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Phononic heat transfer across an interface: thermal boundary resistance

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Abstract

We present a general theory of phononic heat transfer between two solids (or a solid and a fluid) in contact at a flat interface. We present simple analytical results which can be used to estimate the heat transfer coefficient (the inverse of which is usually called the 'thermal boundary resistance' or 'Kapitza resistance'). We present numerical results for the heat transfer across solid–solid and solid–liquid He contacts, and between a membrane (graphene) and a solid substrate (amorphous SiO₂). The latter system involves the heat transfer between weakly coupled systems, and the calculated value of the heat transfer coefficient is in good agreement with the value deduced from experimental data.

(Some figures in this article are in colour only in the electronic version)

1. Introduction

Almost all surfaces in nature and technology have roughness on many different length scales [1]. When two macroscopic solids are brought into contact, even if the applied force is very small, e.g., just the weight of the upper solid block, the pressure in the asperity contact regions can be very high, usually close to the yield stress of the (plastically) softer solid. As a result good thermal contact may occur within each microscopic contact region, but owing to the small area of real contact the (macroscopic) heat transfer coefficient may still be small. In fact, recent studies have shown that in the case of surfaces with roughness on many different length scales, the heat transfer is *independent* of the area of real contact [2]. We emphasize that this remarkable and counter-intuitive result is only valid when roughness occurs over several decades in length scale.

For nanoscale systems the situation may be very different. Often the surfaces are very smooth with typically nanometer (or less) roughness on micrometer-sized surface areas, and because of adhesion the solids often make contact over a large fraction of the nominal contact area. The heat transfer between solids in perfect contact is usually calculated using the so called acoustic and diffusive mismatch models [3, 4], where it is assumed that all phonons scatter elastically at the interface between two materials. In these models there is no direct reference to the nature of the solid–solid interaction across the interface, and the models cannot describe the heat flow between weakly interacting solids. An acoustic mismatch model for the thermal contact resistance of the van der Waals contacts has been developed by Prasher [5].

Here we will discuss the heat transfer across interfaces. We focus mainly on perfectly flat interfaces, but we also give some comments on the role of surface roughness. The theory we present is general, valid for solid–solid, solid–liquid or solid–membrane systems with arbitrary strength of the interaction across the contacting interface. We present simple analytical results which can be used to estimate the heat transfer coefficient. We present numerical results for the heat transfer for solid–solid, solid–liquid He and solid–membrane contacts. We consider in detail the heat transfer between graphene and amorphous SiO₂. For this system the calculated value of the heat transfer coefficient is in good agreement with the value deduced from experimental data. A brief summary of some of the results obtained below has been presented in [6].

2. Theory

Consider the interface between two solids, and assume that local thermal equilibrium occurs everywhere except close to the interface. For weakly coupled systems this should be an excellent approximation up to atomic distances from the

⁴ www.MultiscaleConsulting.com.



Figure 1. Two solids **0** and **1** in contact. The interfacial surface separation is the sum of the equilibrium separation d_{eq} and the difference in the surface displacements $u_0 - u_1$, due to thermal movements, where both u_0 and u_1 are positive when the displacement points along the *z*-axis towards the interior of solid **1**. Due to interaction between the solids a perpendicular stress (or pressure) $\pm K(u_0(\mathbf{x}, t) - u_1(\mathbf{x}, t))$ will act on the (interfacial) surfaces of the solid.

interface, but for strongly coupled systems one cannot expect full local thermal equilibrium within one phonon mean free path from the interface. The energy flow (per unit area) through the interface is given by [2]

$$J = \alpha (T_0 - T_1),$$

where T_0 and T_1 are the local temperatures at the interface in solids **0** and **1**, respectively. The stress or pressure acting on the surface of solid **1** from solid **0** can be written as

$$\sigma(\mathbf{x}, t) = K[u_0(\mathbf{x}, t) - u_1(\mathbf{x}, t)],$$

where u_0 and u_1 are the (perpendicular) surface displacements of solids **0** and **1** (see figure 1) ($\mathbf{x} = (x, y)$ is a coordinate system in the interfacial plane), respectively, and where *K* is a spring constant per unit area characterizing the interaction between the two solids. For weakly interacting solids the parallel interfacial spring constant K_{\parallel} is usually much smaller than the perpendicular spring constant $K_{\perp} = K$, and we will neglect the heat transfer resulting from the tangential interfacial stress associated with thermal vibrations (phonons).

If we define

$$u(\mathbf{q},\omega) = \frac{1}{(2\pi)^3} \int d^2x \, dt \, u(\mathbf{x},t) \mathrm{e}^{-\mathrm{i}(\mathbf{q}\cdot\mathbf{x}-\omega t)},$$

we obtain

$$\sigma(\mathbf{q},\omega) = K[u_0(\mathbf{q},\omega) - u_1(\mathbf{q},\omega)].$$
(1)

Within linear elasticity theory [8]

$$u_1(\mathbf{q},\omega) = M_1(\mathbf{q},\omega)\sigma(\mathbf{q},\omega), \qquad (2)$$

where $M_1(\mathbf{q}, \omega)$ is determined by the elastic properties of solid **1**. We consider the heat transfer from solid **0** to solid **1**. The displacement of an atom in solid **0** is the sum of a contribution derived from the applied stress $-\sigma$, and a stochastic fluctuating contribution u_{0f} due to the thermal movement of the atoms in the solid in the absence of interaction between the solids:

$$u_0(\mathbf{q},\omega) = u_{0f}(\mathbf{q},\omega) - M_0(\mathbf{q},\omega)\sigma(\mathbf{q},\omega).$$
(3)

Combining (1)–(3) gives

$$u_1(\mathbf{q},\omega) = \frac{KM_1(\mathbf{q},\omega)}{1 + K[M_0(\mathbf{q},\omega) + M_1(\mathbf{q},\omega)]} u_{0f}(\mathbf{q},\omega), \quad (4)$$

$$u_0(\mathbf{q},\omega) = \frac{1 + KM_1(\mathbf{q},\omega)}{1 + K[M_0(\mathbf{q},\omega) + M_1(\mathbf{q},\omega)]} u_{0\mathrm{f}}(\mathbf{q},\omega).$$
(5)

The energy transferred to solid 1 from solid 0 during the time period t_0 can be written as

$$\Delta E = \int \mathrm{d}^2 x \, \mathrm{d} t \, \dot{u}_1(\mathbf{x}, t) \sigma(\mathbf{x}, t),$$

where $\dot{u} = \partial u/\partial t$, and where the time integral is over $-t_0/2 < t < t_0/2$ and the spatial integral over the interfacial surface area $A_0 = L_0^2 (-L_0/2 < x < L_0/2), -L_0/2 < y < L_0/2)$. One can also write

$$\Delta E = (2\pi)^3 \int d^2 q \, d\omega \, (-i\omega) u_1(\mathbf{q},\omega) \sigma(-\mathbf{q},-\omega).$$

Using (1), (4) and (5) we obtain

$$\Delta E = (2\pi)^3 \int d^2 q \, d\omega$$

$$\times \frac{\omega K^2 \operatorname{Im} M_1(\mathbf{q}, \omega)}{|1 + K[M_0(\mathbf{q}, \omega) + M_1(\mathbf{q}, \omega)]|^2} \langle |u_{0f}(\mathbf{q}, \omega)|^2 \rangle, \quad (6)$$

where we have performed an ensemble (or thermal) average denoted by $\langle \cdots \rangle$. Next, note that (see appendix A)

$$\langle |u_{0f}(\mathbf{q},\omega)|^2 \rangle = \frac{A_0 t_0}{(2\pi)^3} C_{uu}(\mathbf{q},\omega), \tag{7}$$

where A_0 is the surface area, and

$$C_{uu}(\mathbf{q},\omega) = \frac{1}{(2\pi)^3} \int d^2x \, dt \, \langle u_{0f}(\mathbf{x},t)u_{0f}(0,0) \rangle e^{\mathrm{i}(\mathbf{q}\cdot\mathbf{x}-\omega t)}$$

is the displacement correlation function. Using the fluctuationdissipation theorem [7] we have (see also appendices B and C)

$$C_{uu}(\mathbf{q},\omega) = \frac{2}{(2\pi)^3} \frac{\Pi(\omega)}{\omega} \operatorname{Im} M_0(\mathbf{q},\omega)$$
(8)

where $\Pi(\omega) = \hbar \omega [\exp(\hbar \omega / k_{\rm B} T_0) - 1]^{-1}$. Substituting (7) in (6) and using (8) gives the heat current $J_{0\to 1} = \Delta E / A_0 t_0$ from solid **0** to solid **1**:

$$I_{0\to 1} = \frac{4}{(2\pi)^3} \int d^2q \int_0^\infty d\omega \,\Pi(\omega)$$

$$\times \frac{K \operatorname{Im} M_0(\mathbf{q}, \omega) K \operatorname{Im} M_1(\mathbf{q}, \omega)}{|1 + K[M_0(\mathbf{q}, \omega) + M_1(\mathbf{q}, \omega)]|^2}.$$

