$ term. There are two contributions to the period error, the measurement error and differential rotation, which can be added in quadrature: $(\delta P / P)^{2}=\left(\delta P_{\mathrm{msrmnt}} / P\right)^{2}+\left(\delta P_{\mathrm{dffrtn}} / P\right)^{2}$. The period determination itself is not usually a great contributor to the error, but the differential rotation term could potentially be a deal breaker. Donahue et al. (1996) concluded that the dependence was a simple function of the rotation period alone, and their results (see especially their Fig. 3) suggest that the period range, $\Delta P=$ $P_{\text {max }}-P_{\text {min }}$, can be represented simply by $\log \Delta P=-1.25+$ $1.3 \log \langle P\rangle$. The long baseline of their data set suggests that $\Delta P$ corresponds to $2 \sigma$, so that the ( $1 \sigma$ ) period error is simply one-quarter of this: $\log \delta P_{\mathrm{dffrtn}}=-1.85+1.3 \log \langle P\rangle$, so that

$$
\begin{equation*}
\left(\frac{\delta P}{P}\right)^{2}=\left(\frac{\delta P_{\mathrm{msrmnt}}}{P}\right)^{2}+\left(10^{-1.85} P^{0.3}\right)^{2} \tag{11}
\end{equation*}
$$

Substituting this in equation (10) gives

$$
\begin{align*}
\left(n \frac{\delta t}{t}\right)^{2}= & (\ln t \delta n)^{2}+\left(\frac{\delta P_{\mathrm{msrmnt}}}{P}\right)^{2}+\left(10^{-1.85} P^{0.3}\right)^{2} \\
& +\left(\frac{\delta a}{a}\right)^{2}+\left(b \frac{\delta x}{x}\right)^{2}+(\ln x \delta b)^{2} \tag{12}
\end{align*}
$$

Putting in some of the numerical values will allow us to understand the dependencies of the errors. From equation (2) (see the Appendix for the details), $n=0.0519 \pm 0.007$. The error in the period determination for the Mount Wilson stars is $0.25 \%-$ $1 \%, 0.5 \%-2 \%$, and $2 \%-4 \%$ for periods less than 20 days, greater than 20 days, and between 30 and 60 days, respectively (Donahue et al. 1996). A $1 \%$ error seems to be a reasonable representation for the samples considered here. For $\delta x=\delta(B-V)$, we adopt the value of 0.01 suggested by the precision of the data sets considered below. This might need to be increased to 0.02 for data acquired through CCD photometry (assuming independent errors of 0.015 in each filter), but we note that this error could be considerably lower for data acquired through photoelectric photometry. From $\S 3$ and equation (1), $a=0.7725 \pm 0.011$ and $b=0.601 \pm$ 0.024 . We input these values to get (in the same order as above)

$$
\begin{align*}
\left(n \frac{\delta t}{t}\right)^{2}= & (0.007 \ln t)^{2}+(0.01)^{2}+\left(0.014 P^{0.3}\right)^{2} \\
& +\left(\frac{0.011}{0.7725}\right)^{2}+\left(0.6 \frac{0.01}{x}\right)^{2}+(0.024 \ln x)^{2} \tag{13}
\end{align*}
$$

or

$$
\begin{align*}
\left(n \frac{\delta t}{t}\right)^{2}= & 10^{-4}\left[(0.7 \ln t)^{2}+(1)^{2}+\left(1.4 P^{0.3}\right)^{2}\right. \\
& \left.+(1.424)^{2}+\left(\frac{0.6}{x}\right)^{2}+(2.4 \ln x)^{2}\right] \tag{14}
\end{align*}
$$

or

$$
\begin{align*}
\left(n \frac{\delta t}{t}\right)^{2}= & 10^{-4}\left[\frac{1}{2}(\ln t)^{2}+1+\left(1.4 P^{0.3}\right)^{2}\right. \\
& \left.+2+\left(\frac{0.6}{x}\right)^{2}+(2.4 \ln x)^{2}\right] . \tag{15}
\end{align*}
$$

Thus,

$$
\begin{align*}
& \frac{\delta t}{t}= \\
& 2 \% \times \sqrt{3+\frac{1}{2}(\ln t)^{2}+2 P^{0.6}+\left(\frac{0.6}{x}\right)^{2}+(2.4 \ln x)^{2}} \tag{16}
\end{align*}
$$

which shows that the age error is always greater than $\sim 11 \%$ for conditions similar to those assumed here. (Recall that $t$ is in Myr, $P$ is in days, and $x=B-V_{0}-0.4$.) For 1 Gyr old stars of spectral types late F, early G, mid-K, and early M, respectively, we get

$$
\begin{align*}
& \frac{\delta t}{t}= \\
& 2 \% \times \begin{cases}\sqrt{26.9+6.4+66.5}, & B-V=0.5(P=7 \text { days }), \\
\sqrt{26.9+8.9+16.9}, & B-V=0.65(P=12 \text { days }), \\
\sqrt{26.9+12.1+2.5}, & B-V=1.0(P=20 \text { days }), \\
\sqrt{26.9+15.4+0.35}, & B-V=1.5(P=30 \text { days }),\end{cases} \tag{17}
\end{align*}
$$

which shows the relative contributions of the period and color errors (second and third terms, respectively), or

$$
\frac{\delta t}{t}= \begin{cases}20 \%, & B-V=0.5  \tag{18}\\ 15 \%, & B-V=0.65 \\ 13 \%, & B-V=1.0 \\ 13 \%, & B-V=1.5\end{cases}
$$

The behaviors of the function $f$ and of differential rotation are such that the color and period errors dominate for blue and red stars, respectively, to give a total error of $\sim 15 \%$. The errors calculated using equation (16) are the ones quoted for the gyrochronology ages in the remainder of this paper. Setting the $P$ and $B-V$ errors equal leads to a transcendental equation that separates the color-period space into two regions, a blue one where color errors dominate and a red one where the period errors (mostly differential rotation) dominate. The separator is a steep function in color-period space and is roughly at solar color.

How well these errors represent the true errors of this technique future work will show. We simply note here that the very possibility of calculating the errors distinguishes gyrochronology from other stellar chronometric methods.

## 5. COMPARISON WITH THE CHROMOSPHERIC CLOCK

Before calculating gyro ages for stars where other ages are not available, it is necessary to consider whether these ages agree at least roughly with others that might be available. We stress here that the ages derived through gyrochronology in this paper are independent of other techniques, except for the calibration using the Sun, whose age is determined using radioactivity in meteorites (see prior section). In particular, these ages are independent of chromospheric and isochrone ages, except for the common solar calibration point. ${ }^{19}$

Potentially, the best way to test these ages would be to derive ages for open clusters where other ages are also available. This is not possible in this work because the open clusters have been used here to derive the mass dependence of gyrochronology, and this required a prior knowledge of their ages. Additional data will allow such a test in the future. ${ }^{20}$ Isochrone ages for main-sequence

[^9]field stars are not reliable enough to serve as a test. (Section 9 elaborates on this.) What is possible is a test against chromospheric ages for field stars.

Despite the obviously large errors associated with the method (see below), chromospheric ages have thus far been considered to be the best ones available at present for single field stars. Furthermore, there exists a substantial and uniform sample, the Mount Wilson stars, for which the chromospheric emission is known very well (over decades), for which the chromospheric ages are believed to be relatively secure, and for which measured rotation periods are also available. ${ }^{21}$ These facts allow us to compare the ages from the two (independent) techniques below.

### 5.1. How is the Chromospheric Age of a Star Calculated?

There has been considerable work on the determination of the rate of decay of chromospheric emission with age since the results of Skumanich (1972). The two sources generally quoted for a relationship between chromospheric age and $R_{H K}^{\prime}$ are Donahue (1998) and Soderblom et al. (1991). Although we will end up using the former to calculate chromospheric age, it is necessary to discuss both to understand the relevant issues. The key feature of both relationships is that once the measurement of stellar chromospheric emission has been made (repeatedly or not), it can immediately be converted into an age, without additional information. (Wright et al. [2004] have shown subsequently that stars previously considered to be in Maunder minima are in fact somewhat evolved, so caution is advisable with respect to the basic properties of the star.)

### 5.1.1. The Donahue (1998) Relationship

The relationship given in Donahue (1998) is

$$
\begin{equation*}
\log t_{\text {chromo }}=10.725-1.334 R_{5}+0.4085 R_{5}^{2}-0.0522 R_{5}^{3} \tag{19}
\end{equation*}
$$

where $R_{5}=10^{5} R_{H K}^{\prime}$ and the age, $t$, is measured in Gyr. This relationship is essentially identical to the one in Soderblom et al. (1991) (discussed below) for ages greater than 1 Gyr. The deviation between the two relationships pertains to younger stars, including those in the Hyades, Coma, Ursa Major, Pleiades, and NGC 2264 open clusters, for which it claims a better age calibration. This particular feature has prompted us to use it instead of the Soderblom et al. (1991) relationship.

However, it does have two serious limitations. First, it does not provide errors on the ages so derived. (However, Donahue [1998] does list the discrepancies in chromospheric age for a number of wide binaries and triple systems. The mean discrepancy for the systems listed is 0.85 Gyr on a mean age of 1.85 Gyr , which suggests a fractional age error of $\sim 46 \%$, in rough agreement with the errors quoted in Soderblom et al. [1991].) Second, there are no refereed publications that spell out the details of the derivation. Nevertheless, it has been used by Wright et al. (2004) to derive ages for stars in the sample being studied by the Marcy group for evidence of planets, and we follow suit.

### 5.1.2. The Soderblom et al. (1991) Relationship

The relationship between chromospheric emission and age provided in Soderblom et al. (1991) is
$\log t_{\text {chromo }}=(-1.50 \pm 0.003) \log R_{H K}^{\prime}+(2.25 \pm 0.12)$,

[^10]where the age, $t$, is again in Gyr. (Note especially that errors are provided.) This expression, equation (3) from Soderblom et al. (1991), is based on 42 data points and three "fundamental" points, which are the Sun, the Hyades, and the Ursa Major Group. This relationship passes through the data point for the Sun, using the value of $\log R_{H K}^{\prime}=-4.96$, quoted there, and a solar age of 4.6 Gyr. It is equivalent to $R_{H K}^{\prime} \propto t^{-2 / 3}$, and the authors note that a case could be made for using slightly different relationships, including one where $R_{H K}^{\prime} \propto t^{-3 / 4}$, equation (2) in their paper, depending on the choice of data points included. This relationship has a standard deviation of 0.17 dex, which corresponds to an error of $\sim 40 \%$. In the absence of errors for the Donahue (1998) relationship above, we simply adopt this value of 0.17 dex for the error in chromospheric ages calculated using that relationship also.

We note also that the Soderblom et al. (1991) relationship is in some ways the culmination of an extensive and self-consistent study by Soderblom and collaborators and is explained in detail in a series of papers, including Duncan (1984), Duncan et al. (1984), Soderblom (1985), and Soderblom \& Clements (1987). The reader is referred to these for the technical details and especially for the overall logic of the scheme.

One point about the calibration of the technique needs to be mentioned because it also relates to the calibration of gyrochronology. The ages against which the above relationship is calculated are derived using isochrone fits to visual binary stars and to the "fundamental" points, which are again based on isochrone fits. The entire isochrone technique itself is calibrated by ensuring that the appropriate solar model matches the solar parameters, usually the radius and the luminosity, at solar age. Thus, this technique is also ultimately calibrated on the Sun.

