PHYSICAL PROPERTIES AND GALACTIC DISTRIBUTION OF MOLECULAR CLOUDS IDENTIFIED IN THE GALACTIC RING SURVEY

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ABSTRACT

We derive the physical properties of 580 molecular clouds based on their ¹²CO and ¹³CO line emission detected in the University of Massachusetts-Stony Brook (UMSB) and Galactic Ring surveys. We provide a range of values of the physical properties of molecular clouds, and find a power-law correlation between their radii and masses, suggesting that the fractal dimension of the interstellar medium is around 2.36. This relation, $M = (228 \pm 18)$ $R^{2.36\pm0.04}$, allows us to derive masses for an additional 170 Galactic Ring Survey (GRS) molecular clouds not covered by the UMSB survey. We derive the Galactic surface mass density of molecular gas and examine its spatial variations throughout the Galaxy. We find that the azimuthally averaged Galactic surface density of molecular gas peaks between Galactocentric radii of 4 and 5 kpc. Although the Perseus arm is not detected in molecular gas, the Galactic surface density of molecular gas is enhanced along the positions of the Scutum-Crux and Sagittarius arms. This may indicate that molecular clouds form in spiral arms and are disrupted in the inter-arm space. Finally, we find that the CO excitation temperature of molecular clouds decreases away from the Galactic center, suggesting a possible decline in the star formation rate with Galactocentric radius. There is a marginally significant enhancement in the CO excitation temperature of molecular clouds at a Galactocentric radius of about 6 kpc, which in the longitude range of the GRS corresponds to the Sagittarius arm. This temperature increase could be associated with massive star formation in the Sagittarius spiral arm.

Key words: Galaxy: structure - ISM: clouds - molecular data

Online-only material: machine-readable table

1. INTRODUCTION

In the past 40 years, there has been a considerable effort to establish the physical properties of molecular clouds, to understand how turbulence, gravity, and magnetic fields shape their complex structure, how stars are born from their collapse, and if/how they relate to the spiral structure of the Milky Way. Several questions however remain unanswered. In particular, it is not clear how the spiral structure of our Galaxy relates to the formation and distribution of molecular clouds. This lack of evidence for a spiral structure traced by molecular clouds comes from a confused view of our own Galaxy and can be accounted for by several difficulties in mapping spiral tracers in the Milky Way. In particular, distances to molecular clouds have proven very challenging to determine due to the kinematic distance ambiguity (Sanders et al. 1985; Solomon et al. 1987; Clemens et al. 1988), and to streaming motions affecting the accuracy of kinematic distances (Reid et al. 2009). In addition, the lack of sampling, resolution, and sensitivity of CO surveys has made the derivation of the physical properties and structure of molecular clouds difficult (Heyer et al. 2009).

The lifetimes of molecular clouds also constitute a subject open to debate: are they long-lived (lifetime $>10^8$ years) or short-lived (lifetime of 10^6-10^7 years)? We still do not know whether molecular clouds are transient features or gravitationally bound structures. Simulations by Dobbs et al. (2006) suggest that molecular clouds are unbound. Only clumps embedded in molecular clouds are gravitationally bound and are subsequently able to form stars. On the other hand, simulations by Tasker & Tan (2009) suggest that molecular clouds are gravitationally bound. The gravitational state of a molecular cloud is described by its virial parameter. The virial parameter essentially represents the ratio of kinetic to gravitational energy in a molecular cloud. If it is greater than 1, the molecular cloud is not gravitationally bound. If it is smaller than 1, the molecular cloud is gravitationally bound.

The physical properties of molecular clouds (mass, size, density, temperature, virial parameter, etc.) should not only reflect their formation and dynamical evolution but also provide key information about the spiral structure of the Milky Way. Theoretical models predict that warm, diffuse gas is compressed in spiral arms, leading to the formation of atomic clouds that give rise to molecular clouds within 10 Myr (Dobbs et al. 2006; Glover & Mac Low 2010). The onset of star formation in high-density regions created by turbulent density fluctuations and shocks occurs within a few global free-fall times (Klessen et al. 2000). By the time a molecular cloud has formed and star formation been triggered, the molecular cloud has already reached the leading edge of the spiral arm where it formed, and starts to enter the inter-arm space. In the meantime, massive star formation photoevaporates, photoionizes, and dynamically disrupts the molecular cloud. As a result, molecular clouds should be rapidly (within a few million years) disrupted in the inter-arm space. If these theoretical predictions are correct, molecular clouds located inside spiral arms should be somewhat gravitationally bound while inter-arm molecular clouds should exhibit signs of disruption due to massive star formation activity and dynamical disruption.