A similar equation with T_0 replaced by T_1 gives the energy transfer from solid **1** to solid **0**, and the net energy flow $J = J_{0\to 1} - J_{1\to 0}$. The heat transfer coefficient $\alpha = (J_{0\to 1} - J_{1\to 0})/(T_0 - T_1)$ in the limit $(T_0 - T_1) \to 0$ gives:

$$\alpha = \frac{4}{(2\pi)^3} \int d^2 q \int_0^\infty d\omega \, \frac{\partial \Pi(\omega)}{\partial T} \times \frac{K \operatorname{Im} M_0(\mathbf{q}, \omega) K \operatorname{Im} M_1(\mathbf{q}, \omega)}{|1 + K[M_0(\mathbf{q}, \omega) + M_1(\mathbf{q}, \omega)]|^2}.$$
(9)

To proceed we need expressions for $M_0(\mathbf{q}, \omega)$ and $M_1(\mathbf{q}, \omega)$. Here we give the *M*-function for (a) solids,

(b) liquids and (c) membranes. In what follows we do not account for the atomistic nature of matter but use a continuum description so that all vibrational modes of 3D solids have linear dispersion relation, and the bending mode of the (2D) membrane quadratic dispersion.

2.1. Solids

Within the elastic continuum model, for an elastic solid with isotropic elastic properties we have [8, 9]

$$M = \frac{\mathrm{i}}{\rho c_{\mathrm{T}}^2} \frac{p_{\mathrm{L}}(q,\omega)}{S(q,\omega)} \left(\frac{\omega}{c_{\mathrm{T}}}\right)^2,\tag{10}$$

where

$$S = \left[\left(\frac{\omega}{c_{\rm T}}\right)^2 - 2q^2 \right]^2 + 4q^2 p_{\rm T} p_{\rm L},$$
$$p_{\rm L} = \left[\left(\frac{\omega}{c_{\rm L}}\right)^2 - q^2 + \mathrm{i0} \right]^{1/2},$$
$$p_{\rm T} = \left[\left(\frac{\omega}{c_{\rm T}}\right)^2 - q^2 + \mathrm{i0} \right]^{1/2},$$

where $c_{\rm L}$, $c_{\rm T}$ and ρ are the longitudinal and transverse sound velocities, and the mass density, respectively.

2.2. Liquids

Since the shear modulus vanishes for liquids, only longitudinal sound waves can propagate in liquids. The *M*-function of liquids can be obtained directly from the solid case by letting $c_T \rightarrow 0$:

$$M = \frac{\mathrm{i}p_{\mathrm{L}}}{\rho\omega^2} = \frac{\mathrm{i}}{\rho\omega^2} \left[\left(\frac{\omega}{c_{\mathrm{L}}}\right)^2 - q^2 + \mathrm{i}0 \right]^{1/2}.$$
 (11)

2.3. Membranes

We assume that the out-of-plane displacement $u(\mathbf{x}, t)$ satisfies

$$\rho_0 \frac{\partial^2 u}{\partial t^2} = -\kappa \nabla^2 \nabla^2 u + \sigma, \qquad (12)$$

where $\rho_0 = n_0 m_0$ is the mass density per unit *area* of the 2D system (m_0 is the atom mass and n_0 the number of atoms per unit area), κ is the bending elasticity (for graphene, $\kappa \approx 1$ eV [10]), and $\sigma(\mathbf{x}, t)$ is an external stress acting perpendicular to the membrane (or xy plane). Using the definition $M(\mathbf{q}, \omega) = u(\mathbf{q}, \omega)/\sigma(\mathbf{q}, \omega)$ from (12) we get

$$M = \frac{1}{\kappa q^4 - \rho_0 \omega^2 - \mathrm{i}0^+}.$$
 (13)

3. Some limiting cases

Assuming weak coupling between the solids (i.e., *K* is so small that $K[M_0(\mathbf{q}, \omega) + M_1(\mathbf{q}, \omega)] \ll 1$), (9) reduces to

$$\alpha = \frac{4K^2}{(2\pi)^3} \int d^2q \int_0^\infty d\omega \, \frac{\partial \Pi(\omega)}{\partial T} \operatorname{Im} M_1(\mathbf{q}, \omega) \operatorname{Im} M_0(\mathbf{q}, \omega).$$
(14)

In the opposite limit of strong coupling $(K[M_0(\mathbf{q}, \omega) + M_1(\mathbf{q}, \omega)] \gg 1)$ we get

$$\alpha = \frac{4}{(2\pi)^3} \int d^2 q \int_0^\infty d\omega \, \frac{\partial \Pi(\omega)}{\partial T} \frac{\operatorname{Im} M_0(\mathbf{q}, \omega) \operatorname{Im} M_1(\mathbf{q}, \omega)}{|M_0(\mathbf{q}, \omega) + M_1(\mathbf{q}, \omega)|^2},$$
(15)

which does not depend on K. Note also that for very low temperatures only very low frequency phonons will be thermally excited. Assuming a semi-infinite solid, as $\omega \sim q \rightarrow 0$, from (10) we have $|M| \approx 1/(\rho c \omega) \rightarrow \infty$ (where c is the sound velocity and ρ the mass density). Thus, at low enough temperature (9) reduces to (15) i.e., for very low temperatures the heat transfer is *independent* of the strength of the interaction across the interface. The physical reason for this is that at very low temperature the wavelength of the phonons becomes very long and the interfacial interaction becomes irrelevant. The transition between the two regions of behavior occurs when $K|M| \approx 1$. Since $|M| \approx 1/(\rho c \omega)$ we get $K \approx \rho c \omega$. But $\hbar \omega \approx k_{\rm B} T$ and defining the thermal length $\lambda_{\rm T} = c/\omega = c\hbar/k_{\rm B}T$ we get the condition $K \approx \rho c^2/\lambda_{\rm T}$. Since the elastic modulus $E \approx \rho c^2$ we get $K \approx E/\lambda_{\rm T}$. We can define a spring constant between the atoms in the solid via k' = Ea, where a is the lattice constant. Since $K = k/a^2$ we get $k \approx (a/\lambda_{\rm T})k'$ as the condition for the transition between the two different regimes in the heat transfer behavior. For most solids at room temperature $\lambda_{\rm T} \approx a$, but at very low temperatures $\lambda_T \gg a$ which means that even a very weak (soft) interface (for which k is small), will appear as very strong (stiff) with respect to the heat transfer at low temperatures (this result has also been obtained by Prasher [5]).

Let us consider the case where the two solids are identical, and assume strong coupling where (15) holds. For this case we do not expect that the interface will restrict the energy flow. If we consider high temperature the kinetic energy per atom in solid **0** will be $\sim k_B T_0$ so the energy density $Q \approx k_B T_0/a_0^3$ (where a_0 is the lattice constant). Thus if solid **1** is at zero temperature we expect the energy flow current across the interface to be of order $J \approx Qc/4$ (the factor of 1/4 results from the fact that only half the phonons propagate in the positive z-direction and the average velocity of these phonons in the z-direction is c/2). Thus we expect $\alpha \approx k_B c/(4a_0^3)$. This result follows also from (15) if we notice that for $M_0 = M_1$ and high temperatures

$$\alpha \approx \frac{k_{\rm B}}{(2\pi)^3} \int {\rm d}^2 q \int_0^\infty {\rm d}\omega \, \left[\frac{{\rm Im} \, M_0(\mathbf{q}, \omega)}{|M_0(\mathbf{q}, \omega)|} \right]^2. \tag{16}$$

If we assume for simplicity that M_0 is given by (11) (but the same qualitative result is obtained for solids) then the factor involving M_0 is equal to unity for $\omega > c_L q$ and zero otherwise. Thus (16) reduces to

$$lpha pprox rac{k_{
m B}}{(2\pi)^2} \int_0^{c_{
m L}q_{
m c}} {
m d}\omega \int_0^{\omega/c_{
m L}} {
m d}q \, q = rac{\pi c_{
m L}k_{
m B}}{24a_0^3},$$

where we have used $q_c \approx \pi/a_0$. Thus for identical materials and strong coupling (9) reduces to the expected result.