### 5.2. Comparison between Chromospheric and Gyro Ages for the Mount Wilson Stars

We use the data compilation published in Baliunas et al. (1996) and Noyes et al. (1984) for the Mount Wilson stars and calculate the chromospheric ages using the formula in Donahue (1998). The chromospheric ages for the Mount Wilson stars, calculated using the above formula, are listed in Table 3. For obvious reasons, stars with calculated periods have been excised, and only stars with measured periods (71 in number) have been retained for this comparison. ${ }^{22}$

For the same stars, we can calculate ages via gyrochronology using equation (3). These ages are calculated and listed in Table 3. The errors on these ages, calculated using equation (16), are also listed in the table.

The gyro ages are plotted against the chromospheric ages for the same stars in Figure 7, with small and large circles marking the young ( Y ) and old ( O ) Mount Wilson stars, respectively, as classified by Vaughan (1980). Note that both techniques segregate the Y and O stars. The demarcation is sharper in chromospheric age, as it ought to be, since this is the criterion chosen to classify the stars as young or old. The figure shows that, apart from a slight tendency toward shorter gyro ages (discussed further below), there is general agreement between the chromospheric and gyro ages for this sample. Note that except for a few stars discussed below, there are no stars with widely discrepant ages, unlike the corresponding comparison with isochrone ages, where discrepancies are routine (e.g., Fig. 2 in Barnes 2001).

Note especially that the gyro ages are well behaved for every single star here, ranging from just under 100 Myr to just over

[^11]TABLE 3
Gyrochronology Ages and Errors for the Mount Wilson Stars

| HD | $B-V$ | $\begin{gathered} P_{\text {rot }}^{\mathrm{a}} \\ \text { (days) } \end{gathered}$ | $-\log \left\langle R_{H K}^{\prime}\right\rangle$ | $\begin{aligned} & t_{\text {chromo }} \\ & (\mathrm{Myr}) \end{aligned}$ | $\begin{gathered} t_{\mathrm{iso}}{ }^{\mathrm{b}} \\ (\mathrm{Myr}) \end{gathered}$ | $\begin{gathered} t_{\mathrm{gyro}} \\ (\mathrm{Myr}) \end{gathered}$ | $\begin{aligned} & \delta t_{\mathrm{gyro}} \\ & (\mathrm{Myr}) \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sun .................... | 0.642 | $26.09^{\text {c }}$ | 4.901 | 3895 | ... | 4566 | 770 |
| 1835.................... | 0.66 | 7.78 | 4.443 | 601 | $<1760$ | 408 | 54 |
| 2454................... | 0.43 | 3 | 4.792 | 2609 | ... | 790 | 350 |
| 3229. | 0.44 | 2 | 4.583 | 1251 | ... | 260 | 91 |
| 3651. | 0.85 | 44 | 4.991 | 5411 | $>11800$ | 6100 | 990 |
| 4628............... | 0.88 | 38.5 | 4.852 | 3250 | >6840 | 4370 | 680 |
| 6920. | 0.60 | 13.1 | 4.793 | 2618 | ... | 1510 | 240 |
| 10476.. | 0.84 | 35.2 | 4.912 | 4056 | >8840 | 4070 | 630 |
| 10700................. | 0.72 | 34 | 4.958 | 4802 | $>12120$ | 5500 | 910 |
| 10780.................. | 0.81 | 23 | 4.681 | 1764 | 10120 | 1945 | 280 |
| 16160................. | 0.98 | 48.0 | 4.958 | 4802 | 540 | 5370 | 850 |
| 16673. | 0.52 | 7 | 4.664 | 1664 | $\ldots$ | 820 | 150 |
| 17925. | 0.87 | 6.76 | 4.311 | 74 | $<1200$ | 157 | 16 |
| 18256. | 0.43 | 3 | 4.722 | 2033 | $\ldots$ | 790 | 350 |
| 20630. | 0.68 | 9.24 | 4.420 | 489 | $<2760$ | 522 | 69 |
| 22049. | 0.88 | 11.68 | 4.455 | 659 | <600 | 439 | 52 |
| 25998. | 0.46 | 2.6 | 4.401 | 398 | ... | 270 | 70 |
| 26913.................. | 0.70 | 7.15 | 4.391 | 352 | ... | 294 | 36 |
| 26965................. | 0.82 | 43 | 4.872 | 3499 | >9280 | 6320 | 1030 |
| 30495................. | 0.63 | $7.6{ }^{\text {d }}$ | 4.511 | 923 | 6080 | 450 | 62 |
| 35296................. | 0.53 | 3.56 | 4.378 | 294 | ... | 202 | 33 |
| 37394. | 0.84 | 11 | 4.454 | 654 | $<1360$ | 432 | 52 |
| 39587. | 0.59 | 5.36 | 4.426 | 518 | 4320 | 286 | 41 |
| 45067................. | 0.56 | 8 | 5.094 | 7733 | 5120 | 760 | 120 |
| $72905 .$. | 0.62 | 4.69 | 4.375 | 281 | $\ldots$ | 187 | 24 |
| 75332................. | 0.49 | 4 | 4.464 | 703 | 1880 | 387 | 79 |
| 76151................. | 0.67 | 15 | 4.659 | 1635 | 1320 | 1380 | 200 |
| 78366................ | 0.60 | 9.67 | 4.608 | 1370 | <680 | 840 | 130 |
| 81809. | 0.64 | 40.2 | 4.921 | 4193 | . . . | $10600^{\text {e }}$ | 1900 |
| 82443. | 0.77 | 6 | 4.211 | 0.7 | $\ldots$ | 164 | 18 |
| 89744. | 0.54 | 9 | 5.120 | 8421 | 1880 | 1110 | 190 |
| 95735. | 1.51 | 53 | 5.451 | 20028 | ... | 3070 | 460 |
| 97334. | 0.61 | 8 | 4.422 | 499 | <2920 | 551 | 80 |
| 100180............... | 0.57 | 14 | 4.922 | 4209 | 3800 | 2070 | 350 |
| 101501............... | 0.72 | 16.68 | 4.546 | 1082 | >11320 | 1400 | 200 |
| 106516............... | 0.46 | 6.91 | 4.651 | 1591 | $\ldots$ | 1770 | 480 |
| 107213............... | 0.50 | 9 | 5.103 | 7966 | 2040 | 1630 | 330 |
| 114378. | 0.45 | 3.02 | 4.530 | 1010 | ... | 445 | 130 |
| 114710.. | 0.57 | 12.35 | 4.745 | 2205 | $<1120$ | 1630 | 270 |
| 115043. | 0.60 | 6 | 4.428 | 528 | ... | 335 | 47 |
| 115383. | 0.58 | 3.33 | 4.443 | 601 | $<760$ | 122 | 17 |
| 115404............... | 0.93 | 18.47 | 4.480 | 779 | ... | 950 | 120 |
| 115617................ | 0.71 | 29 | 5.001 | 5609 | 8960 | 4200 | 680 |
| 120136................ | 0.48 | 4 | 4.731 | 2098 | 1640 | 443 | 97 |
| 129333................ | 0.61 | 2.80 | 4.152 | 0.002 | $<1440$ | 73 | 9 |
| 131156A.............. | 0.76 | $6.31{ }^{\text {f }}$ | 4.363 | 232 | $<760$ | 187 | 21 |
| 131156B ............. | 1.17 | $11.94{ }^{\text {g }}$ | 4.424 | 508 | $>12600$ | 265 | 28 |
| 141004................ | 0.60 | 25.8 | 5.004 | 5669 | 6320 | 5570 | 990 |
| 143761................ | 0.60 | 17 | 5.039 | 6413 | 9720 | 2490 | 410 |
| 149661................ | 0.82 | 21.07 | 4.583 | 1251 | <4160 | 1600 | 220 |
| 152391................ | 0.76 | 11.43 | 4.448 | 625 | 720 | 587 | 75 |
| 154417................ | 0.57 | 7.78 | 4.533 | 1023 | 4200 | 670 | 105 |
| 155885................ | 0.86 | $21.11^{\text {h }}$ | 4.559 | 1141 | ... | 1440 | 200 |
| 155886................ | 0.86 | $20.69^{\text {i }}$ | 4.570 | 1191 | ... | 1390 | 190 |
| 156026... | 1.16 | $18.0{ }^{\text {j }}$ | 4.622 | 1439 | <480 | 593 | 71 |
| 160346... | 0.96 | 36.4 | 4.795 | 2637 | ... | 3280 | 490 |
| $165341 \mathrm{~A}^{\mathrm{k}}$ | 0.86 | 20 | 4.548 | 1091 | ... | 1300 | 180 |
| 166620................ | 0.87 | 42.4 | 4.955 | 4750 | >11200 | 5400 | 860 |
| 178428................ | 0.70 | 22 | 5.048 | 6616 | $\ldots$ | 2560 | 390 |
| 185144................ | 0.80 | 27 | 4.832 | 3019 | $\ldots$ | 2730 | 410 |
| 187691................ | 0.55 | 10 | 5.026 | 6128 | 3200 | 1250 | 210 |
| 190007................ | 1.17 | 28.95 | 4.692 | 1832 | $<1760$ | 1460 | 200 |
| 190406................ | 0.61 | 13.94 | 4.797 | 2657 | 3160 | 1610 | 250 |
| 194012................ | 0.51 | 7 | 4.720 | 2019 | ... | 900 | 170 |
| 201091................ | 1.18 | 35.37 | 4.764 | 2359 | <440 | 2120 | 300 |

TABLE 3-Continued

| HD | $B-V$ | $\begin{gathered} P_{\text {rot }}{ }^{\mathrm{a}} \\ \text { (days) } \end{gathered}$ | $-\log \left\langle R_{H K}^{\prime}\right\rangle$ | $\begin{aligned} & t_{\text {chromo }} \\ & (\mathrm{Myr}) \end{aligned}$ | $\begin{gathered} t_{\mathrm{iso}}^{\mathrm{b}} \\ (\mathrm{Myr}) \end{gathered}$ | $\begin{gathered} t_{\mathrm{gyro}} \\ (\mathrm{Myr}) \end{gathered}$ | $\begin{gathered} \delta t_{\text {gyro }} \\ (\mathrm{Myr}) \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 201092. | 1.37 | $37.84{ }^{1}$ | 4.891 | 3753 | $<680$ | 1870 | 260 |
| 206860.. | 0.59 | 4.86 | 4.416 | 470 | $<880$ | 237 | 33 |
| 207978. | 0.42 | 3 | 4.890 | 3740 | ... | 1270 | 810 |
| 212754. | 0.52 | 12 | 5.073 | 7207 |  | 2300 | 440 |
| $219834 \mathrm{~B}^{\mathrm{m}}$. | 0.91 | 43 | 4.944 | 4563 | >13200 | 5040 | 800 |
| 224930.. | 0.67 | 33 | 4.875 | 3538 |  | 6330 | 1080 |

[^12]

Fig. 7.-Comparison of gyro and chromospheric ages for the Mount Wilson stars. The young (Y) and old (O) Mount Wilson stars are marked with small and large circles, respectively. The line indicates equality. Note that the gyro ages are well behaved for the youngest stars, where the chromospheric ages are suspect. The dotted lines represent the age of the universe, and the plus sign indicates typical gyro/chromospheric age errors quoted for this sample. [See the electronic edition of the Journal for a color version of this figure.]

10 Gyr. In contrast, there are three stars whose chromospheric ages are almost certainly incorrect (see Table 4). The two stars HD 82443 and HD 129333 have chromospheric ages of 0.67 and 0.002 Myr , respectively. These stars are undoubtedly young, but the interpretation of these numbers eludes us. The corresponding gyro ages for these stars are $164 \pm 18$ and $73 \pm 9 \mathrm{Myr}$, respectively, which suggest that they are essentially on the ZAMS. Also, for one star, HD 95735, the chromospheric age is 20 Gyr , greater than that of the universe (dotted lines). This cannot be correct. The gyro age for this star is $3.2 \pm 0.5 \mathrm{Gyr}$, definitely younger than the Sun. At least in this restricted sense and for specific stars, the gyro ages are better defined than chromospheric ages.