Physical properties of molecular clouds have previously been investigated by Solomon et al. (1987) using the University of Massachusetts-Stony Brook (UMSB) 12 CO J = 1 \rightarrow 0 Galactic Plane Survey (Sanders et al. 1986; Clemens et al. 1986). Being undersampled in solid angle (with a resolution of 48" and a grid spacing of 3'), the UMSB survey did however not yield an accurate derivation of the physical properties of molecular clouds. In addition, molecular clouds detected in the UMSB survey suffered from blending, particularly near the tangent point, due to the use of an optically thick tracer (^{12}CO) . The Boston University-Five College Radio Astronomy Observatory (BU-FCRAO) Galactic Ring Survey (GRS; Jackson et al. 2006) is the first large-scale 13 CO J = 1 \rightarrow 0 survey that is both fully sampled and has an angular resolution sufficient to resolve the small-scale structure of molecular clouds (resolution of 0.2 pc at a distance of 1 kpc). With a resolution of 46", a grid spacing of 22", a sensitivity of 0.13 K, and a coverage of 75 deg², it is a reliable data set to probe both the structure of molecular clouds and the Galactic distribution of molecular clouds. In addition, because the GRS uses an optically thin tracer (τ (¹³CO) \simeq 1) and offers a spectral resolution superior to previous surveys, it does not suffer from blending as much as the UMSB and can be used to reliably identify molecular clouds.

In this paper, we derive the physical properties (mass, radius, surface density, etc.) and the Galactic mass distribution of a sample of 750 molecular clouds identified in the GRS (Rathborne et al. 2009), for which kinematic distances are available from Roman-Duval et al. (2009). The paper is organized as follows. The data, methodology, and conventions used to derive the physical properties of 580 molecular clouds detected in the GRS and covered by the UMSB survey are described in Sections 2 and 3, and the catalog is shown in Section 3.9. In Section 4, we discuss the fractal structure the interstellar medium (ISM), which can be derived from the relation between their sizes and masses. This relation allows us to derive masses for an additional 170 GRS molecular clouds not covered by the UMSB survey in Section 5. The histograms and range of values for the physical properties of molecular clouds are derived in Section 6. In Section 7, we derive the Galactic surface mass density of molecular gas and how it correlates with different models of the spiral structure of the Milky Way. Section 8 examines the variations of the physical properties of the GRS molecular clouds with Galactocentric radius. Finally, the limitations and caveats of this analysis are discussed in Section 9. Section 10 concludes this analysis.

2. MOLECULAR LINE DATA

2.1. ¹³CO $J = 1 \rightarrow 0$ GRS Data

The sample of molecular clouds used in this analysis was identified by their ¹³CO J = 1 \rightarrow 0 emission in the BU-FCRAO GRS (Jackson et al. 2006). The GRS was conducted using the FCRAO 14 m telescope in New Salem, Massachusetts between 1998 and 2005. The survey, which used the SEQUOIA multipixel array, covers the range of Galactic longitude 18° $\leq \ell \leq 55$ °.7 and Galactic latitude $-1^{\circ} \leq b \leq 1^{\circ}$. The survey achieved a spatial resolution of 46″, sampled on a 22″ grid, and a spectral resolution of 0.212 km s⁻¹ for a noise variance σ (T_A^*) = 0.13 K ($\sigma_{T_{mb}}$ = 0.26 K accounting for the main beam efficiency of 0.48). The survey covers the range of velocity -5 to 135 km s⁻¹ for Galactic longitudes $\ell \leq 40^{\circ}$ and -5 to 85 km s⁻¹ for Galactic longitudes $\ell \geq 40^{\circ}$.