Let us now briefly discuss the temperature dependence of the heat transfer coefficient for high and low temperatures. For very low temperatures α is given by (15). Consider first a solid in contact with a solid or liquid. For these cases it follows that $M \sim 1/\omega$ (where we have used that $\omega \sim q$) so the temperature dependence of the heat transfer coefficient is determined by the term

$$\alpha \sim \int_0^\infty \mathrm{d}\omega \, \frac{\partial \Pi(\omega)}{\partial T} \omega^2,$$

where we also have used $d^2q \sim \omega^2$. Thus we get

$$\alpha \sim \int_0^\infty \mathrm{d}\omega \, \frac{\exp(\hbar\omega/k_\mathrm{B}T)}{\left[\exp(\hbar\omega/k_\mathrm{B}T) - 1\right]^2} \left(\frac{\hbar\omega}{k_\mathrm{B}T}\right)^2 \omega^2 \sim T^3$$

which agrees with the low temperature dependence predicted by the acoustic mismatch model [3]. For high temperatures, and assuming weak coupling, one obtains in the same way from (14) that α is temperature independent. However, the spring constant (per unit area) *K* may depend on the temperature, e.g., as a result of thermally induced rearrangement of the atoms at the contacting interface or thermally induced increase in the separation of the two surfaces at the interface which may be particularly important for weakly interacting systems. The temperature dependence of α for the case of solid–solid and solid–membrane contacts will be discussed in section 5.

4. Phonon heat transfer at disordered interfaces: friction model

At high temperature and for atomically disordered interfaces, the interfacial atoms will perform very irregular, stochastic motion. In this case the heat transfer coefficient α can be obtained (approximately) from a classical 'friction' model. This treatment does not take into account in a detailed way the restrictions on the energy transfer process by the conservation of parallel momentum, which arises for periodic (or homogeneous) solids. See also appendix D.

Let us assume that solid 0 has a lower maximal phonon frequency than solid 1. In this case, most elastic waves (phonons) in solid 0 can in principle propagate into solid 1, while the opposite is not true, since a phonon in solid 1 with higher energy than the maximum phonon energy in solid 0will, because of energy conservation, be totally reflected at the interface between the solids.

Consider an atom in solid **0** (with mass m_0) vibrating with the velocity $(\mathbf{v}_{\parallel}, v_{\perp})$. The atom will exert a fluctuating force on solid **1** which will result in elastic waves (phonons) being excited in solid **1**. The emitted waves give rise to a friction force acting on the atom in solid **0** (from solid **1**), which we can write as [9]

$$\mathbf{F}_f = -m_0 \eta_{\parallel} \mathbf{v}_{\parallel} - m_0 \eta_{\perp} \mathbf{v}_{\perp},$$

and the power transfer to solid **1** will be

$$P = -\langle \mathbf{F}_f \cdot \mathbf{v} \rangle = m_0 \eta_{\parallel} \langle v_{\parallel}^2 \rangle + m_0 \eta_{\perp} \langle v_{\parallel}^2 \rangle.$$

At high temperatures

$$m_0 \langle v_{\parallel}^2 \rangle = 2k_{\rm B}T_0, \qquad m_0 \langle v_{\perp}^2 \rangle = k_{\rm B}T_0.$$

Hence

$$P = (2\eta_{\parallel} + \eta_{\perp})k_{\rm B}T_0.$$

A similar formula (with T_0 replaced by T_1) gives the power transfer from solid **1** to solid **0**. Hence

$$J = n_0 (2\eta_{\parallel} + \eta_{\perp}) k_{\rm B} (T_0 - T_1),$$

where $n_0 = 1/a_0^2$ is the number of interfacial atoms per unit area in solid **0**. Thus we get

$$\alpha = n_0 (2\eta_{\parallel} + \eta_{\perp}) k_{\rm B}. \tag{17}$$

For weak interfacial coupling we expect $\eta_{\perp} \gg \eta_{\parallel}$, and we can neglect the η_{\parallel} -term in (17).

The damping or friction coefficient η_{\perp} due to phonon emission was calculated within elastic continuum mechanics in [9]. We have

$$\eta_{\perp} \approx \frac{k^2 \xi'}{\rho_1 m_0 c_{\rm T}^3} = \frac{K^2 a_0^4 \xi'}{\rho_1 m_0 c_{\rm T}^3},\tag{18}$$

where⁵ $\xi' \approx 0.13$. Using $n_0 = 1/a_0^2$ and substituting (18) in (17) gives

$$\alpha = \frac{k_{\rm B} K^2 \xi'}{\rho_0 \rho_1 c_{\rm T}^3},\tag{19}$$

where

$$\xi' = \frac{1}{8\pi} \operatorname{Re} \int_0^\infty \mathrm{d}x \, \frac{2 \, (\gamma - x)^{1/2}}{(1 - 2x)^2 + 4 \, (1 - x)^{1/2} \, (\gamma - x)^{1/2}}$$

where $\gamma = (c_T/c_L)^2$, and $\rho_0 = n_0 m_0$ is the (one atomic layer) mass per unit surface area of solid **0**. There are two contributions to the integral ξ' . One is derived from the region x < 1 where the integral clearly has a non-vanishing real part. This contribution corresponds to excitation of transverse and longitudinal acoustic phonons. The second contribution arises from the vicinity of the point (for x > 1) where the denominator vanishes. This pole contribution corresponds to excitation of surface (Rayleigh) waves. As shown in [9], about 65% of the radiated energy is due to the surface (Rayleigh) phonons, and the rest to bulk acoustic phonons.

We emphasize that (19) is only valid for high temperatures and weak coupling. A more general equation for the heat transfer between solids when the phonon emission occurs incoherently is derived in appendix D:

$$\alpha \approx \frac{4A^*}{(2\pi)^3} \int_0^\infty \mathrm{d}\omega \ \frac{\partial \Pi(\omega)}{\partial T} \frac{K \operatorname{Im} M_0(\omega) K \operatorname{Im} M_1(\omega)}{|1 + K[M_0(\omega) + M_1(\omega)]|^2},$$
(20)

where

N

$$I(\omega) = \frac{1}{A^*} \int_{q < q_c} \mathrm{d}^2 q \; M(\mathbf{q}, \omega),$$

and the integral is over $|\mathbf{q}| < q_c$, where $\pi q_c^2 = A^*$. The cut-off wavevector q_c is the smallest of q_1 and q_2 , where

⁵ In [9] we have calculated $\xi' = \xi_{\perp}/8\pi$ within the elastic continuum model. It only depends on the ratio $\lambda = c_{\rm T}/c_{\rm L}$. For $\lambda = 0.5$ the contribution to ξ_{\perp} from emission of surface phonons is 2.10 and the contribution from bulk longitudinal and transverse phonons is 1.19, giving $\xi' = (2.10 + 1.19)/8\pi \approx 0.13$.



Figure 2. The logarithm (with 10 as basis) of the heat transfer coefficient as a function of the logarithm of the temperature for weakly interacting solids (soft) with $K = 2.52 \times 10^{19}$ N m⁻³, and for solids which interact more strongly (stiff) with ten times larger *K*. The solid lines are for coherent phonon transmission, and the dashed lines for incoherent phonon transmission. The initial slope (for low temperature) of the curves is 3, corresponding to a $\sim T^3$ temperature dependence.

 $\pi q_1^2 = (2\pi)^2 / a_0^2 (a_0 \text{ is the lattice constant}) \text{ and } q_2 = k_{\rm B}T/\hbar c_0$ (c_0 is the smallest sound velocity of solid **0**) is the thermal wavevector. For high temperatures and weak coupling, for an Einstein model of solid **0**, (20) reduces to (19) (see appendix E).

5. Numerical results

We now present some numerical results to illustrate the theory presented above. We consider solid–solid, solid–liquid and solid–membrane systems.

5.1. Solid-solid

We consider the heat transfer between two solids with perfectly flat contacting surfaces. We take the sound velocities and the mass density and the (average) lattice constant to be those of SiO₂. We consider two cases: weakly interacting solids (soft interface) with $K = 2.52 \times 10^{19}$ N m⁻³ (see figure 4), and solids with stronger interaction (stiff interface), with ten times larger K. In figure 2 we show the heat transfer coefficient as a function of temperature. Note that for high temperatures α is nearly 100 times larger for the stiff case as compared to the soft case. This result is expected based on equation (9)which shows that $\alpha \sim K^2$ as long as K is not too large or the temperature too low. For low temperatures both cases give very similar results, and for T < 3 K the heat transfer coefficient $\alpha \sim T^3$. The reason why at low temperatures the heat transfer is independent of the strength of the interfacial interaction was explained in section 3, and it is due to the long wavelength of the thermally excited phonons at low temperature.

For incoherent phonon transmission, using (20) we obtain the result shown by dashed curves in figure 2. For both the soft and stiff interfaces the results obtained assuming coherent and incoherent phonon transmission are similar.



Figure 3. The calculated contact resistance (multiplied by T^3) between liquid ⁴He and a-SiO₂ as a function of the temperature, with $K = 1.18 \times 10^{19}$ N m⁻³.