Figure 8 elaborates on the difference between the chromospheric and gyro ages. The solid line again denotes equality, while the dashed line, at $t_{\text {gyro }}=0.74 t_{\text {chrom }}$, bisects the data points. This shows that the gyro ages are roughly $25 \%$ lower than the chromospheric ages overall. The nature of the disagreement can be probed by segregating the stars by color. Thus, stars bluer than $B-V=0.6$ and redder than $B-V=0.8$ are plotted using crosses and asterisks, respectively, while those with intermediate colors are plotted using squares. This exercise shows that there is good agreement for stars redward of $B-V=0.6$ and that the above discrepancy pertains only to the blue stars.

### 5.3. Discussion of the Disagreement between the Techniques

This disagreement can be probed further than merely stating that the errors in the chromospheric ages are greater than those of the gyro ages. It must originate in either the gyro ages for blue stars being systematically shorter or the chromospheric ages for these being systematically longer, or both. The discussion below and the results of testing binaries, performed in $\S 8$, suggest that the chromospheric ages are the more problematical.

TABLE 4
Stars with Suspect Chromospheric Ages

| Star | $B-V$ | Age $_{\text {chromo }}$ | Age $_{\text {gyro }}$ | Comment |
| :---: | :---: | :---: | :---: | :---: |
| HD 45067 | 0.56 | 7.73 Gyr | $0.76 \pm 0.1 \mathrm{Gyr}$ | Chromospheric age $>$ lifetime |
| HD 82443 | 0.77 | 0.7 Myr | $164 \pm 18 \mathrm{Myr}$ | Chromospheric age too small? |
| HD 89744 | 0.54 | 8.42 Gyr | $1.11 \pm 0.19 \mathrm{Gyr}$ | Chromospheric age > lifetime |
| HD 95735 | 1.51 | 20 Gyr | $3.1 \pm 0.46 \mathrm{Gyr}$ | Chromospheric age $>$ Age of universe |
| HD 107213 | 0.50 | 7.97 Gyr | $1.63 \pm 0.33 \mathrm{Gyr}$ | Chromospheric age $>$ lifetime |
| HD 129333 | 0.61 | 0.002 Myr | $73 \pm 9 \mathrm{Myr}$ | Chromospheric age too small? |
| HD 187691. | 0.55 | 6.13 Gyr | $1.25 \pm 0.21 \mathrm{Gyr}$ | Chromospheric age $>$ lifetime |
| HD 212754 ......................... | 0.52 | 7.21 Gyr | $2.3 \pm 0.44 \mathrm{Gyr}$ | Chromospheric age $>$ lifetime |

With respect to the gyro ages, one defect is that the open cluster sample used to define the mass dependence of rotation does not contain stars with $B-V$ colors blueward of 0.5 because it is not yet possible to distinguish between very blue C- and I-type stars. This means that $f(B-V)$ is an extrapolation for stars with $0.4<B-V<0.5$. The fitting function $f(B-V)$, blueward of $B-V=0.6$, appears to be somewhat elevated with respect to the data points displayed in Figure 5. This would tend to lower the gyro ages. If $f(B-V)$ were lowered in this region by $\sim 20 \%$, the gyro ages would be raised by a factor of $\sim 1.5$, which is doable considering the main-sequence lifetime of the F stars, but a reduction of $\sim 30 \%$ would double the gyro ages and might run afoul of standard stellar evolution because the main-sequence lifetime of a late $F$ star is $\sim 5 \mathrm{Gyr}$.

The chromospheric ages are not blame-free in this regard either, and it is almost certain that they have been overestimated for


Fig. 8.-Comparison of gyro and chromospheric ages for the Mount Wilson stars. Crosses indicate stars bluer than $B-V=0.6$, asterisks stars redder than $B-V=0.8$, and squares those with colors between. The upper (solid) line indicates equality, while the lower (dashed) line at age ${ }_{\text {gyro }}=0.74$ age $_{\text {chromo }}$ bisects the data. Note that both techniques are in general agreement about the youth or antiquity of any particular star, but that the gyro ages are roughly $25 \%$ lower on average. The figure also shows that the bluer stars contribute most to this discrepancy. The thick and thin dotted lines represent the age of the universe and the lifetime of F stars ( 5 Gyr ), respectively. The plus sign indicates typical gyro/ chromospheric age errors quoted for this sample. [See the electronic edition of the Journal for a color version of this figure.]

F stars. ${ }^{23}$ Four F stars have chromospheric ages in excess of 7 Gyr and one in excess of 6 Gyr. These values exceed the mainsequence lifetime of a late F star, which is 5 Gyr . In comparison, all of these five F stars have shorter gyro ages, with the oldest of them assigned a gyro age of 2.3 Gyr. These stars are also listed in Table 4. These stars are located at higher chromospheric ages than 5 Gyr, marked in Figure 8 with thin dashed lines. Thus, while the gyro ages have possibly been slightly underestimated for $F$ stars, it is almost certain that the corresponding chromospheric ages have been overestimated.

### 5.4. Additional Issues with Chromospheric Ages

The derivation of a chromospheric age for a star is complicated by the natural variability of chromospheric emission with stellar rotational phase and stellar cycle (e.g., Wilson 1963). In fact, rotation-related variations in chromospheric emission are the preferred way of deriving rotation periods for old stars. Binarity or other effects could result in additional variability. These variations make it necessary for repeated measurement on a suitable timescale of the chromospheric emission from a star to ensure that the measured average is a good representation of the chromospheric emission at that age for the star. Therefore, it is unlikely that one can make a single measurement of chromospheric emission and derive a good age for a star.

Some of the issues with chromospheric ages are illustrated by the recent work of Giampapa et al. (2006) on the chromospheric properties of the Sun-like stars in the open cluster M67, averaged over several seasons of observing. This cluster is known to be $\sim 4 \mathrm{Gyr}$ old (e.g., VandenBerg \& Stetson 2004). There is no evidence that the stars in this cluster are not coeval.

Correspondingly, Giampapa et al. (2006) derive mean and median ages in the range 3.8-4.3 Gyr. What is surprising is that the chromospheric ages for individual stars range from under 1 to 7.5 Gyr (see their Fig. 13). Admittedly, the vast majority of the stars have chromospheric ages between 2 and 6 Gyr , but this range is not small either. This result seems to cast doubts on the precision in ages for single stars obtainable even in principle with chromospheric emission because measuring the age for M67 using a random cluster member could result in such large age variability.

## 6. AGES FOR YOUNG FIELD STARS FROM THE VIENNA-KPNO (STRASSMEIER ET AL. 2000b) SURVEY

Another group of stars amenable to the calculation of ages via gyrochronology is the field star sample of Strassmeier et al.

[^13]

Fig. 9.-Division of the Strassmeier et al. (2000b) sample into I sequence (suitable for gyrochronology) and $\mathrm{C} / \mathrm{g}$ (unsuitable) categories. The solid line separates the two categories of stars and represents an isochrone for 100 Myr. [See the electronic edition of the Journal for a color version of this figure.]
(2000b). Unlike the older Mount Wilson star sample, this group contains some stars for which gyro ages are not yet appropriate, and here we demonstrate how to identify and excise these stars and calculate ages for the rest.

The full Strassmeier et al. (2000b) sample consists of 1058 Hipparcos stars with various measured parameters, including chromospheric emission. Of these 1058 stars, 140 have measured rotation periods, and of these, we are interested here only in stars on the main sequence. Using the luminosity classes supplied by Strassmeier et al. (2000b), we have simply selected the dwarf stars and excised the others. This leaves us with 101 dwarf stars with measured rotation periods.

These 101 stars with measured periods are plotted in a colorperiod diagram in Figure 9. We superimpose an I sequence curve corresponding to 100 Myr and assume that the 16 stars below this curve are C or g stars, while those above are I sequence stars similar to those in the Mount Wilson sample. In the scenario from Barnes (2003a), the stars below are either on the $C$ sequence appropriate to their age or in the transition, g , between the C and I sequences. This cut is undoubtedly conservative, since there are open clusters younger than 100 Myr known to possess I sequences, but we prefer to lose a few stars rather than risk overextending the technique. This leaves us with 85 potential I sequence stars amenable to gyrochronology.

These 85 I sequence stars are again plotted in Figure 10, where now we have superimposed isochrones corresponding to ages of 100 , 200, and 450 Myr and 1,2 , and 4.5 Gyr . We see that the Strassmeier et al. (2000b) main-sequence sample with measured periods consists mainly of stars younger than 1 Gyr , and all but four younger than 2 Gyr . In fact, the median age for the sample is 365 Myr , in keeping with the selection of this sample for activity.

Gyro ages are calculated as above for each star and listed in Table 5, along with their basic measured properties. Almost all of these stars are redder than the Sun. For such stars, as shown in the previous section, there is very good agreement between gyro and chromospheric ages, and consequently, some confidence can be


Fig. 10.—Ages for the Strassmeier et al. (2000b) I sequence stars may be read off this figure. Isochrones correspond to ages of $100 \mathrm{Myr}, 200 \mathrm{Myr}, 450 \mathrm{Myr}, 1 \mathrm{Gyr}$, 2 Gyr , and 4.5 Gyr . Note that all but four of the stars are less than 2 Gyr in age. [See the electronic edition of the Journal for a color version of this figure.]
attached to the calculated ages. We have also calculated the errors on these ages, using equation (16), and listed these in the final column of the table.

At present, no good test of these ages is possible. Although the chromospheric emission has been measured, the measurements have been made with a small telescope and are not long-term averages, so that the values quoted cannot be treated with the confidence associated, for instance, with the Mount Wilson measurements, and there is considerable scatter, as the few repeat measurements demonstrate. Furthermore, no photospheric correction has been performed, so they are on a different scale, and the relationships of Soderblom et al. (1991) and Donahue (1998) do not apply. However, it is possible to plot the $R_{H K}$ values provided against the gyro ages calculated above to make sure that gross errors are absent, and we perform this exercise in Figure 11. The figure demonstrates that, as expected, the chromospheric activity declines steadily with stellar age and, thus, that the gyro ages are reasonable.

## 7. AGES FOR YOUNG AND INTERMEDIATE-AGE FIELD STARS FROM PIZZOLATO ET AL. (2003) WITH X-RAY MEASUREMENTS

There exists another comparably large group of main-sequence field stars for which rotation periods and other relevant information are available. This group has been assembled by Pizzolato et al. (2003) in connection with a study of X-ray activity. There are 110 stars in this group. We remove two of these, HD 82885 and HD 136202, suspected to be evolved, leaving 108 stars. A total of 51 of these 108 stars are also in the Mount Wilson sample, but the remainder do not overlap with the Strassmeier et al. (2000b) stars either and hence warrant attention. Furthermore, these stars also have measured X-ray fluxes, listed conveniently in Pizzolato et al. (2003), which allow a crude comparison with the gyro ages we derive below.

