A Handbook of Mathematical Methods and Problem-Solving Tools for Introductory Physics (Second Edition)

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For our students: past, present, and future.

Contents

Abo	About the authors		
1	Introduction	1-1	
2	Kinematics	2-1	
2.1	Equations needed with symbols defined	2-1	
2.2	Understanding the equations	2-2	
2.3	Keeping the signs straight	2-3	
2.4	Motion in two dimensions: relating x and y	2-4	
2.5	Summary and important notes	2-7	
3	Newton's laws	3-1	
3.1	Applying the first law	3-2	
3.2	Applying the second law	3-2	
3.3	Applying the third law	3-2	
3.4	Examples	3-3	
3.5	Summary and important notes	3-7	
4	Energy and momentum	4-1	
4.1	Energy	4-1	
4.2	Example	4-2	
4.3	Momentum	4-3	
4.4	Types of collisions	4-4	
4.5	Summary and important notes	4-4	
5	Circular and rotational motion	5-1	
5.1	Centripetal force	5-1	
5.2	Torque	5-4	
	5.2.1 Moment of inertia	5-6	
5.3	Waves	5-7	
5.4	Oscillations	5-7	
	5.4.1 Wavelength and period (λ , <i>T</i> , or τ)	5-8	
	5.4.2 Frequency (f or ν)	5-8	
	5.4.3 Angular frequency (ω)	5-8	
	5.4.4 Wave number (k)	5-9	

	5.4.5 Phase angle (ϕ)	5-9
	5.4.6 Quick reference guide for descriptions of oscillations	5-9
5.5	Traveling waves	5-10
5.6	Standing waves and boundary conditions	5-10
6	Basic optics	6-1
6.1	Diffraction and interference	6-1
6.2	Thin lenses	6-3
6.3	Summary and important notes	6-5
7	The right-hand rule	7-1
7.1	How to use it properly	7-2
7.2	Special case of magnetic fields from currents	7-3
7.3	Summary and important notes	7-3
8	Electric fields and electric potential	8-1
8.1	Finding fields and forces from point charges	8-1
	8.1.1 Electric field integrals	8-4
8.2	Electric potential from point charges	8-6
8.3	Summary and important notes	8-7
9	Magnetic fields	9-1
9.1	Biot–Savart law	9-1
	9.1.1 Right-hand rule for magnetic fields	9-2
	9.1.2 Calculations with the Biot-Savart law	9-3
9.2	Magnetic forces	9-4
9.3	Trigonometry for electric and magnetic field integrals	9-6
9.4	Induced currents: Faraday's and Lenz's law	9-8
10	Circuits	10-1
10.1	Ohm's law	10-1
10.2	Kirchhoff's loop and junction laws	10-2
	10.2.1 Loop law: the sum of the potential differences around a closed circuit is zero	10-2
	10.2.2 Junction law: the sum of all currents into a junction must be equal to the sum of the currents out of the junction	10-4
10.3	Summary and important notes	10-6

11	Modern physics	11-1
11.1	Relativity	11-1
	11.1.1 Time dilation	11-2
	11.1.2 Length contraction	11-4
	11.1.3 Lorentz velocity transformations	11-5
11.2	Quantum mechanics	11-6
	11.2.1 The photoelectric effect	11-7
	11.2.2 Electron transitions	11-8
	11.2.3 Wavefunctions and probability	11-9
11.3	Brief aside on energy equations	11-10
11.4	Summary and important notes	11-11
12	General problem-solving tips	12-1
12.1	Break the problem down into as small pieces as possible	12-1
12.2	Write down everything you have and what you are trying to find	12-1
12.3	Check units	12-2
12.4	Pull all the 10^n factors out of your calculation before putting it in your calculator	12-2
12.5	Practice algebra	12-3
12.6	Keep everything symbolic as long as possible	12-3
12.7	Electron volts	12-4

About the authors

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Chapter 1

Introduction

The purpose of this book is to 'fill in the holes', so to speak, that may be present after a student experiences lecture and lab on a given introductory physics topic and then tries to tackle problem solving on their own. In our experience, this independent effort of putting the pieces together is when the learning really happens, but students sometimes benefit from checking in with someone during that time. And sometimes that time comes when office hours are not available. So we wrote this little handbook with that situation in mind. It is comprised of a wide variety of insights, some bigpicture, thinking-like-a-physicist kind of ideas, and some detail-oriented, such as the best way to put in positive or negative signs. Likewise, this handbook is written with both algebra- and calculus-based introductory physics students in mind. It has coverage of ideas that will apply to all students, regardless of which type of introductory physics class you are taking, and some calculus-specific ideas.

Thus, the handbook is best suited as a companion text when you begin to work through the actual homework problems after lectures. Each section will focus on a deeper understanding of the concept and equations you will be using along with problem-solving skills. Toward that end, most sections will begin with a very careful description of each concept and equation, what every symbol means and what the equation is saying in as simple terms as possible. Remember that equations themselves are merely tools for working with concepts and you will be in much better shape if you know what tool you are looking for before you start looking, thereby preventing you from wasting time, energy, and frustration trying to solve a problem with a hammer when you really need a wrench.

This book is intended to be as straightforward as possible so that it can be used as a study guide. Everything is explained thoroughly but we have tried to avoid being too funny or asking rhetorical questions or all the things that can contribute to a physics textbook being 1000+ pages long. Along these lines, we have also erred on the side of fewer figures than you might expect, because we anticipate that you will want to refer to your course textbook as much as possible to reconcile what you see here with its presentation by your instructor and textbook. Every section will contain small summaries and important points that, in all honesty, you could probably just memorize and do reasonably well on your physics tests. But you might not really understand the physics with this approach. A much better course of action is to study these, apply them, and when you do not feel like you **need** to memorize them anymore, you are in good shape. That is to say, the summaries can be used as a test themselves in that when they feel intuitive, you have a fairly solid grasp of the material.

It is important to note this book is not exhaustive for an introductory physics course, nor is it intended to be. It is focused on the things that students usually struggle with due to, in our opinion, the disconnect that can sometimes happen between lecture and problem solving. You may not find the exact examples or explanations you are looking for, but the problem-solving techniques and conceptual explanations can be applied to almost anything in your introductory physics course. You can think of this handbook as a style manual of sorts for physics, but in a problem-solving sense. Just as with a writing handbook you would look at specific examples and then apply them more broadly as similar situations come up, you can take the ideas of this book and apply them to other problems in physics as well.

Our most significant piece of advice to students of introductory physics is that you should make time for trying problems that are new to you, without having a textbook open, and under some kind of time limit. Doing so gives you the opportunity to put all the pieces together that you are learning and make them your own. Any student we have ever had who takes this advice learns physics well. This book can support this process as a stand-alone resource for quick checks on a physics principle and how it is solved, which can then be used to inspire work on the problem at hand.

Above all, we wrote this handbook with our students, past, present, and future, in mind. We tried to consider the questions they have frequently had and what types of advice and suggestions from us seemed to be effective when implemented by them. A wonderful experience of teaching is that we teach but also learn from students. We have learned much from ours and dedicate this book to them.