Figure 4. The calculated graphene–a-SiO₂ interaction energy, U(d), per graphene carbon atom, as a function of the separation d (in nm) between the center of a graphene carbon atom and the center of the first layer of substrate atoms. See text for details.

5.2. Solid-liquid

Heat transfer between liquid ⁴He and solids was studied by Kapitza [11] about 60 years ago, and $R = 1/\alpha$ is usually denoted as the Kapitza resistance [3, 12]. Let us apply the theory above to the heat transfer between liquid ⁴He and a-SiO₂. In the calculation we use a He-substrate potential with well depth of 10.2 meV and ⁴He-substrate equilibrium bond distance $d_{\rm eq} = 2.2$ Å which agree with the model parameters used in [17]. With these parameters we get the perpendicular He-substrate vibration frequency $\omega_{\perp} \approx 91 \text{ cm}^{-1}$ and the spring constant $K = 1.18 \times 10^{19} \text{ N m}^{-3}$. In figure 3 we show the calculated contact resistance R (multiplied by T^3), as a function of the temperature T. In this calculation we have assumed that all the parameters (e.g., ⁴He sound velocity c_0 and mass density ρ_0) characterizing the system are temperature independent⁶. The Kapitza resistance has been measured (for T > 1 K) for liquid ⁴He in contact with quartz [14] and sapphire [13] and scales roughly with temperature as T^{-3} , and the magnitude for T = 1 K is roughly ten times smaller than our calculated result assuming incoherent phonon transfer. Experiment shows that for T < 0.5 K

⁶ In the calculation we have used sound velocity and mass density of ⁴He: $c_{L0} = 238 \text{ m s}^{-1}$ and $\rho_0 = 150 \text{ kg m}^{-3}$; sound velocity and mass density of a-SiO₂: $c_{T1} = 3743 \text{ m s}^{-1}$, $c_{L1} = 5953 \text{ m s}^{-1}$, and $\rho_1 = 2200 \text{ kg m}^{-3}$.

the Kapitza resistance increases much faster with decreasing temperature than expected from the $R \sim T^{-3}$ -dependence predicted by our theory and most other theories. It is not clear what the origin of this discrepancy may be, but it has been suggested to be associated with surface roughness. Unfortunately, most measurements of the Kapitza resistance were performed before recent advances in surface science, and many of the studied systems are likely to have oxide and unknown contamination layers, which may explain the large fluctuations in the measured contact resistance for nominally identical systems.

5.3. Solid-membrane

Recently it has been found that the heat generation in graphene field-effect transistors can result in high temperature and device failure [16]. Thus, it is important to understand the mechanisms which influence the heat flow. Graphene can be considered as a 2D system (membrane). In this case, from (13) we get

Im
$$M_0(\mathbf{q},\omega) = \pi \delta(\kappa q^4 - \rho_0 \omega^2) = \frac{\pi}{2\rho_0 \omega_1} \delta(\omega - \omega_1),$$
 (21)

where $\omega_1 = (\kappa/\rho_0)^{1/2}q^2 = c(q)q$. We have defined the velocity $c(q) = (\kappa/\rho_0)^{1/2}q$. Substituting (21) in (9) and assuming high temperatures $(k_{\rm B}T_0 \gg \hbar\omega_1)$ so that $\Pi(\omega) \approx k_{\rm B}T_0$ gives

$$J_{0\to 1} = \frac{k_{\rm B}T_0}{2\pi\rho_0} \int_0^\infty \mathrm{d}q \; \frac{q}{\omega_1} K^2 \,\mathrm{Im} \, M_1(\mathbf{q},\omega_1).$$

The heat transfer coefficient $\alpha = (J_{0 \rightarrow 1} - J_{1 \rightarrow 0})/(T_0 - T_1)$ is given by

$$\alpha = \frac{k_{\rm B}}{2\pi\rho_0} \int_0^\infty \mathrm{d}q \; \frac{q}{\omega_1} K^2 \,\mathrm{Im} \, M_1(\mathbf{q},\omega_1). \tag{22}$$

Using the expression for $M_1(\mathbf{q}, \omega)$ derived in [8, 9] and $\omega_1 = c(q)q$ gives

$$\alpha = \frac{k_{\rm B} K^2 \xi}{\rho_0 \rho_1 c_{\rm T}^3},\tag{23}$$

where

$$\begin{split} \xi &= \frac{1}{2\pi} \int_0^{q_c} \mathrm{d}q \, \frac{1}{q} \frac{c(q)}{c_{\mathrm{T}}} \\ &\times \operatorname{Re} \, \left(\frac{\left[\frac{c^2(q)}{c_{\mathrm{T}}^2} - 1\right]^{1/2}}{\left[\frac{c^2(q)}{c_{\mathrm{T}}^2} - 2\right]^2 + 4\left[\frac{c^2(q)}{c_{\mathrm{T}}^2} - 1\right]^{1/2}\left[\frac{c^2(q)}{c_{\mathrm{L}}^2} - 1\right]^{1/2}} \right). \end{split}$$

 $c_{\rm L}$, $c_{\rm T}$ and ρ_1 are the longitudinal and transverse sound velocities, and the mass density, respectively, of solid **1**. The cut-off wavevector $q_{\rm c} \approx \pi/a_1$ (a_1 is the lattice constant, or the average distance between two nearby atoms) of solid **1**.

There are two contributions to the integral ξ . One is derived from $c(q) > c_L$, but for graphene on a-SiO₂ this gives only ~10% of the contribution to the integral. For $c(q) < c_L$ the term after the Re operator is purely imaginary (and will therefore not contribute to the integral), *except* for the case where the denominator vanishes. It is found that this pole contribution gives the main contribution (~90%) to the integral, and corresponds to the excitation of a Rayleigh surface (acoustic) phonon of solid **1**. This process involves energy exchange between a bending vibrational mode of the

$$\left[\frac{c_{\rm R}^2}{c_{\rm T}^2} - 2\right]^2 - 4\left[1 - \frac{c_{\rm R}^2}{c_{\rm T}^2}\right]^{1/2} \left[1 - \frac{c_{\rm R}^2}{c_{\rm L}^2}\right]^{1/2} = 0.$$

graphene and a Rayleigh surface phonon mode of solid 1. The

denominator vanishes when $c(q) = c_{\rm R}$, where

Note that the Rayleigh velocity $c_{\rm R} < c_{\rm T}$ but close to $c_{\rm T}$. For example, when $c_{\rm L}/c_{\rm T} = 2$, $c_{\rm R} \approx 0.93c_{\rm T}$, and the pole contribution to the integral in ξ is 0.083. Note that (23) is of the same form as (19), and since $\xi' \approx 0.13 \approx \xi$ they give very similar results.

In the model above the heat transfer between the solids involves a single bending mode of the membrane or 2D system. Because of the weak interaction (and large separation) between the graphene and the substrate, it is likely that the coupling between the in-plane vibrational modes of graphene and the substrate is negligible. However, in reality there will always be some roughness at the interface which will blur the wavevector conservation rule. We therefore expect a narrow band of bending modes to be involved in the energy transfer, rather than a single mode. The model study above assumes implicitly that, due to lattice nonlinearity (and defects), there exist phonon scattering processes which rapidly transfer energy to the bending mode involved in the heat exchange with the substrate. This requires very weak coupling to the substrate, so that the energy transfer to the substrate is so slow that the bending mode can be repopulated by phonon scattering processes in the 2D system, e.g., from the in-plane phonon modes, in such a way that its population is always close to what would be the case if complete thermal equilibrium occurred in the 2D system. This may require high temperature in order for multi-phonon scattering processes to occur with sufficient rates.

We now consider graphene on amorphous SiO₂. Graphene, the recently isolated 2D carbon material with unique properties due to its linear electronic dispersion, is being actively explored for electronic applications [15]. Important properties are the high mobilities reported especially in suspended graphene, the fact that graphene is the ultimately thin material, the stability of the carbon–carbon bond, the ability to induce a band gap by electron confinement in graphene nanoribbons, and its planar nature, which allows established patterning and etching techniques to be applied. Recently it has been found that the heat generation in graphene field-effect transistors can result in high temperature and device failure [16]. Thus, it is important to understand the mechanisms which influence the heat flow.