The Pizzolato et al. (2003) stars must follow the same rotational patterns as the open cluster, Mount Wilson, and Strassmeier et al. (2000b) stars. We can use the same condition that we used with the

TABLE 5
Gyrochronology Ages and Errors for the Vienna-KPNO Survey (Strassmeier et al. 2000b) Stars

| HD | $B-V$ | $\begin{gathered} P_{\text {rot }} \\ \text { (days) } \end{gathered}$ | $R_{H K}$ | $\begin{gathered} t_{\text {iso }} \\ (\mathrm{Myr}) \end{gathered}$ | $\begin{gathered} t_{\mathrm{gyro}} \\ (\mathrm{Myr}) \end{gathered}$ | $\begin{gathered} \delta t_{\mathrm{gyro}} \\ (\mathrm{Myr}) \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| HD 691. | 0.76 | 6.105 | 7.2E-5 | <1040 | 175 | 20 |
| HD 5996 | 0.76 | 12.165 | $6.0 \mathrm{E}-5$ | ... | 662 | 86 |
| HD 6963 | 0.73 | 20.27 | $4.9 \mathrm{E}-5$ | 2240 | 1960 | 290 |
| HD 7661 ... | 0.75 | 7.85 | $7.1 \mathrm{E}-5$ | ... | 294 | 35 |
| HD 8997a... | 0.97 | 10.49 | $3.5 \mathrm{E}-5$ |  | 292 | 32 |
| HD 8997b. | 0.97 | 10.49 | $1.8 \mathrm{E}-5$ |  | 292 | 32 |
| HD 9902b . | 0.65 | 7.41 | $8.9 \mathrm{E}-5$ |  | 389 | 52 |
| HD 10008. | 0.80 | 7.15 | $6.1 \mathrm{E}-5$ |  | 211 | 23 |
| HD 12786 | 0.83 | 15.78 | $5.6 \mathrm{E}-5$ |  | 890 | 120 |
| HD 13382 | 0.68 | 8.98 | $6.0 \mathrm{E}-5$ |  | 494 | 65 |
| HD 13507 | 0.67 | 7.60 | $6.6 \mathrm{E}-5$ | <1320 | 373 | 48 |
| HD 13531. | 0.70 | 7.52 | $7.0 \mathrm{E}-5$ | <3520 | 324 | 40 |
| HD 13579A......... | 0.92 | 6.79 | $2.8 \mathrm{E}-5$ | $>8840$ | 141 | 14 |
| HD 16287 ........... | 0.94 | 11.784 | 5.3E-5 | <2360 | 390 | 45 |
| HD $17382 \ldots \ldots . . .$. | 0.82 | $>50$ | $6.1 \mathrm{E}-5$ | ... | $>8450{ }^{\text {a }}$ | $>1400$ |
| HD 18632 ........... | 0.93 | 10.055 | 5.3E-5 | $>7800$ | 293 | 33 |
| HD 18955a.......... | 0.86 | 8.05 | $6.1 \mathrm{E}-5$ | ... | 225 | 25 |
| HD 19668 | 0.81 | 5.41 | $4.1 \mathrm{E}-5$ | $\ldots$ | 120 | 12 |
| HD 19902 | 0.73 | $>50$ | $5.4 \mathrm{E}-5$ | $\ldots$ | >11200 | >2000 |
| HD 20678 | 0.73 | 5.95 | $6.6 \mathrm{E}-5$ |  | 185 | 21 |
| HD 27149a.......... | 0.68 | 8.968 | 5.7E-5 | $\ldots$ | 492 | 65 |
| HD 27149b ......... | 0.68 | 8.968 | 5.1E-5 | $\ldots$ | 492 | 65 |
| HD 28495 ........... | 0.76 | 7.604 | $9.3 \mathrm{E}-5$ | ... | 268 | 31 |
| HD 31000 ........... | 0.75 | 7.878 | $8.2 \mathrm{E}-5$ |  | 296 | 35 |
| HD 53157 ........... | 0.81 | 10.88 | $6.2 \mathrm{E}-5$ |  | 460 | 56 |
| HD 59747 ........... | 0.86 | 8.03 | $6.5 \mathrm{E}-5$ | $<920$ | 224 | 24 |
| HD 73322 .......... | 0.91 | 16.41 | 5.1E-5 | ... | 788 | 100 |
| HD 75935 ........... | 0.77 | 8.19 | $6.3 \mathrm{E}-5$ | . | 299 | 35 |
| HD 77825 ........... | 0.96 | 8.64 | 5.2E-5 | ... | 205 | 22 |
| HD 79969 ........... | 0.99 | 43.4 | $3.6 \mathrm{E}-5$ | . | 4340 | 670 |
| HD 82443 ........... | 0.78 | 5.409 | $9.4 \mathrm{E}-5$ | $\ldots$ | 130 | 14 |
| HD 83983 ........... | 0.88 | 10.92 | $3.9 \mathrm{E}-5$ |  | 386 | 45 |
| HD 87424 ........... | 0.89 | 10.74 | 5.3E-5 | <1720 | 365 | 42 |
| HD 88638 ........... | 0.77 | 4.935 | $8.4 \mathrm{E}-5$ | ... | 113 | 12 |
| HD 92945 ........... | 0.87 | 13.47 | $7.5 \mathrm{E}-5$ | <1280 | 592 | 73 |
| HD 93811........... | 0.94 | 8.47 | $5.0 \mathrm{E}-5$ | ... | 206 | 22 |
| HD 94765 ........... | 0.92 | 11.43 | $4.6 \mathrm{E}-5$ | <1480 | 384 | 44 |
| HD 95188 ........... | 0.76 | 7.019 | $7.1 \mathrm{E}-5$ | <960 | 230 | 26 |
| HD 95724 ........... | 0.94 | 11.53 | 5.2E-5 | ... | 374 | 43 |
| HD 95743 ........... | 0.97 | 10.33 | $4.0 \mathrm{E}-5$ | ... | 284 | 31 |
| HD 101206 ......... | 0.98 | 10.84 | $4.1 \mathrm{E}-5$ | ... | 305 | 34 |
| HD 103720 ......... | 0.95 | 17.16 | 4.2E-5 | $\ldots$ | 787 | 99 |
| HD 105963A....... | 0.88 | 7.44 | $6.6 \mathrm{E}-5$ | $\ldots$ | 184 | 19 |
| HD 105963B....... | 0.88 | 7.44 | $6.2 \mathrm{E}-5$ | $\ldots$ | 184 | 19 |
| HD 109011a........ | 0.94 | 8.31 | $5.8 \mathrm{E}-5$ | . . | 199 | 21 |
| HD 109647 ......... | 0.95 | 8.73 | 5.3E-5 | . | 214 | 23 |
| HD 110463.......... | 0.96 | 11.75 | $4.5 \mathrm{E}-5$ | . | 371 | 42 |
| HD 111813.......... | 0.89 | 7.74 | $6.5 \mathrm{E}-5$ | ... | 194 | 21 |
| HD 113449.......... | 0.85 | 6.47 | $6.9 \mathrm{E}-5$ | ... | 152 | 16 |
| HD 125874 ......... | 0.88 | 7.52 | $6.1 \mathrm{E}-5$ | . . | 188 | 20 |
| HD 128311......... | 0.97 | 11.54 | $4.5 \mathrm{E}-5$ | <960 | 351 | 40 |
| HD 130307 ......... | 0.89 | 21.79 | $3.9 \mathrm{E}-5$ | 1520 | 1425 | 190 |
| HD 139194 ......... | 0.87 | 9.37 | $3.8 \mathrm{E}-5$ | ... | 294 | 33 |
| HD 139837 ......... | 0.73 | 6.98 | $8.0 \mathrm{E}-5$ | $\ldots$ | 251 | 30 |
| HD 141272 ......... | 0.80 | 14.045 | $6.7 \mathrm{E}-5$ | $\ldots$ | 773 | 100 |
| HD 141919 ......... | 0.88 | 13.62 | $4.4 \mathrm{E}-5$ | $\ldots$ | 590 | 72 |
| HD 142680 ......... | 0.97 | 33.52 | $2.5 \mathrm{E}-5$ | $\ldots$ | 2740 | 400 |
| HD 144872 ......... | 0.96 | 26.02 | $2.7 \mathrm{E}-5$ |  | 1720 | 240 |
| HD 150511.......... | 0.88 | 10.58 | $5.0 \mathrm{E}-5$ |  | 363 | 42 |
| HD 153525 ......... | 1.00 | 15.39 | $1.7 \mathrm{E}-5$ |  | 577 | 69 |
| HD 153557 ......... | 0.98 | 7.22 | $3.7 \mathrm{E}-5$ |  | 140 | 14 |
| HD $161284 \ldots . .$. | 0.93 | 18.31 | 4.2E-5 |  | 930 | 120 |
| HD 168603 ......... | 0.77 | 4.825 | $6.4 \mathrm{E}-5$ |  | 108 | 11 |

TABLE 5-Continued

| HD | $B-V$ | $\begin{gathered} P_{\text {rot }} \\ \text { (days) } \end{gathered}$ | $R_{H K}$ | $\begin{gathered} t_{\text {iso }} \\ (\mathrm{Myr}) \end{gathered}$ | $\begin{gathered} t_{\mathrm{gyro}} \\ (\mathrm{Myr}) \end{gathered}$ | $\begin{aligned} & \delta t_{\text {gyro }} \\ & (\mathrm{Myr}) \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| HD 173950 | 0.83 | 10.973 | $5.2 \mathrm{E}-5$ | $\ldots$ | 442 | 53 |
| HD 180161 ............. | 0.80 | 5.49 | $2.7 \mathrm{E}-5$ | $\ldots$ | 127 | 13 |
| HD 180263 | 0.91 | 14.16 | $3.7 \mathrm{E}-5$ | ... | 593 | 72 |
| HD 189733 | 0.93 | 12.039 | $4.6 \mathrm{E}-5$ | ... | 415 | 48 |
| HD 192263 ............. | 0.94 | 23.98 | $4.1 \mathrm{E}-5$ | 2560 | 1530 | 210 |
| HD 198425 | 0.94 | 22.64 | $4.3 \mathrm{E}-5$ | ... | 1370 | 185 |
| HD 200560 | 0.97 | 10.526 | $5.2 \mathrm{E}-5$ | ... | 294 | 32 |
| HD 202605 | 0.74 | 13.78 | $5.3 \mathrm{E}-5$ | ... | 900 | 120 |
| HD 203030 | 0.75 | 6.664 | $7.1 \mathrm{E}-5$ | $\ldots$ | 215 | 25 |
| HD 209779 | 0.67 | 10.29 | $6.2 \mathrm{E}-5$ | 10000 | 670 | 92 |
| HD 210667 ..... | 0.81 | 9.083 | $5.3 \mathrm{E}-5$ | <4200 | 325 | 38 |
| HD 214615AB......... | 0.76 | 6.20 | $7.5 \mathrm{E}-5$ | ... | 181 | 20 |
| HD 214683 | 0.94 | 18.05 | $4.2 \mathrm{E}-5$ | ... | 886 | 110 |
| HD 220182 | 0.80 | 7.489 | $6.4 \mathrm{E}-5$ | $\ldots$ | 230 | 26 |
| HD 221851. | 0.85 | 12.525 | $3.8 \mathrm{E}-5$ | $\ldots$ | 541 | 66 |
| HD 258857 | 0.91 | 19.98 | $3.9 \mathrm{E}-5$ | $\ldots$ | 1150 | 150 |
| HIP 36357.. | 0.92 | 11.63 | $4.7 \mathrm{E}-5$ | $\ldots$ | 397 | 46 |
| HIP 43422. | 0.75 | 11.14 | $3.3 \mathrm{E}-4$ | $\ldots$ | 578 | 74 |
| HIP 69410.. | 0.96 | 9.52 | $5.0 \mathrm{E}-5$ | ... | 248 | 27 |
| HIP 70836............... | 0.94 | 21.84 | $3.2 \mathrm{E}-5$ | $\ldots$ | 1280 | 170 |
| HIP 77210ab ............ | 0.83 | 13.83 | $6.3 \mathrm{E}-5$ |  | 690 | 87 |
| HIP 82042............... | 0.96 | 13.65 | $3.2 \mathrm{E}-5$ |  | 496 | 59 |

${ }^{\text {a }}$ The gyro age should be treated with caution because this star is a spectroscopic binary (Latham et al. 2002).