The graphene–a-SiO₂ interaction is probably of the van der Waals type. In [18] the interaction between the graphene C atoms and the substrate Si and O atoms was assumed to be described by Lennard-Jones (LJ) pair-potentials. Here we use a simplified picture where the substrate atoms form a simple cubic lattice with the lattice constant determined by $a_1 = (\bar{m}/\rho_1)^{1/3} \approx 0.25$ nm, where $\bar{m} = (m_{\rm Si} + 2m_{\rm O})/3 \approx 3.32 \times 10^{-26}$ kg is the average substrate atomic mass, and $\rho_1 \approx 2200$ kg m⁻³ the mass density of a-SiO₂. We also use the effective LJ energy parameter $\epsilon = (\epsilon_{\rm Si} + 2\epsilon_{\rm O})/3 \approx 5.3$ meV,



Figure 5. The logarithm of the contact resistance for graphene on a-SiO₂ as a function of the logarithm of the temperature. Square symbols: measured data from [21]. Solid lines: the calculated contact resistance using equation (24) with $\hbar\omega_0 = 11$ meV (upper curve) and $\hbar\omega_0 = 7$ meV (lower curve).

and the bond-length parameter $\sigma = (\sigma_{\rm Si} + 2\sigma_{\rm O})/3 \approx 0.31$ nm. With these parameters we can calculate the graphene–a-SiO₂ interaction energy, U(d), per graphene carbon atom, as a function of the separation d between the center of a graphene carbon atom and the center of the first layer of substrate atoms. We find (see figure 4) the graphene–a-SiO₂ binding energy $E_{\rm b} = -U(d_{\rm eq}) \approx 35$ meV per carbon atom, and the force constant $k = U''(d_{eq})$ (where $\dot{d}_{eq} \approx 0.32$ nm is the equilibrium separation), $k = Ka_0^2 = 2.4$ N m⁻¹ per carbon atom. This gives the perpendicular graphene-a-SiO2 (uniform) vibration frequency $\omega_{\perp} \approx (k/m_0)^{1/2} \approx 55 \text{ cm}^{-1}$, which is similar to what is observed for the perpendicular vibrations of linear alkane molecules on many surfaces (e.g., about 50–60 cm^{-1} for alkanes on metals and on hydrogen terminated diamond C(111) [19]). Using $K = k/a_0^2 = 1.82 \times 10^{20} \text{ N m}^{-3}$, and the transverse and longitudinal sound velocities of solid 1 $(c_{\rm T} = 3743 \text{ m s}^{-1} \text{ and } c_{\rm L} = 5953 \text{ m s}^{-1})$, from (19) we obtain $\alpha \approx 3 \times 10^8 \text{ W K}^{-1} \text{ m}^{-2}.$

The heat transfer coefficient between graphene and a *perfectly flat* a-SiO₂ substrate has not been measured directly, but measurements of the heat transfer between carbon nanotubes and sapphire by Maune *et al* [20] indicate that it may be of order $\alpha \approx 8 \times 10^8$ W m⁻² K⁻¹. This value was deduced indirectly by measuring the breakdown voltage of carbon nanotubes, which could be related to the temperature increase in the nanotubes. Molecular dynamics calculations [18] for nanotubes on a-SiO₂ give $\alpha \approx 3 \times 10^8$ W m⁻² K⁻¹ (here it has been assumed that the contact width between the nanotube and the substrate is 1/5 of the diameter of the nanotube). Finally, using a so called 3ω method, Chen *et al* [21] have measured the heat transfer coefficient $\alpha \approx 2 \times 10^8$ W m⁻² K⁻¹.

We now discuss the temperature dependence of the heat transfer coefficient. If we assume that most of the heat transfer is via a substrate phonon mode at the frequency ω_0 , then the temperature dependence of α should be given by

$$\frac{\mathrm{d}\Pi(\omega_0)}{\mathrm{d}T} = \frac{x^2 \mathrm{e}^x}{(\mathrm{e}^x - 1)^2},$$
(24)

where $x = \hbar \omega_0 / k_B T$. In figure 5 we show the temperature dependence of the heat transfer coefficient measured by Chen



Figure 6. The frequency of the graphene bending mode becomes equal to the frequency of the Rayleigh mode when $\omega_{\text{bend}}(q) = \omega_{\text{R}}(q)$. The Rayleigh mode dispersion was measured for α -quartz (0001) [26] and the bending mode dispersion was calculated using $\omega_{\text{bend}} = (\kappa/\rho_0)^{1/2}q^2$ with bending stiffness $\kappa = 1.1$ eV as obtained in [10].

et al [21] for 42 K < T < 310 K. The solid lines have been calculated using (24) with $\hbar\omega_0 = 11$ meV (upper curve) and 7 meV (lower curve). In our model all the substrate vibrational modes have linear dispersion relation, e.g., $\hbar \omega = c_{\rm R} q$ for the Rayleigh mode, and since the measured phonon frequency $\omega(q)$ falls below the line obtained by extending the initial linear dispersion to higher frequencies, it follows that the frequency where the graphene bending mode becomes equal to the frequency of the Rayleigh mode will occur at higher frequency than expected using the measured Rayleigh mode dispersion relation. This is illustrated in figure 6, where we show the measured Rayleigh mode dispersion for α -quartz (0001) [26]. Note that the frequencies of the bending mode and the Rayleigh mode become equal when $\hbar\omega \approx 7$ meV. However, using this excitation energy in (24) gives too weak temperature dependence. There are two possible explanations for this.

(a) In an improved calculation using the measured dispersion relations for the substrate phonon modes, emission of bulk phonons may become more important than in the present study where we assumed the linear phonon dispersion is valid for all wavevectors q. This would make higher excitation energies more important and could lead to the effective (or average) excitation energy 11 meV necessary to fit the observed temperature dependence.

(b) As pointed out in section 3, the model developed above for the heat transfer involves a single, or a narrow band of, bending modes of the membrane or 2D system. In order for this model to be valid, the coupling to the substrate must be so weak that the energy transfer to the substrate from the bending mode occurs so slowly that the mode can be repopulated by phonon scattering processes, in such a way that its population is always close to what is expected if full thermal equilibrium would occur within the 2D system. This may require high temperature in order for multi-phonon scattering processes to occur with high enough rates. This may contribute to the decrease in the heat transfer coefficient observed for the graphene–a-SiO₂ system below room temperature [21]. Finally, we note that recently it has been suggested [16, 24] that the heat transfer between graphene and a-SiO₂ may involve photon tunneling [25]. That is, coupling via the electromagnetic field between electron-hole pair excitations in graphene and optical phonons in a-SiO₂. However, our calculations indicate that for graphene adsorbed on a-SiO₂ the field coupling gives a negligible contribution to the heat transfer [22, 23].

6. Role of surface roughness

Surfaces of engineering interest are never perfectly smooth and this must always be taken into account when analyzing interfacial heat transfer between contacting solids. As discussed above, surface roughness and interfacial disorder on the same length scale as the phonon wavelength may result in strong diffusive-like phonon scattering which may drastically affect the interfacial heat transfer. In addition, for elastically hard solids the area of real (atomic) contact A is usually a very small fraction of the apparent contact area A_0 , which has a strong influence on the heat transfer [2], and in many cases most of the heat may flow in the air film separating the non-contact region. The heat transfer via the area of real contact is determined not just by the heat transfer resistance across the contacting interface (of atomic scale thickness) as studied above, but often most of the heat flow resistance is caused by the so called spreading resistance, related to the interaction between the heat flow filaments which emerge from the areas of real contact. This latter contribution depends on the wide (fractal-like) distribution of surface roughness length scales exhibited by most surfaces of macroscopic solids, see figure 7. One can show that the total heat transfer resistance is (approximately) the sum of the two mentioned contributions:

$$\frac{1}{\alpha} \approx \frac{1}{\alpha_{\rm spred}} + \frac{1}{\alpha_{\rm c}}$$

where $1/\alpha_{spred}$ is the spreading resistance studied in [2], and $1/\alpha_c$ the resistance which determines the temperature jump (on atomistic length scale) across the area of real contact. One can show that (see appendix **F**)

$$\frac{1}{\alpha_{\rm c}} \approx \frac{1}{\alpha_{\rm b}} \frac{1}{A_0 J_0^2} \int \mathrm{d}^2 x \ J_z^2(\mathbf{x}),$$

where $J_z(\mathbf{x})$ is the heat current at the interface, J_0 the average heat current, and α_b the (boundary) heat transfer coefficient studied above (see section 2). If the heat current were to be constant through the area of real contact, then $J_z = (A_0/A)J_0$, where A is the area of real contact. In this case we get $\alpha_c \approx (A/A_0)\alpha_b$ and

$$\frac{1}{\alpha} \approx \frac{1}{\alpha_{\text{spred}}} + \frac{1}{\alpha_{\text{b}}} \frac{A_0}{A}.$$
 (25)

For most hard macroscopic solids the local pressure in the contact regions is very high, which may result in 'cold welded' contact regions with good thermal contact, in which case the contribution from the spreading resistance dominates the contact resistance. However, for weakly coupled microscopic



Figure 7. Heat flow in the contact region between a rigid block with a flat surface (bottom) and an elastic solid with a randomly rough surface (top). The orange lines denote the heat current flux lines in the upper solid. The heat current flaments expand laterally until the filaments from the different contact regions touch each other. The 'interaction' between the filaments gives rise to the spreading resistance. Because of the fractal nature of most surfaces the interaction between the heat flow filaments occurs on many different length scales.

solids the contribution from the second term in (25) may be very important.

In [16] the temperature profile in graphene under current was studied experimentally. The heat transfer coefficient between graphene and the a-SiO₂ substrate was determined by modeling the heat flow using the standard heat flow equation with the heat transfer coefficient as the only unknown quantity. The authors found that using a constant (temperature independent) heat transfer coefficient $\alpha \approx 2.5 \times 10^7 \text{ W m}^{-2} \text{ K}^{-1}$ the calculated temperature profiles in graphene are in good agreement with experiment. This α is about ten times smaller than expected for perfectly flat surfaces (see section 5.3). In [22, 23] we studied the heat transfer between graphene and a-SiO₂. We assumed that because of surface roughness the graphene only makes partial contact with the SiO₂ substrate, which will reduce the heat transfer coefficient as compared to the perfect contact case. The analysis indicated that the spreading resistance contribution in (25) may be very important, and could explain the magnitude of the observed heat contact resistance. However, assuming that (due to the roughness) $A/A_0 \approx 0.1$, the second term in (25) becomes of the same order of magnitude as the measured heat contact resistance. Thus, in this particular application it is not clear which term in (25) dominates the heat resistance, and probably both terms are important.

7. Summary

To summarize, we have studied the heat transfer between coupled systems with flat interfaces. We have presented simple analytical results which can be used to estimate the heat transfer coefficient. The interaction between the solids is characterized by a spring constant (per unit area) K. The formalism developed is general and valid both for strongly interacting $(K \rightarrow \infty)$ and weakly interacting $(K \rightarrow 0)$ solids. We have shown that at low enough temperatures, even a very weak interfacial interaction will appear strong, and the heat transfer is then given by the limiting formula obtained as $K \to \infty$. Earlier analytical theories of heat transfer [3] do not account for the strength of the interaction between the solids, but correspond to the limiting case $K \to \infty$. However, we have shown that at room temperature (or higher temperatures) the heat transfer between weakly interacting solids may be 100 times (or more) slower than between strongly interacting solids.

Detailed results were presented for the heat transfer between a membrane (graphene) and a semi-infinite solid (a-SiO₂). For this case the energy transfer is dominated by energy exchange between a bending vibrational mode of the graphene, and a Rayleigh surface phonon mode of the substrate. This model assumes implicitly that, due to the lattice nonlinearity (and defects), there exist phonon scattering processes which rapidly transfer energy to the bending mode involved in the heat exchange with the substrate. This may require high temperature in order for multi-phonon scattering processes to occur at high enough rate. The calculated value of the heat transfer coefficient was found to be in good agreement with the value deduced from the experimental data.

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Appendix A

Here we prove equation (7). We get

$$\begin{aligned} \langle |u_{0f}(\mathbf{q},\omega)|^2 \rangle &= \frac{1}{(2\pi)^6} \int d^2 x \, dt \, d^2 x' \, dt' \\ &\times \langle u_{0f}(\mathbf{x},t) u_{0f}(\mathbf{x}',t') \rangle e^{i[\mathbf{q} \cdot (\mathbf{x}-\mathbf{x}') - \omega(t-t')]} \\ &= \frac{1}{(2\pi)^6} \int d^2 x \, dt \, d^2 x' \, dt' \\ &\times \langle u_{0f}(\mathbf{x}-\mathbf{x}',t-t') u_{0f}(\mathbf{0},0) \rangle e^{i[\mathbf{q} \cdot (\mathbf{x}-\mathbf{x}') - \omega(t-t')]} \\ &= \frac{1}{(2\pi)^6} \int d^2 x \, dt \, d^2 x' \, dt' \, \langle u_{0f}(\mathbf{x},t) u_{0f}(\mathbf{0},0) \rangle e^{i[\mathbf{q} \cdot \mathbf{x} - i\omega t]} \\ &= \frac{A_0 t_0}{(2\pi)^3} C_{uu}(\mathbf{q},\omega). \end{aligned}$$

Appendix B

Here we present an alternative derivation of equation (8). Assume that the two solids interact weakly. In this case the

energy transfer from solid **0** to solid **1** is given by (6) with $K \rightarrow 0$:

$$\Delta E = (2\pi)^3 \int d^2 q \, d\omega \, \omega K^2 \, \text{Im} \, M_1(\mathbf{q}, \omega) \langle |u_{0f}(\mathbf{q}, \omega)|^2 \rangle.$$
(B.1)

At thermal equilibrium this must equal the energy transfer from solid **1** to solid **0** given by

$$\Delta E = (2\pi)^3 \int d^2 q \, d\omega \, \omega K^2 \, \text{Im} \, M_0(\mathbf{q}, \omega) \langle |u_{1\text{f}}(\mathbf{q}, \omega)|^2 \rangle.$$
(B.2)

From (B.1) and (B.2) we get

$$\operatorname{Im} M_{1}(\mathbf{q},\omega)\langle |u_{0f}(\mathbf{q},\omega)|^{2}\rangle = \operatorname{Im} M_{0}(\mathbf{q},\omega)\langle |u_{1f}(\mathbf{q},\omega)|^{2}\rangle.$$
(B.3)

We now assume that solid **1** is a layer of non-interacting harmonic oscillators. Thus if ρ_1 is the mass per unit area we have

$$\rho_1 \ddot{u}_1 + \omega_1^2 u_1 = c$$

or

$$u_1(\mathbf{q},\omega) = \frac{\sigma(\mathbf{q},\omega)}{\rho_1(\omega_1^2 - \omega^2) - \mathrm{i}0}$$

Thus

$$M_1(\mathbf{q}, \omega) = \frac{1}{\rho_1(\omega_1^2 - \omega^2) - i0^4}$$

and for $\omega > 0$

$$\operatorname{Im} M_1(\mathbf{q}, \omega) = \frac{\pi}{2\rho_1 \omega_1} \delta(\omega - \omega_1).$$
(B.4)

We write u_1 in the standard form:

$$u_{1} = \frac{1}{(2\pi)^{2}} \int d^{2}q \left(\frac{\hbar}{2\rho_{1}\omega_{1}}\right)^{1/2} \times \left(b_{\mathbf{q}}e^{i(\mathbf{q}\cdot\mathbf{x}-\omega_{1}t)} + b_{\mathbf{q}}^{+}e^{-i(\mathbf{q}\cdot\mathbf{x}-\omega_{1}t)}\right),$$

so that for $\omega > 0$

$$u_1(\mathbf{q},\omega) = \frac{1}{(2\pi)^2} \left(\frac{\hbar}{2\rho_1\omega_1}\right)^{1/2} b_{\mathbf{q}}\delta(\omega-\omega_1).$$

Thus we get

$$\langle |u_1(\mathbf{q},\omega)|^2 \rangle = \frac{t_0}{(2\pi)^5} \frac{\hbar}{2\rho_1 \omega_1} \frac{1}{2} \langle b_\mathbf{q} b_\mathbf{q}^+ + b_\mathbf{q}^+ b_\mathbf{q} \rangle \delta(\omega - \omega_1)$$

where we have used

$$[\delta(\omega-\omega_1)]^2 = \delta(\omega-\omega_1)\frac{1}{2\pi}\int dt = \delta(\omega-\omega_1)\frac{t_0}{2\pi}.$$

Using

$$\langle b_{\mathbf{q}}b_{\mathbf{q}}^{+}+b_{\mathbf{q}}^{+}b_{\mathbf{q}}\rangle = [2n(\omega_{1})+1](2\pi)^{2}\delta(\mathbf{q}-\mathbf{q}) = [2n(\omega_{1})+1]A_{0}$$

we get

$$\langle |u_{1f}(\mathbf{q},\omega)|^2 \rangle = \frac{A_0 t_0}{(2\pi)^5} \frac{\hbar}{2\rho_1 \omega_1} \left(n(\omega) + \frac{1}{2} \right) \delta(\omega - \omega_1).$$
(B.5)

Combining (B.3)–(B.5) gives

$$\langle |u_{0f}(\mathbf{q},\omega)|^2 \rangle = \frac{2A_0 t_0 \hbar}{(2\pi)^6} \left(n(\omega) + \frac{1}{2} \right) \operatorname{Im} M_0(\mathbf{q},\omega). \quad (B.6)$$

Appendix C

Equation (8) is a standard result but the derivation is repeated here for the reader's convenience. Let us write the Hamiltonian as

$$H = H_0 + \int \mathrm{d}^2 x \ u(\mathbf{x}, t) \sigma(\mathbf{x}, t)$$

where $\sigma(\mathbf{x}, t)$ is an external stress acting on the surface z = 0 of the solid. We first derive a formal expression for $M(\mathbf{q}, \omega)$ defined by the linear response formula

$$\langle u(\mathbf{q},\omega)\rangle = M(\mathbf{q},\omega)\sigma(\mathbf{q},\omega).$$