Strassmeier et al. (2000b) stars to excise the $\mathrm{C} / \mathrm{g}$ stars from the sample. We plot the color-period diagram for this sample in Figure 12. Plotting a 100 Myr isochrone as before, we excise all stars below it, since these are either C- or g-type stars, or only ambiguously I type. Note that of the excised stars, the ones with periods below 1 day are almost certainly C sequence stars. We also excise


Fig. 11.- $R_{H K}$ vs. gyro age for the Strassmeier et al. (2000b) I sequence stars. Note the declining trend of $R_{H K}$ with age. The trend is obvious despite the fact that the $R_{H K}$ values are not long-term averages and have not been corrected for photospheric contributions or variation with color. [See the electronic edition of the Journal for a color version of this figure.]


Fig. 12.-Division of the Pizzolato et al. (2003) stars into C/g and I categories. The solid line separates the two categories of stars and represents a rotational isochrone for 100 Myr . The dotted line indicates the approximate color $(B-V=$ 1.6; M3) for the onset of full convection. [See the electronic edition of the Journal for a color version of this figure.]

Gl 551 ( $B-V=1.90, P=42$ days) because it is fully convective and therefore unable to sustain an interface dynamo. (Note also that apart from this one object, there are no slow rotators redward of $B-V=1.55$. This is consistent with the prediction by Barnes [2003a] for the terminus of the I sequence at the point of full convection.) This leaves us with 79 stars that are potentially on the I sequence in this sample.

These 79 stars are suitable for gyrochronology. We calculate the gyro ages as before and list them, their errors, and other relevant information for these stars in Table 6. Figure 13 displays the colorperiod diagram for these 79 stars, with isochrones at 100 Myr , $200 \mathrm{Myr}, 450 \mathrm{Myr}, 1 \mathrm{Gyr}, 2 \mathrm{Gyr}, 4.5 \mathrm{Gyr}$, and 10 Gyr . Figure 13 shows that this sample spans a substantial range of ages, from 100 Myr to 6 Gyr (all but four of them), although most of them are younger than the Sun, and the median age for the sample is 1.2 Gyr.

These results are reasonably consistent with Sandage et al. (2003), who suggest a (classical isochrone) age for the oldest stars in the local Galactic disk of $7.4-7.9 \mathrm{Gyr}( \pm 0.7 \mathrm{Gyr})$ depending on whether or not the stellar models allow for diffusion. All the Pizzolato et al. (2003) stars except for HD 81809, which is known to be a spectroscopic binary (Pourbaix 2000), have calculated gyro ages shortward of this age.

The available X-ray data for these same stars also suggest that the gyro ages are reasonable. In Figure 14 we plot the X-ray emission from these stars against their gyro ages. We see that the X-ray emission declines steadily, as expected, and in fact, there are no widely discrepant data points.

Finally, we note that in addition to the 51 stars in this group that are common to the Mount Wilson sample, 19 are present in the chromospheric emission survey of southern stars by Henry et al. (1996), where their $R_{H K}^{\prime}$ values are published. These are on the same system as the Mount Wilson data. Thus, it is possible to compute their chromospheric ages and compare them with the ages from gyrochronology. This comparison is shown in Figure 15.

TABLE 6
Gyrochronology Ages and Errors for the Pizzolato et al. (2003) Stars

| Star | $B-V$ | $\begin{gathered} P_{\text {rot }} \\ \text { (days) } \end{gathered}$ | $\log \left(L_{\mathrm{X}} / L_{\text {bol }}\right)$ | $\begin{gathered} t_{\text {iso }} \\ (\mathrm{Myr}) \end{gathered}$ | $\begin{gathered} t_{\mathrm{gyro}} \\ (\mathrm{Myr}) \end{gathered}$ | $\begin{aligned} & \delta t_{\mathrm{gyro}} \\ & (\mathrm{Myr}) \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sun | 0.66 | 25.38 | -6.23 |  | 3980 | 650 |
| Gl 338B. | 1.42 | 10.17 | -4.90 |  | 140 | 14 |
| Gl 380 | 1.36 | 11.67 | -5.04 |  | 196 | 20 |
| Gl 673 | 1.36 | 11.94 | -4.96 | ... | 205 | 21 |
| Gl 685 | 1.45 | 18.60 | -4.92 |  | 435 | 50 |
| HD 1835 | 0.66 | 7.70 | -4.67 | $<1760$ | 400 | 53 |
| HD 3651. | 0.85 | 48.00 | -5.70 | $>11800$ | 7200 | 1200 |
| HD 4628 | 0.88 | 38.00 | -6.01 | >6840 | 4260 | 660 |
| HD 10360 | 0.88 | 30.00 | -5.97 | $<600$ | 2700 | 400 |
| HD 10361. | 0.86 | 39.00 | -5.94 | $<520$ | 4710 | 740 |
| HD 10476 | 0.84 | 35.20 | -6.59 | >8840 | 4070 | 630 |
| HD 10700 | 0.72 | 34.50 | -6.21 | $>12120$ | 5660 | 930 |
| HD 11507... | 1.43 | 15.80 | -4.76 | ... | 324 | 36 |
| HD 13445 | 0.82 | 30.00 | -5.56 | >8480 | 3160 | 480 |
| HD 14802 | 0.60 | 9.00 | -4.50 | ... | 732 | 110 |
| HD 16160 | 0.97 | 45.00 | -5.71 | 540 | 4840 | 760 |
| HD 16673 | 0.52 | 7.40 | -5.03 |  | 910 | 170 |
| HD 17051 | 0.56 | 7.90 | -5.02 | 2720 | 740 | 120 |
| HD 17925 | 0.87 | 6.60 | -4.51 | <1200 | 150 | 15 |
| HD 20630 | 0.68 | 9.40 | -4.62 | <2760 | 540 | 72 |
| HD 22049 . | 0.88 | 11.30 | -4.92 | $<600$ | 412 | 48 |
| HD 25998. | 0.52 | 3.00 | -4.40 | ... | 159 | 27 |
| HD 26913 | 0.70 | 7.20 | -4.18 |  | 298 | 37 |
| HD 26965 | 0.82 | 37.10 | -5.59 | >9280 | 4750 | 750 |
| HD 30495 | 0.64 | 7.60 | -4.86 | 6080 | 428 | 58 |
| HD 32147 | 1.06 | 47.40 | -5.87 | <5450 | 4510 | 700 |
| HD 35296 | 0.53 | 5.00 | -4.52 | $\ldots$ | 388 | 66 |
| HD 36435 | 0.78 | 11.20 | -4.90 | $\ldots$ | 531 | 66 |
| HD 38392. | 0.94 | 17.30 | -4.77 | $\ldots$ | 816 | 100 |
| HD 39587. | 0.59 | 5.20 | -4.51 | 4320 | 270 | 38 |
| HD 42807 ........... | 0.66 | 7.80 | -4.83 |  | 410 | 54 |
| HD 43834 ........... | 0.72 | 32.00 | -6.05 | 8760 | 4900 | 800 |
| HD 52698 | 0.90 | 26.00 | -4.74 | ... | 1960 | 280 |
| HD 53143. | 0.81 | 16.40 | -4.67 | $\ldots$ | 1010 | 130 |
| HD 72905 | 0.62 | 4.10 | -4.47 |  | 144 | 18 |
| HD 75332 | 0.52 | 4.00 | -4.35 | 1880 | 277 | 48 |
| HD 76151. | 0.67 | 15.00 | -5.24 | 1320 | 1380 | 200 |
| HD 78366 | 0.60 | 9.70 | -4.75 | $<680$ | 850 | 130 |
| HD 81809. | 0.64 | 40.20 | -6.25 | . . . | $10600^{\text {a }}$ | 1900 |
| HD 82106 | 1.00 | 13.30 | -4.64 | $<600$ | 435 | 50 |
| HD 95735. | 1.51 | 48.00 | -5.12 |  | 2530 | 370 |
| HD 97334. | 0.60 | 7.60 | -4.51 | <2920 | 529 | 77 |
| HD 98712. | 1.36 | 11.60 | -4.08 |  | 194 | 20 |
| HD 101501. | 0.74 | 16.00 | -5.17 | >11320 | 1200 | 170 |
| HD 114613.. | 0.70 | 33.00 | -5.85 | 5200 | 5600 | 930 |
| HD 114710......... | 0.58 | 12.40 | -5.50 | $<1120$ | 1530 | 250 |
| HD 115383.......... | 0.58 | 3.30 | -4.82 | $<760$ | 120 | 16 |
| HD 115404.......... | 0.92 | 19.00 | -5.25 | . . | 1020 | 130 |
| HD 128620 ......... | 0.71 | 29.00 | -6.45 | 7840 | 4200 | 670 |
| HD 128621 ......... | 0.88 | 42.00 | -5.97 | $>11360$ | 5170 | 820 |
| HD 131156A....... | 0.72 | 6.20 | -4.70 | $<760$ | 207 | 24 |
| HD 131977 ......... | 1.11 | 44.60 | -5.38 | $<600$ | 3690 | 560 |
| HD 141004 ......... | 0.60 | 18.00 | -6.18 | 6320 | 2780 | 460 |
| HD 147513 ......... | 0.62 | 8.50 | -4.61 | <680 | 587 | 84 |
| HD 147584 ......... | 0.55 | 13.00 | -4.58 | . | 2080 | 370 |
| HD 149661 ......... | 0.81 | 23.00 | -4.96 | $<4160$ | 1950 | 280 |
| HD 152391 ......... | 0.75 | 11.10 | -4.66 | 720 | 574 | 73 |
| HD 154417 ......... | 0.58 | 7.60 | -4.91 | 4200 | 597 | 91 |
| HD $155885 \ldots . . . .$. | 0.86 | 21.11 | -4.71 | ... | 1440 | 200 |
| HD 155886 ......... | 0.85 | 20.69 | -4.65 | . | 1420 | 190 |
| HD 156026 ......... | 1.16 | 18.00 | -5.23 | <480 | 593 | 71 |
| HD 160346 ......... | 0.96 | 36.00 | -5.36 | ... | 3210 | 480 |
| HD 165185 ......... | 0.62 | 5.90 | -4.43 | $\ldots$ | 291 | 39 |
| HD 165341 ... | 0.86 | 19.70 | -5.18 |  | 1260 | 170 |

TABLE 6-Continued

| Star | $B-V$ | $P_{\text {rot }}$ <br> $($ days $)$ | $\log \left(L_{\mathrm{X}} / L_{\text {bol }}\right)$ | $t_{\text {iso }}$ <br> $(\mathrm{Myr})$ | $t_{\text {gyro }}$ <br> $(\mathrm{Myr})$ | $\delta t_{\text {gyro }}$ <br> $(\mathrm{Myr})$ |
| :---: | ---: | ---: | :---: | ---: | ---: | ---: |
| HD 166620 ........ | 0.87 | 42.00 | -6.19 | $>11200$ | 5300 | 845 |
| HD 176051 ........ | 0.59 | 16.00 | -5.70 | $\ldots$ | 2350 | 390 |
| HD 185144 ........ | 0.79 | 29.00 | -5.58 | $\ldots$ | 3220 | 490 |
| HD 187691 ........ | 0.55 | 10.00 | -5.97 | 3200 | 1250 | 210 |
| HD 190007 ........ | 1.12 | 29.30 | -5.01 | $<1760$ | 1620 | 220 |
| HD 190406 ........ | 0.61 | 14.50 | -5.58 | 3160 | 1730 | 270 |
| HD 191408 ........ | 0.87 | 45.00 | -6.42 | $>7640$ | 6050 | 980 |
| HD 194012 ........ | 0.51 | 7.00 | -5.49 | $\ldots$ | 900 | 170 |
| HD 201091 ........ | 1.17 | 37.90 | -5.51 | $<440$ | 2450 | 350 |
| HD 201092 ........ | 1.37 | 48.00 | -5.32 | $<680$ | 2960 | 440 |
| HD 206860 ........ | 0.58 | 4.70 | -4.62 | $<880$ | 237 | 34 |
| HD 209100 ......... | 1.06 | 22.00 | -5.69 | $\ldots$ | 1030 | 130 |
| HD 216803 ........ | 1.10 | 10.30 | -4.54 | $<520$ | 223 | 23 |
| HD 219834B....... | 0.91 | 42.00 | -5.49 | $>13200$ | 4820 | 760 |
| HD 224930 ......... | 0.67 | 33.00 | -5.90 | $\ldots$ | 6330 | 1100 |

${ }^{\text {a }}$ This gyro age should be treated with caution because this star is a spectroscopic binary (see text and Pourbaix 2000).