We write $\langle u \rangle = \text{Tr}(\rho u)$ where the density operator satisfies

$$\mathrm{i}\hbar\frac{\partial\rho}{\partial t} = [H,\rho].$$

We write $\rho = \rho_0 + \rho_1$ and get

$$\rho_1 = \frac{1}{i\hbar} \int_{-\infty}^t dt' e^{-iH_0(t-t')/\hbar} [V(t'), \rho_0] e^{iH_0(t-t')/\hbar}.$$

Thus, using $\langle u \rangle = \text{Tr}(\rho_1 u)$ we obtain

$$\begin{aligned} \langle u \rangle &= \frac{1}{\mathrm{i}\hbar} \int \mathrm{d}^2 x' \, \mathrm{d}t' \,\theta(t-t') \langle [u(\mathbf{x},t), u(\mathbf{x}',t')] \rangle \sigma(\mathbf{x}',t') \\ &= \frac{1}{\mathrm{i}\hbar} \int \mathrm{d}^2 x' \, \mathrm{d}t' \,\theta(t-t') \langle [u(\mathbf{x}-\mathbf{x}',t-t'), u(\mathbf{0},0)] \rangle \sigma(\mathbf{x}',t'). \end{aligned}$$
Thus

Thus

$$M(\mathbf{q},\omega) = \frac{1}{\mathrm{i}\hbar} \int \mathrm{d}^2 x \,\mathrm{d}t \,\theta(t) \langle [u(\mathbf{x},t), u(\mathbf{0},0)] \rangle \mathrm{e}^{-\mathrm{i}(\mathbf{q}\cdot\mathbf{x}-\omega t)},$$
(C.1)

where

$$u(\mathbf{x},t) = \mathrm{e}^{-\mathrm{i}H_0 t/\hbar} u(\mathbf{x},0) \mathrm{e}^{\mathrm{i}H_0 t/\hbar}.$$

Let $|n\rangle$ be an eigenstate of H_0 corresponding to the energy E_n . Using (C.1) we get

$$M(\mathbf{q},\omega) = \frac{1}{i\hbar} \int d^2 x \, dt \, \theta(t) \sum_{nm} Z^{-1} e^{-\beta E_n} e^{-i(\mathbf{q}\cdot\mathbf{x}-\omega t)}$$

$$\times \left(\langle n|u(\mathbf{x},0)|m\rangle \langle m|u(\mathbf{0},0)|n\rangle e^{-i(E_n-E_m)t/\hbar} - \langle n|u(\mathbf{0},0)|m\rangle \langle m|u(\mathbf{x},0)|n\rangle e^{i(E_n-E_m)t/\hbar} \right)$$

$$= \frac{1}{i\hbar} \int d^2 x \sum_{nm} Z^{-1} e^{-\beta E_n} e^{-i\mathbf{q}\cdot\mathbf{x}}$$

$$\times \left(\frac{\langle n|u(\mathbf{x},0)|m\rangle \langle m|u(\mathbf{0},0)|n\rangle}{i(E_n-E_m)/\hbar - i\omega + 0^+} + \frac{\langle n|u(\mathbf{0},0)|m\rangle \langle m|u(\mathbf{x},0)|n\rangle}{i(E_n-E_m)/\hbar + i\omega - 0^+} \right), \quad (C.2)$$

where $\beta = 1/k_{\rm B}T$ and $Z = \sum_{n} \exp(-\beta E_n)$. From (C.2) we get

$$\operatorname{Im} M(\mathbf{q}, \omega) = \frac{\pi}{\hbar} \int d^2 x \sum_{nm} Z^{-1} e^{-\beta E_n} e^{-i\mathbf{q}\cdot\mathbf{x}} \\ \times \left(\langle n | u(\mathbf{x}, 0) | m \rangle \langle m | u(\mathbf{0}, 0) | n \rangle (-\delta[\omega - (E_n - E_m)/\hbar]) \right. \\ + \langle n | u(\mathbf{0}, 0) | m \rangle \langle m | u(\mathbf{x}, 0) | n \rangle \delta[\omega + (E_n - E_m)/\hbar] \right).$$
(C.3)

Changing summation index from $(n, m) \rightarrow (m, n)$ the (m, n)-dependent part of the second term in (C.3) can be rewritten as

$$\sum_{nm} e^{-\beta E_m} \langle m | u(\mathbf{0}, 0) | n \rangle \langle n | u(\mathbf{x}, 0) | m \rangle$$

$$\times \delta[\omega - (E_n - E_m)/\hbar]$$

$$= \sum_{nm} e^{-\beta E_n} e^{-\beta (E_m - E_n)} \langle n | u(\mathbf{x}, 0) | m \rangle \langle m | u(\mathbf{0}, 0) | n \rangle$$

$$\times \delta[\omega - (E_n - E_m)/\hbar]$$

$$= e^{\beta \omega} \sum_{nm} e^{-\beta E_n} \langle n | u(\mathbf{x}, 0) | m \rangle \langle m | u(\mathbf{0}, 0) | n \rangle$$

$$\times \delta[\omega - (E_n - E_m)/\hbar].$$

Replacing the second term in (C.3) with this expression gives

$$\operatorname{Im} M(\mathbf{q}, \omega) = \frac{1}{2\hbar} \left(e^{\beta\hbar\omega} - 1 \right)$$
$$\times \int d^2 x \, dt \, e^{-\mathrm{i}(\mathbf{q}\cdot\mathbf{x} - \mathrm{i}\omega t)} \langle u(\mathbf{x}, t)u(\mathbf{0}, 0) \rangle$$
$$= \frac{1}{2\hbar} \left(e^{\beta\hbar\omega} - 1 \right) (2\pi)^3 C_{uu}(\mathbf{q}, \omega).$$

The fluctuation-dissipation theorem follows from the last equation:

$$C_{uu}(\mathbf{q},\omega) = \frac{1}{(2\pi)^3} \frac{2\hbar}{\mathrm{e}^{\beta\hbar\omega} - 1} \operatorname{Im} M(\mathbf{q},\omega).$$

Appendix D

We assume high temperatures and interfacial disorder. In this case the elastic waves generated by the stochastic pulsating forces between the atoms at the interface give rise to (nearly) incoherent emission of sound waves (or phonons). Thus, we can obtain the total energy transfer by just adding up the contributions from the elastic waves emitted from each interfacial atom. Assume for simplicity that the interfacial atoms of solid **0** form a simple square lattice with lattice constant a_0 . Consider the atom at $\mathbf{x} = \mathbf{0}$ and let $u_0(t)$ denote the vertical displacement of the atom. The force

$$F(t) = k[u_0(t) - u_1(t)]$$

or

$$F(\omega) = k[u_0(\omega) - u_1(\omega)]$$
(D.1)

is acting on solid 1 at $\mathbf{x} = \mathbf{0}$. We can write $k = Ka_0^2$, where *K* is the force constant per unit area (see section 2). The force *F*(*t*) gives a stress

$$\sigma(\mathbf{x}, t) = F(t)\delta(\mathbf{x})$$

acting on solid 1. We can also write

$$\sigma(\mathbf{q},\omega) = (2\pi)^{-2} F(\omega).$$

Note that

$$u_{1}(\omega) = u_{1}(\mathbf{x} = \mathbf{0}, \omega) = \int d^{2}q \ u_{1}(\mathbf{q}, \omega)$$
$$= \int d^{2}q \ M_{1}(\mathbf{q}, \omega)\sigma(\mathbf{q}, \omega)$$
$$= \frac{1}{(2\pi)^{2}} \int d^{2}q \ M_{1}(\mathbf{q}, \omega)F(\omega)$$
$$= \bar{M}_{1}(\omega)F(\omega), \qquad (D.2)$$

where

$$\bar{M}_1(\omega) = \frac{1}{(2\pi)^2} \int \mathrm{d}^2 q \ M_1(\mathbf{q},\omega).$$

In a similar way one can get

$$u_0(\omega) = u_{0f}(\omega) - M_0(\omega)F(\omega). \tag{D.3}$$

Combining (D.1)–(D.3) gives

$$u_1(\omega) = \frac{kM_1(\omega)}{1 + k[\bar{M}_0(\omega) + \bar{M}_1(\omega)]} u_{0f}(\omega), \qquad (D.4)$$

$$u_0(\omega) = \frac{1 + kM_1(\omega)}{1 + k[\bar{M}_0(\omega) + \bar{M}_1(\omega)]} u_{0f}(\omega).$$
(D.5)