The stars can be seen to scatter around the line of equality, and in fact, the agreement between the gyro and chromospheric ages for all but two of them is within a factor of 2 (see Fig. 15).

## 8. AGES VIA GYROCHRONOLOGY FOR COMPONENTS OF WIDE BINARIES

As we have seen, testing these (or other) stellar ages is complicated because no star apart from the Sun has an accurately determined age. However, it is possible to test the ages in a relative manner by asking whether the individual components of binary stars yield the same age. This test has been applied, with mixed results, to chromospheric ages by Soderblom et al. (1991) and Donahue (1998). We show here that gyrochronology yields sub-


Fig. 13.-Ages for the Pizzolato et al. (2003) stars may be read off this figure. Rotational isochrones correspond to ages of $100 \mathrm{Myr}, 200 \mathrm{Myr}, 450 \mathrm{Myr}, 1 \mathrm{Gyr}$, $2 \mathrm{Gyr}, 4.5 \mathrm{Gyr}$, and 10 Gyr , as marked. [See the electronic edition of the Journal for a color version of this figure.]


Fig. 14.-X-ray emission vs. gyro age for the Pizzolato et al. (2003) stars. Note the steady decline in X-ray emission with gyro age, as expected. The line drawn has a slope of $-5 / 4$, as expected from MHD turbulence. [See the electronic edition of the Journal for a color version of this figure.]
stantially similar ages for both components of the three mainsequence wide binary systems where measured rotation periods are available for the individual stars. (The latter requirement excludes otherwise interesting systems like $16 \mathrm{Cyg} \mathrm{A} / \mathrm{B}$ [HD 186408/HD 186427; e.g., Cochran et al. 1997], where the rotation


Fig. 15.-Comparison of gyro and chromospheric ages for the 19 Pizzolato et al. (2003) stars in the Southern Chromospheric Survey of Henry et al. (1996). Note that almost all the stars scatter about the line of equality (solid line). The dashed lines indicate factors of 2 above and below the gyro ages. Typical error bars are indicated. The dotted lines indicate the age of the universe. [See the electronic edition of the Journal for a color version of this figure.]

TABLE 7
Ages for Wide Binary Systems

| Star | $B-V$ | $\begin{aligned} & \bar{P}_{\text {rot }}{ }^{\text {a }} \\ & \text { (days) } \end{aligned}$ | Age $_{\text {chromo }}$ | Age $_{\text {iso }}$ | Age gyro $^{\text {b }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Binaries |  |  |  |  |  |
| HD 131156A.................. | 0.76 | 6.31 (0.05) | 232 Myr | $<760 \mathrm{Myr}$ | $187 \pm 21 \mathrm{Myr}$ |
| HD 131156B................. | 1.17 | 11.94 (0.22) | 508 Myr | > 12600 Myr | $265 \pm 28 \mathrm{Myr}$ |
| Mean |  |  |  |  | $226 \pm 18$ Myr* |
| HD 201091 .................... | 1.18 | 35.37 (1.3) | 2.36 Gyr | $<0.44 \mathrm{Gyr}$ | $2.12 \pm 0.3 \mathrm{Gyr}$ |
| HD 201092 .................... | 1.37 | 37.84 (1.1) | 3.75 Gyr | $<0.68$ Gyr | $1.87 \pm 0.3 \mathrm{Gyr}$ |
| Mean .......................... | . . . |  | ... | ... | $2.0 \pm 0.2 \mathrm{Gyr}^{*}$ |
| HD 128620 .................... | 0.67 | 28 (3) | 5.62 Gyr | 7.84 Gyr | $4.6 \pm 0.8 \mathrm{Gyr}$ |
| HD 128621 .................... | 0.87 | 36.9 (1.8) | 4.24 Gyr | >11.36 Gyr | $4.1 \pm 0.7 \mathrm{Gyr}$ |
| Mean ......................... | ... |  |  |  | $4.4 \pm 0.5 \mathrm{Gyr}^{*}$ |
| Triple System |  |  |  |  |  |
| HD 155886 .................... | 0.85 | 20.69 (0.4) | 1.1 Gyr | $\ldots$ | $1.42 \pm 0.19 \mathrm{Gyr}$ |
| HD 155885 .................... | 0.86 | 21.11 (0.4) | 1.2 Gyr | ... | $1.44 \pm 0.20 \mathrm{Gyr}$ |
| HD 156026 .................... | 1.16 | 18.0 (1.0) | 1.4 Gyr | $<0.48 \mathrm{Gyr}$ | $0.59 \pm 0.07 \mathrm{Gyr}^{*}$ |

${ }^{a}$ Differential rotation is the main contributor to the period errors in the parentheses.
${ }^{\mathrm{b}}$ Values with asterisks denote the final gyro age for each system.
periods are derived quantities [Hale 1994], and 70 Oph A/B [HD $165341 \mathrm{~A} / \mathrm{B}$ ], in the Mount Wilson sample, where only the A component has a measured period [Noyes et al. 1984; Baliunas et al. 1996].)

## 8.1. $\xi$ Boo $A / B$ (HD 131156A/B)

$\xi$ Boo $\mathrm{A} / \mathrm{B}$ is a wide main-sequence binary $(\mathrm{G} 8 \mathrm{~V}+\mathrm{K} 4 \mathrm{~V})$ in the Mount Wilson sample. The orbit calculated by Hershey (1977) gives a period of 152 yr and eccentricity of 0.51 , suggesting no rotational interaction between the components. The Mount Wilson data sets (Noyes et al. 1984; Baliunas et al. 1996; Donahue et al. 1996) provide separate color and period measurements for both components, making the system particularly valuable as a test of the mass dependence of rotation, under the assumption that binarity does not affect their rotation. Since the components of binaries are usually considered to be coeval, gyrochronology ought to give the same age for the individual components. For this system, gyrochronology yields ages of 187 and 265 Myr for the bluer and redder components, respectively (Table 7), which gives a formal mean age for the system of $226 \pm 18 \mathrm{Myr}$. The individual values, although not in agreement within the formal errors, are closer together than those provided by other methods. For example, the chromospheric ages for the components are 232 and 508 Myr , respectively, which also suggest a young age for the system. As regards isochrone ages, Fernandes et al. (1998) have derived an isochrone age for the system of $2 \pm 2$ Gyr. More recently, Takeda et al. (2007) have derived isochrone ages for the A and B components of $<0.76$ and $>12.60 \mathrm{Gyr}$, respectively, attesting to the difficulty of applying the isochrone method to field stars.

### 8.2. 61 Cyg $A / B$ (HD 201091/HD 201092)

There is a second, lower mass, main-sequence wide binary ( $\mathrm{K} 5 \mathrm{~V}+\mathrm{K} 7 \mathrm{~V}$ ) in the Mount Wilson sample for which measured colors and periods are available. This is the $61 \mathrm{Cyg} \mathrm{A} / \mathrm{B}$ visual binary system, whose parameters (from Donahue et al. 1996; see also Baliunas et al. 1996; Hale 1994) are listed in Table 7. The orbit from Allen et al. (2000) suggests a semimajor axis of 85.6 AU and eccentricity of 0.32 , while that from Gorshanov et al. (2005)
suggests a period of 659 yr and eccentricity of 0.48 . Neither of these suggests an interaction between the components. Gyrochronology yields ages of 2.12 and 1.87 Gyr for the A and B components, respectively, suggesting a mean age for the system of $2.0 \pm 0.2 \mathrm{Gyr}$ (see Fig. 16), where the large differential rotation of the components contributes significantly to the error. The corresponding chromospheric ages for the same stars are 2.36 and 3.75 Gyr , respectively, again in reasonable agreement, but not as


Fig. 16.-Color-period diagram for three wide binary systems, $\xi$ Boo A/B, $61 \mathrm{Cyg} \mathrm{A} / \mathrm{B}$, and $\alpha$ Cen A/B. Rotational isochrones are drawn for ages of 226 Myr , 2.0 Gyr , and 4.4 Gyr , respectively, and the errors are indicated with dashed lines. Note that for all three wide binary systems, both components give substantially the same age. The dotted line corresponds to the age of the universe. [See the electronic edition of the Journal for a color version of this figure.]
close as the gyro ages. The isochrone ages for these stars, upper limits of $<0.44$ and $<0.68 \mathrm{Gyr}$, respectively (Takeda et al. 2007), seem somewhat short.

## 8.3. $\alpha$ Cen $A / B$ (HD 128620/HD 128621)

We now consider the famous older system $\alpha$ Cen A/B, its G2 V and K1 V components bracketing the Sun in mass, a system much studied by many researchers over the years (e.g., Guenther \& Demarque 2000; Miglio \& Montalban 2005) and of special interest to asteroseismologists. Heintz (1982) has calculated an orbit with period of $\sim 80 \mathrm{yr}$ and eccentricity of 0.516 , suggesting that the components have not suffered rotational interactions. The published ages for the system range from 4 to 8 Gyr , depending on the details of the models used (see, e.g., Guenther \& Demarque 2000). Guenther \& Demarque (2000) themselves derive an age range of 7.6-6.8 Gyr, somewhat older than the Sun, depending on whether or not $\alpha$ Cen A has a convective core. Eggenberger et al. (2004) suggest an age of $6.5 \pm 0.3$ Gyr. Using the rotation periods provided by E. Guinan (2006, private communication), $28 \pm 3$ and $36.9 \pm 1.8$ days for the A and B components, respectively, ${ }^{24}$ and $B-V$ colors ${ }^{25}$ of $0.67 \pm 0.02$ and $0.87 \pm 0.02$, we derive ages for the components of 4.6 and 4.1 Gyr , with a mean of $4.4 \pm$ 0.5 Gyr , toward the lower end of the published ages, ${ }^{26}$ but in good agreement with one another. ${ }^{27}$ These stars and the corresponding isochrone are also plotted in Figure 16. The chromospheric ages for the $\alpha$ Cen A and B components using $R_{H K}^{\prime}$ values from Henry et al. (1996) are 5.62 and 4.24 Gyr , respectively, again comparable, if not as close. In comparison, the isochrone ages from Takeda et al. (2007) for the A and B components, derived separately, are 7.84 and $>11.36 \mathrm{Gyr}$, respectively.

### 8.4. 36 Oph $A / B / C$ (HD 155886/HD 155885/HD 156026)

Finally, we consider the triple system 36 Oph A/B/C, included in the Mount Wilson sample. A and B are two chromospherically active K1 dwarfs, while the distant tertiary, C, is a K5 dwarf. The AB orbit has a period of $\sim 500 \mathrm{yr}$ but a very high eccentricity of $\sim 0.9$, implying a closest approach of A and B of order 6 AU (Brosche 1960; Irwin et al. 1996). The latter fact suggests proceeding with caution because A and B could potentially have interacted rotationally.