The energy transferred to solid 1 from solid 0 during the time period t_0 can be written as

$$\Delta E = N \int \mathrm{d}t \; \dot{u}_1(t) F(t),$$

where $N = A_0/a_0^2$ is the number of interfacial atoms of solid **0**. One can also write

$$\Delta E = 2\pi N \int d\omega \ (-i\omega) u_1(\omega) F(-\omega).$$

Using (D.1), (D.4) and (D.5) we obtain

$$\Delta E = 2\pi N \int d\omega \frac{\omega k^2 \operatorname{Im} \bar{M}_1(\omega)}{|1 + k[\bar{M}_0(\omega) + \bar{M}_1(\omega)]|^2} \langle |u_{0f}(\omega)|^2 \rangle,$$
(D.6)

where we have performed an ensemble (or thermal) average denoted by $\langle \cdot \cdot \cdot \rangle$. Next, note that

$$\langle |u_{0f}(\omega)|^2 \rangle = \frac{1}{(2\pi)^2} \int dt \, dt' \, \langle u_{0f}(t)u_{0f}(t') \rangle e^{-i\omega(t-t')}$$

$$= \frac{1}{(2\pi)^2} \int dt \, dt' \langle u_{0f}(t-t')u_{0f}(0) \rangle e^{-i\omega(t-t')}$$

$$= \frac{1}{(2\pi)^2} \int dt \, dt' \langle u_{0f}(t)u_{0f}(0) \rangle e^{i\omega t} = \frac{2t_0}{2\pi} \bar{C}_{uu}(\omega), \quad (D.7)$$
where

$$\bar{C}_{uu}(\omega) = \frac{1}{2\pi} \int dt \, \langle u_{0f}(t) u_{0f}(0) \rangle e^{-i\omega}$$

is the displacement correlation function. Note that

$$\bar{C}_{uu}(\omega) = \int \mathrm{d}^2 q \ C_{uu}(\mathbf{q},\omega).$$

Thus, using (8) we get

$$\bar{C}_{uu}(\omega) = \frac{2}{(2\pi)^3} \frac{\Pi(\omega)}{\omega} \operatorname{Im} \int d^2 q \, M_0(\mathbf{q}, \omega)$$
$$= \frac{2}{2\pi} \frac{\Pi(\omega)}{\omega} \operatorname{Im} \bar{M}_0(\omega).$$
(D.8)

Substituting (D.7) in (D.6) and using (D.8) gives the heat current $J_{0\to 1} = \Delta E / A_0 t_0$ from solid **0** to solid **1**:

$$J_{0\to 1} = \frac{4A^*}{(2\pi)^3} \int_0^\infty d\omega \,\Pi(\omega) \frac{K \,\mathrm{Im}\, M_0(\omega) K \,\mathrm{Im}\, M_1(\omega)}{|1 + K[M_0(\omega) + M_1(\omega)]|^2},$$

where $A^* = (2\pi)^2 / a_0^2$ is the area of the Brillouin zone and where we have defined

$$M(\omega) = a_0^2 \bar{M}(\omega) = \frac{1}{A^*} \int_{q < q_c} d^2 q M(\mathbf{q}, \omega),$$

where the q-integral is over $|\mathbf{q}| < q_c$ with $\pi q_c^2 = A^*$. A similar equation with T_0 replaced by T_1 gives the energy transfer from solid 1 to solid 0, and the net energy flow $J = J_{0 \rightarrow 1} - J_{1 \rightarrow 0}$. The heat transfer coefficient $\alpha = (J_{0 \rightarrow 1} - J_{1 \rightarrow 0})/(T_0 - T_1)$ in the limit $(T_0 - T_1) \rightarrow 0$ gives

$$\alpha = \frac{4A^*}{(2\pi)^3} \int_0^\infty \mathrm{d}\omega \ \frac{\partial \Pi(\omega)}{\partial T} \frac{K \operatorname{Im} M_0(\omega) K \operatorname{Im} M_1(\omega)}{|1 + K[M_0(\omega) + M_1(\omega)]|^2}.$$
(D.9)

The derivation above is only valid for high temperature where $k_{\rm B}T > \hbar\omega_0$, where $\hbar\omega_0$ is the highest phonon energy of solid **0**. However, we can apply the theory (approximately) to all temperatures if we take the cut-off wavevector q_c to be the smallest of q_1 and q_2 , where $\pi q_1^2 = (2\pi)^2 / a_0^2$ (a_0 is the lattice constant) and $q_2 = k_{\rm B}T/\hbar c_0$ (c_0 is the smallest sound velocity of solid 0) is the thermal wavevector.

Appendix E

Here we show that (20) reduces to (19) for high temperatures and when solid 0 is described by an Einstein model. At high temperatures and weak interfacial coupling, (20) becomes

$$\alpha = \frac{4k_{\rm B}A^*}{(2\pi)^3} \int_0^\infty \mathrm{d}\omega \, K^2 \,\mathrm{Im} \, M_0(\omega) \,\mathrm{Im} \, M_1(\omega). \tag{E.1}$$

We assume for solid 0 that

$$M_0(\omega) = \frac{1}{\rho_0(\omega_0^2 - \omega^2) - i0^+},$$

where $\rho_0 = m_0/a_0^2$ is the mass per unit area. Thus

Im
$$M_0(\omega) = \frac{\pi}{2\rho_0\omega_0}\delta(\omega_0 - \omega).$$

Substituting this in (E.1) gives

$$\alpha = \frac{4k_{\rm B}K^2 A^*}{(2\pi)^3} \frac{\pi}{2\rho_0\omega_0} \operatorname{Im} M_1(\omega_0)$$

= $\frac{k_{\rm B}K^2}{(2\pi)^2} \frac{1}{\rho_0\omega_0} \int \mathrm{d}^2 q \operatorname{Im} M_1(\mathbf{q}, \omega_0).$

Substituting (10) into this equation letting and $q = (\omega_0/c_{\rm T})x^{1/2}$ gives

$$\alpha = \frac{k_{\rm B}K^2}{\rho_0\rho_1c_{\rm T}^3} \times \frac{1}{8\pi} \text{Re} \, \int_0^\infty \mathrm{d}x \frac{2\,(\gamma-x)^{1/2}}{(1-2x)^2 + 4\,(1-x)^{1/2}\,(\gamma-x)^{1/2}},$$
(E.2)

where $\gamma = (c_{\rm T}/c_{\rm L})^2$, which agrees with (19).

Appendix F

Let $1/\alpha_c$ be the interfacial contact resistance associated with the jump in the temperature (on an atomistic scale) in the contact area between two solids, and let $1/\alpha_{spred}$ be the spreading resistance associated with the interaction between the heat filaments emerging from all the contact regions. Since these two resistances act in series one expects the total contact resistance to be the sum of the two contributions, i.e.,

$$\frac{1}{\alpha} \approx \frac{1}{\alpha_{\rm spred}} + \frac{1}{\alpha_{\rm c}}.$$

We can prove this equation and equation (24) using the formalism developed in [2]. We assume that all the heat energy flows via the area of real contact. In this case the interfacial heat current $J_z(\mathbf{x})$ vanishes in the non-contact area. In the area of real contact the temperature $T(\mathbf{x}, z)$ changes abruptly (on an atomistic scale) when z increases from $z = -0^+$ (in solid **0**) to $z = 0^+$ (in solid **1**), and the jump determines the heat current: $J_z(\mathbf{x}) = \alpha_b[T(\mathbf{x}, -0) - T(\mathbf{x}, +0)]$. If we denote $\psi(\mathbf{x}) = T(\mathbf{x}, -0) - T(\mathbf{x}, +0)$ the equation

$$J_z(\mathbf{x})[J_z(\mathbf{x}) - \alpha_{\rm b}\psi(\mathbf{x})] = 0$$

will be valid everywhere at the interface. From this equation we get

$$\int \mathrm{d}^2 q' J_z(\mathbf{q} - \mathbf{q}') [J_z(\mathbf{q}') - \alpha_b \psi(\mathbf{q}')] = 0.$$

Following the derivation in section 2.2.1 in [2] we get instead of equation (20) in [2] the equation

$$\frac{1}{\alpha} = \frac{(2\pi)^2}{\kappa} \frac{1}{A_0 J_0^2} \int d^2 q \; \frac{1}{q} \langle |\Delta J_z(\mathbf{q})|^2 \rangle + \frac{1}{\alpha_b} \frac{1}{A_0 J_0^2} \int d^2 x J_z^2(\mathbf{x}) = \frac{1}{\alpha_{\text{spred}}} + \frac{1}{\alpha_c}.$$
 (F.1)

Here J_0 is the average or nominal heat current, $\Delta J_z(\mathbf{x}) = J_z(\mathbf{x}) - J_0$, and κ is an effective heat conductivity, $\kappa^{-1} = \kappa_0^{-1} + \kappa_1^{-1}$. The first term in (F.1) is the spreading resistance studied in [2] while the second term is the contribution from the temperature jump on the atomistic scale across the area of real contact.

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