We have used the observed periods of $20.69,21.11$, and 18.0 days, listed in Donahue et al. (1996) and Baliunas et al. (1983) for the A, B, and C components, respectively, to plot these in the color-period diagram displayed in Figure 17. ${ }^{28}$ The gyro ages for A and B are both nominally 1.43 Gyr, but that for

[^14]

Fig. 17.-Color-period diagram for the 36 Oph ABC triple system. Isochrones are drawn for ages of 590 Myr (solid line) and 1.43 Gyr (thick dashed line). The distant companion, C, gives the 590 Myr age for the system. The error is indicated with thin dashed lines. The A and B components appear to have interacted and spun down to $\sim 20$ days against a nominally expected period of $\sim 13$ days. The dotted line corresponds to the age of the universe. [See the electronic edition of the Journal for a color version of this figure.]

C is only $590 \pm 70 \mathrm{Myr}$. We favor the lower age here because the C component is distant, while the A and B components seem to have interacted and presumably spun down to their $\sim 21$ day periods from the $\sim 13.4$ day periods that would otherwise be expected for the 590 Myr age for the system.

Interestingly, the chromospheric ages for the A, B, and C components range from 1.1 to 1.4 Gyr , similar to the gyro age for the A/B pair. The isochrone age for the C component only, provided by Takeda et al. (2007), is $<480 \mathrm{Myr}$, again suggesting a youthful system. The fact that the A and B components have essentially the same mass provides a simplification that could be quite useful to further studies of this system.

For the present state of gyrochronology, we consider the particular cases presented above to represent success.

## 9. COMPARISON WITH ISOCHRONE AGES

A uniform comparison of gyro and isochrone ages was not possible until Takeda et al. (2007) submitted a manuscript to the Astrophysical Journal Supplement subsequent to this submission. This paper contains a very careful derivation of isochrone ages for the $\sim 1000$ stars in the Spectroscopic Properties of Cool Stars Catalog (SPOCS). This catalog (Valenti \& Fischer 2005) itself consists of high-resolution echelle spectra and their detailed analysis of over 1000 nearby F-, G-, and K-type stars obtained through the Keck, Lick, and Anglo-Australian Telescope planet search programs, including $\sim 100$ stars with known planetary companions.

Takeda et al. (2007) conduct a Bayesian analysis of the stellar parameters using reasonable priors to generate a probability distribution function (pdf) for the age of each star. This method permits the identification of a "well-defined" age for a star if the pdf


Fig. 18.-Comparison of gyro and isochrone ages for the 26 Takeda et al. (2007) stars with well-defined ages in common with the gyrochronology sample presented in this paper. The solid line denotes equality and the dotted lines the age of the universe. There is no strong correlation between the two ages, except that the median isochrone age is a factor of 2.7 times higher than the median gyro age. Takeda et al. (2007) stars with upper or lower limits (arrows) are not plotted, except for the wide binaries (the components are connected by dashed lines) discussed in the text. It would appear that the gyro ages supersede the isochrone ages for main-sequence stars. [See the electronic edition of the Journal for a color version of this figure.]
peaks appropriately or, just as importantly, the derivation of an isochrone upper or lower limit for the age. Indeed, for most of the stars common to our sample and theirs, they derive only such a limit, as a glance at the column for isochrone ages in Tables 3, 5, and 6 shows. However, for 26 of these (common) stars, Takeda et al. (2007) list well-defined ages, and these can be compared to the corresponding gyro ages.

This comparison is shown in Figure 18. Of these 26 stars, only 3 lie above the line of equality, and 13 have isochrone ages within a factor of 2 of the gyro ages, all higher than the corresponding gyro ages. In fact, the median isochrone age is 2.7 times the median gyro age. Evidently, the Bayesian technique used still does not eliminate the known bias in the isochrone ages toward older values.

In fact, the same test applied to the binary systems in the previous section with respect to gyro ages yields uncertain results with respect to these isochrone ages. Indeed, of the nine stars under consideration, only one ( $\alpha$ Cen A ) has a well-defined isochrone age, and the rest upper or lower limits. These stars are also plotted in Figure 18, with dashed lines joining the binary components and arrows indicating upper or lower limits.

In summary, it would seem that the isochrone ages are still problematical, despite the careful analysis of Takeda et al. (2007). Of course, as we have noted in the introduction, it is perhaps not fair and evidently not possible to use slowly varying parameters to derive precise ages for stars on the main sequence. The two methods are, however, complementary in that it might be preferable to use gyro ages on the main sequence and isochrone ages off it.

## 10. CONCLUSIONS

The rotation period distributions of solar- and late-type stars suggest that coeval stars are preferentially located on one of two sequences. The mass and age dependencies of one of these sequences, the interface sequence, are shown to be universal, shared by both cluster and field stars, and we have specified them using simple functions, generalizing the dependence originally suggested by Skumanich (1972). The mass dependence is derived observationally using a series of open clusters, and the age dependence, roughly $\sqrt{t}$, is specified via a solar calibration.

The dependencies are inverted to provide the age of a star as a function of its rotation period and color, a procedure we call gyrochronology. Errors are calculated for such ages, based on the data currently available, and shown to be roughly $15 \%$ (plus possible systematic errors) for individual stars. Because the dependencies are universal, they must also apply to field stars, but the derivation of such ages requires excising pre-I sequence stars, facilitated by their location below the I sequence in color-period diagrams. The short lifetime of this pre-I sequence phase assures us that all such stars are less than a couple of hundred million years in age.

Using this formalism, we have calculated ages via gyrochronology for individual stars in three illustrative groups of field stars and listed them along with the errors. For the first group, the Mount Wilson stars, these ages are shown to be in general agreement with the chromospheric ages, except that stars bluer than the Sun have systematically higher chromospheric ages, the median chromospheric age being higher by about $33 \%$. The majority of the members of the second group, from Strassmeier et al. (2000b), are shown to be younger than 1 Gyr , in keeping with the selection of the sample for activity, which correlates negatively, as expected, with gyro age. The members of the third group, from Pizzolato et al. (2003), are shown to be somewhat older, partially due to an overlap with the Mount Wilson sample, and their X-ray fluxes are shown to decay systematically with gyro age. We have shown that gyrochronology yields similar ages for both components of three wide binary systems, $\xi$ Boo $\mathrm{A} / \mathrm{B}$, $61 \mathrm{Cyg} \mathrm{A} / \mathrm{B}$, and $\alpha$ Cen A/B. The 36 Oph A/B/C triple system shows signs of rotational interaction between the A and B components. Finally, the recent Takeda et al. (2007) isochrone ages appear to be inferior to the gyro ages for the same main-sequence stars.

Thus, we have reinvestigated the use of a rotating star as a clock, clarified and improved its usage, calibrated it using the Sun, and demonstrated that it keeps time well.

The word "gyrochronology" was inspired by the work of A. E. Douglass on dendrochronology at Lowell Observatory. S. A. B. would like to acknowledge Sabatino Sofia as a constant source of intellectual and moral support and many discussions, as well as Charles Bailyn for initially suggesting the removal of the age dependence. Marc Buie, Will Grundy, Wes Lockwood, Bob Millis, Byron Smith, Brian Skiff, and my other colleagues at Lowell have supported me in numerous ways. Stephen Levine read the manuscript closely and found an algebraic error. David James, Heather Morrison, Steve Saar, Sukyoung Yi, and an anonymous referee are gratefully acknowledged for input on a prior version of the paper. Finally, this material is based on work partially supported by the National Science Foundation under grant AST 05-20925.

## APPENDIX

## DERIVATION OF THE ERROR ON THE INDEX $n$

By definition,

$$
\begin{equation*}
P=f(B-V) g(t)=a x^{b} t^{n} \tag{A1}
\end{equation*}
$$

Taking natural logarithms and rearranging, we get

$$
\begin{equation*}
n=\frac{\ln P_{\odot}-\ln a-b \ln x_{\odot}}{\ln t_{\odot}}=\frac{U}{V} \tag{A2}
\end{equation*}
$$

Differentiating yields

$$
\begin{equation*}
\frac{d n}{n}=\frac{d U}{U}-\frac{d V}{V} \tag{A3}
\end{equation*}
$$

or

$$
\begin{equation*}
\frac{d n}{n}=\frac{1}{U}\left(\frac{d P_{\odot}}{P_{\odot}}-\frac{d a}{a}-b \frac{d x_{\odot}}{x_{\odot}}-\ln x_{\odot} d b\right)-\frac{d t_{\odot}}{t_{\odot} \ln t_{\odot}} . \tag{A4}
\end{equation*}
$$

Adding the errors in quadrature yields

$$
\begin{equation*}
\left(\frac{\delta n}{n}\right)^{2}=\left(\frac{\delta t_{\odot}}{t_{\odot} \ln t_{\odot}}\right)^{2}+\frac{1}{U^{2}}\left[\left(\frac{\delta P_{\odot}}{P_{\odot}}\right)^{2}+\left(\frac{\delta a}{a}\right)^{2}+\left(b \frac{\delta x_{\odot}}{x_{\odot}}\right)^{2}+\left(\ln x_{\odot} \delta b\right)^{2}\right] \tag{A5}
\end{equation*}
$$

For the error in the age of the Sun $\left(4566 \mathrm{Myr} ; \ln t_{\odot}=8.426\right)$ we adopt the value of $50 \mathrm{Myr},{ }^{29}$ for that in the rotation period we adopt 1 day (consistent with the measured range in the solar rotation period; see $\S 4$ and Donahue et al. 1996), and for that in the solar $B-V$ color $\left(x=B-V_{\odot}=0.242\right)$ we adopt the value 0.01 . From $\S 2, a=0.7725 \pm 0.011$ and $b=0.601 \pm 0.024$. Input of these values yields

$$
\begin{equation*}
\left(\frac{\delta n}{n}\right)^{2}=\left(\frac{50}{4566 \times 8.43}\right)^{2}+\frac{1}{4.37^{2}}\left[\left(\frac{1}{26.09}\right)^{2}+\left(\frac{0.011}{0.7725}\right)^{2}+\left(0.601 \frac{0.01}{0.242}\right)^{2}+(-1.419 \times 0.024)^{2}\right] \tag{A6}
\end{equation*}
$$

or

$$
\begin{equation*}
\left(\frac{\delta n}{n}\right)^{2}=1.69 \times 10^{-6}+10^{-6}(77.4+10.6+32.3+60.7)=182.6 \times 10^{-6} \tag{A7}
\end{equation*}
$$

or ${ }^{30}$

$$
\begin{equation*}
\frac{\delta n}{n}=1.37 \times 10^{-2} \tag{A8}
\end{equation*}
$$

so that

$$
\begin{equation*}
n=0.5189 \pm 0.0070 \tag{A9}
\end{equation*}
$$

which shows that the index $n$ is determined well.

[^15]
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[^0]:    ${ }^{1}$ For example, in the 4.5 Gyr since it was on the zero-age main sequence (ZAMS), the Sun's luminosity has increased by $\leq 50 \%$ of its ZAMS value.
    ${ }_{2}$ The Hipparcos satellite has indeed provided $\sim 1 \%$ parallaxes for a group of stars, most of them bright enough to have been included in the catalog of Hipparchus himself if they were visible from Greece! To count them, you would need your own digits and those of some of your collaborators, but you would not need more than a few of the latter.

[^1]:    ${ }^{\text {a }}$ A field star requires a good distance measurement in order to determine its luminosity for comparison with isochrones. As explained in the text, good distances are available to only a few such stars.
    ${ }^{\mathrm{b}}$ Another reason for this question mark is that it is not clear to an innocent bystander how to transform between the various quantities published as a chromospheric flux: $S, H K$ index, $R$, or $R_{H K}^{\prime}$. The lack of a defined standard quantity for published work is a significant drawback.
    ${ }^{\text {c }}$ Another reason for this question mark is that for old stars the modulation in broadband photometric filters is too small to yield a rotation period, and for these stars one must resort to more onerous means such as detecting the rotational modulation in the Ca II H and K emission cores.
    ${ }^{d}$ The benefit of doubt has been given but, in fact, there is usually some black magic in the transformation between chromospheric flux and age.
    ${ }^{e}$ The relationship between chromospheric emission and age in Soderblom et al. (1991) is calibrated against isochrone ages of three "fundamental" points and those of the evolved components of visual binaries. Since all isochrones are calibrated using the age of the Sun, this calibration is also ultimately based on the age of the Sun, except for the additional step involved.
    ${ }^{\mathrm{f}}$ Errors on isochrone ages for field stars were essentially nonexistent until Pont \& Eyer (2004) suggested a Bayesian scheme that allows one to determine whether or not an isochrone age is "well defined" (Jorgensen \& Lindegren 2005), i.e., whether or not the probability density distribution for the age has an identifiable maximum, and if so, to calculate an error based on this property. This method has since been used by Takeda et al. (2007) on their field star sample.
    ${ }^{\text {g }}$ Soderblom et al. (1991) provide the error on their fit, in this case $\sim 0.17 \mathrm{dex}(\sim 40 \%)$, of chromospheric emission to (isochrone) age for their sample. Other researchers, including Donahue (1998), usually do not provide errors.
    ${ }^{\mathrm{h}}$ For the eight pairs in Table 2 of Donahue (1998), the mean discrepancy is 0.85 Gyr for a sample with a mean age of 1.85 Gyr , so that the fractional discrepancy in age is 0.46 , or just under $50 \%$.

[^2]:    ${ }^{3}$ The usefulness of this precision is less clear in the context of the differential rotation with latitude of the Sun and solar-type stars, but it is also clear that we are beginning to understand the systematics and origin of differential rotation, so that the attainment of such precision is useful in other ways as well.
    ${ }^{4}$ The age of the Sun is not directly known, of course. We use the age of the formation of the refractory inclusions in the Allende meteorite as an estimate of the Sun's age (e.g., Allegre et al. 1995; but for the original work establishing that the age of the Earth and that of the meteorites is identical and can be called the "age of the solar system," see also Patterson 1953, 1955, 1956; Patterson et al. 1955; Murthy \& Patterson 1962).

[^3]:    ${ }^{5}$ It appears to be equivalent to a cubic dependence on the rotation speed, $\Omega$, of the angular momentum loss rate, $d J / d t$, from solar- and late-type stars: $d J / d t \propto-\Omega^{3}$ (Kawaler 1989). In fact, parameterizations based on this behavior are routinely incorporated into stellar models that include rotation (e.g., Pinsonneault et al. 1989). Two of these three powers of $\Omega$ appear to be related to the strength of the magnetic field of the star under the assumption of a linear dynamo.
    ${ }^{6}$ Projection effects are less relevant for entire clusters, as with the averaged $v \sin i$ measurements that Skumanich used. Presumably they average out because they are similar from cluster to cluster.

    7 Rotation periods are measured by timing the modulation of either filtered starlight, which works well for young stars (e.g., Van Leeuwen et al. 1987), or that of the chromospheric emission (e.g., Noyes et al. 1984), which works for older stars. Either of these is obviously more demanding than deriving $v \sin i$, but the effort is well worth the results and, furthermore, is being done routinely, as detailed below. As an aside, we point out that the "rotation periods" listed by Wright et al. (2004) are not directly measured; they are calculated from the measured chromospheric emission and hence unsuitable for our purposes.
    ${ }^{8}$ He used the function $f(B-V)=(B-V-0.5)^{1 / 2}-0.15(B-V-0.5)$, but $f$ can of course be written in terms of any convenient function of stellar mass. We modify the expression for $f$ below.

[^4]:    ${ }^{9}$ I have learned from E. Guinan (2006, private communication) that he has been using the Hyades rotational sequence and the Skumanich relation to derive stellar ages. That would make it substantially similar to the technique developed here.
    ${ }^{10}$ We note here that chromospheric emission measurements also require repeated measurement to ensure that they are averages over the variability from rotation or from stellar cycles.
    ${ }_{12}^{11}$ In fact, the satellite has been built and launched.
    12 Assuming that we do not throw the baby out with the bathwater.

[^5]:    ${ }^{13}$ In principle, there is a third type, $g$, representing stars in transition from the first/C to the second/I type.

[^6]:    14 This formula yields ages in close agreement with those for old stars calculated using the formulae in Soderblom et al. (1991) but is generally considered to be an improvement for young stars because saturation effects are taken into account (see Barnes 2001).

[^7]:    15 Judgments such as these are routinely made during classical isochrone fitting. A rich data set or two, such as the one for M35 (S. Meibom 2008, in preparation), should eliminate much of the ambiguity within a year or two.
    ${ }^{16}$ The 110 Myr age for $\alpha$ Per might also be a surprise to some. In fact, we guess that the underlying rotational behavior might also originate in residual effects from pre-main-sequence evolution, similar to IC 2391 and IC 2602. However, we have chosen to retain it in this analysis because we cannot yet afford to lose the many periods in this cluster (contributed by Prosser \& Grankin 1997).

    17 The LOWESS function implements a locally weighted regression smoothing procedure using a polynomial. No significant difference is seen with other smoothing procedures.

[^8]:    ${ }^{18}$ This can be traced to the generous limits adopted in the present instance among the open clusters for inclusion as an I sequence star, resulting in considerable contamination from incorrect rotation periods and $g$ and perhaps even C stars. This contamination results in a large scatter in $f$, but $f$ itself is defined much better because of the large number of data points involved. Further work is needed in open clusters to clarify this matter.

[^9]:    19 The calibration issue is discussed later in this section.
    ${ }^{20}$ In fact, two are underway using new data in M34 (James et al. 2007) and M35 (S. Meibom et al. 2008, in preparation).

[^10]:    ${ }^{21}$ There exists another sample of 19 southern stars for which chromospheric emission (from Henry et al. 1996) and rotation periods are both available. These overlap with another sample of stars discussed in $\S 6$, and the corresponding comparison is presented there.

[^11]:    22 We have also had to eliminate HD 124570, which, although not considered evolved in the Mount Wilson data sets, is now known to be so (e.g., Cowley 1976; S. A. B. thanks Brian Skiff for researching this star).

[^12]:    ${ }^{\text {a }}$ Only measured periods for unevolved stars are listed. They are taken, in order of priority, from Donahue et al. (1996), Baliunas et al. (1983), and Baliunas et al. (1996). The first of these lists the average rotation period of several seasonal periods (and the differential rotation), hence the priority assigned to this paper, the second a single best period determined from an intensive chromospheric monitoring program in 1980-1981 (with the error of that single determination), and the third a mean rotation period (to lower precision than the previous two publications) based on the entire extant intensive sampling database.
    ${ }^{\mathrm{b}}$ The isochrone ages listed in this and subsequent tables are taken from Takeda et al. (2007).
    ${ }^{\text {c }}$ The mean solar period of 26.09 days, taken from Donahue et al. (1996), represents the average of eight determinations and is presumably representative of the mean latitude of sunspot persistence, while the $\sim 25$ day period usually listed is the mean equatorial rotation period.
    ${ }^{\text {d }}$ Baliunas et al. (1996) list a significantly different period of 11 days.
    ${ }^{\mathrm{e}}$ The gyro age should be treated with caution because this star is a spectroscopic binary (Pourbaix 2000).
    ${ }^{\mathrm{f}}$ Period is from Donahue et al. (1996). Baliunas et al. (1996) simply list a period of 6 days.
    ${ }^{\mathrm{g}}$ Period is from Donahue et al. (1996). Baliunas et al. (1996) list a period of 11 days.
    ${ }^{\text {h }}$ This period is from Donahue et al. (1996). Baliunas et al. (1983) list a very similar period of $22.9 \pm 0.5$ days.
    ${ }^{i}$ This period is from Donahue et al. (1996). Baliunas et al. (1983) list a very similar period of $20.3 \pm 0.4$ days.
    ${ }^{\mathrm{j}}$ This period is from Baliunas et al. (1983). Baliunas et al. (1996) list a period of 21 days for all three components HD 155885, HD 155886, and HD 156026.
    ${ }^{\mathrm{k}}$ The second component, HD 165341B, of this binary is also in the Mount Wilson sample (e.g., Baliunas et al. 1996), but the period of 34 days is one calculated from chromospheric emission.
    ${ }^{1}$ The periods listed for HD 201091 and HD 201092 are from Donahue et al. (1996). Baliunas et al. (1996) list similar periods of 35 and 38 days, respectively, while Baliunas et al. (1983) list the somewhat discrepant periods of $37.9 \pm 1.0$ and 48 days, respectively.
    ${ }_{\mathrm{m}}$ The other component in this system, HD 219834A, is also in the Mount Wilson data set, but it seems to be evolved and so is excluded here.

[^13]:    ${ }^{23}$ The embedded mass dependence in the chromospheric ages can be traced to Noyes et al. (1984), where the mass dependence of chromospheric emission was based on the Rossby number and theoretical estimates of the variation of convective turnover timescale with stellar mass. The residual mass dependence could be removed eventually with the availability of larger samples of stars, especially those in open clusters.

[^14]:    ${ }^{24}$ Pizzolato et al. (2003) list periods of 29 and 42 days, respectively, sourced from Saar \& Osten (1997), which in turn sources the first to Hallam et al. (1991) and states that the latter is estimated from $\mathrm{Ca}_{\text {II }}$ measurements.
    ${ }^{25}$ S. A. B. thanks David Frew for his trouble researching these colors.
    ${ }^{26}$ The Pizzolato et al. (2003) periods would yield a slightly older gyro age of 4.6 Gyr for the system.
    ${ }^{27}$ There is a third component in the $\alpha$ Cen system, $\alpha$ Cen C (Proxima Centauri), and it too has a measured period, $31 \pm 2$ days, but its spectral type is M5 V, so it is not on the interface sequence (and hence not considered here), and it ought to follow the age dependence appropriate for the C sequence stars, but this dependence is not yet known well.
    ${ }^{28}$ Baliunas et al. (1996) list a joint period of 21 days for all three components. Pizzolato et al. (2003) reference Saar \& Osten (1997) for the 20.69 and 21.11 day periods for A and B, respectively, and Hempelmann et al. (1995), who in turn reference Noyes et al. (1984) for the 18.0 day (observed) period for C. Saar \& Osten (1997) themselves reference Donahue et al. (1996) for the A and B periods and say that the 18.5 day period is estimated from Ca II measurements.

[^15]:    ${ }^{29}$ Allegre et al. (1995) list the impressively small error of ${ }_{-1}^{+2} \mathrm{Myr}$ (in agreement with the present-day precision of radioactive dating techniques) for the age of the formation of the Allende refractory inclusions, generally accepted as the age of the Earth/meteorites/solar system. However, we astronomers do not know what event in the Sun's history corresponds to this point. Is this the ZAMS, or the birth line 43 Myr earlier (Barnes \& Sofia 1996), or some other event entirely? In view of these uncertainties, we adopt an error of 50 Myr in the age of the Sun.
    ${ }^{30}$ Note that the largest terms come from the differential rotation of the Sun and the index $b$, while the age error of the Sun contributes little to the error in $n$.