Because the GRS uses ¹³CO, which has an optical depth 50 times lower than that of ¹²CO, it allows for a better detection and separation of molecular clouds both spatially and spectrally than previous ¹²CO surveys. Using the algorithm CLUMPFIND (Williams et al. 1994) applied to the GRS data smoothed to 0°.1 spatially and to 0.6 km s⁻¹ spectrally, 829 molecular clouds were identified by Rathborne et al. (2009). CLUMPFIND identifies as molecular clouds a set of contiguous voxels (i.e., (ℓ, b, v) positions) with intensity values higher than a given threshold, which has to be determined empirically so as to best identify molecular clouds at all levels of emission. We refer the reader to Rathborne et al. (2009) for the details of the identification procedure. Molecular cloud parameters such as Galactic longitude, latitude, and velocity of the ¹³CO emission peak were estimated by CLUMPFIND. Individual ¹³CO data cubes extracted from the GRS, and covering only the Galactic longitude, latitude, and velocity range of each individual molecular cloud were also created by Rathborne et al. (2009). We use kinematic distances to 750 out of the 829 GRS molecular clouds derived in Roman-Duval et al. (2009) using the Clemens (1985) rotation curve and HI self-absorption to resolve the kinematic distance ambiguity.

2.2. ${}^{12}COJ = 1 \rightarrow 0$ UMSB Data

We make use of the ¹²CO UMSB survey (Sanders et al. 1986; Clemens et al. 1986), a joint program between FCRAO and the State University of New York at Stony Brook performed between 1981 November and 1984 March. All of the observations were obtained using the FCRAO 14 m telescope. A grid sampled every 3' covering the range $18^{\circ} < \ell < 55^{\circ}$ and $-1^{\circ} < b < +1^{\circ}$ was observed with a velocity resolution of 1 km s⁻¹ and a spatial resolution of 44". The sensitivity of the observations is 0.4 K per velocity channel. The UMSB survey only covers the velocity range $-10 \text{ km s}^{-1} < V_{LSR} < 90 \text{ km s}^{-1}$, which excludes the GRS molecular clouds located at low longitude and at the tangent point.

3. DERIVATION OF THE PHYSICAL PROPERTIES OF GRS MOLECULAR CLOUDS

3.1. Excitation Temperatures

The ¹²CO J = 1 \rightarrow 0 excitation temperature of our sample of 580 molecular clouds was derived from the ¹²CO brightness temperature, with the assumption that the ¹²CO line is optically thick (i.e., τ (¹²CO) \gg 1). In the optically thick regime, the observed ¹²CO brightness temperature T_{12} and the excitation temperature T_{ex} are related by Rohlfs & Wilson (2004):

$$T_{\rm ex} = 5.53 \frac{1}{\ln\left(1 + \frac{5.53}{T_{12} + 0.837}\right)},\tag{1}$$

where both temperatures are in K. This equation includes a background subtraction accounting for the cosmic microwave background at T = 2.73 K. The excitation temperature was calculated at each voxel (i.e., (ℓ, b, v) position) associated with each molecular cloud in the UMSB data resampled to the GRS grid. The ¹²CO excitation temperature was used as a proxy for the ¹³CO excitation temperature. The ¹³CO and ¹²CO excitation temperature should be identical in local thermal equilibrium since the energy levels of the two isotopomers are roughly the same. In reality, density gradients in molecular clouds and non-local thermal equilibrium situations can lead to differences in

the excitation temperatures of ¹³CO and ¹²CO. These effects are described in Section 9.3. The mean excitation temperature of each molecular cloud was computed by averaging the excitation temperature over all the voxels that contain a ¹³CO brightness temperature greater than 4σ or, accounting for the main beam efficiency, a minimum brightness temperature $T_{13} > 1$ K.

3.2. ¹³CO Optical Depths

The ¹³CO optical depth was derived using (1) the ¹²CO excitation temperature as a proxy for the ¹³CO excitation temperature, and (2) the GRS ¹³CO data. Since the UMSB and GRS data have nearly the same beam width, corrections to account for different beam dilution between the two surveys can be neglected. The ¹³CO optical depth is thus given by (Rohlfs & Wilson 2004)

$$\tau_{13}(\ell, b, v) = -\ln\left(1 - \frac{0.189 T_{13}(\ell, b, v)}{\left(e^{\frac{5.3}{T_{ex}(\ell, b, v)}} - 1\right)^{-1} - 0.16}\right), \quad (2)$$

where τ_{13} is the ¹³CO optical depth and T_{13} is the backgroundsubtracted ¹³CO brightness temperature in K. The ¹³CO optical depth is evaluated at each GRS voxel (ℓ , b, v) associated with each molecular cloud (i.e., in the individual data cubes associated with each molecular cloud). The line center optical depth was computed at each pixel (i.e., position (ℓ , b) on the sky) where the ¹³CO integrated intensity is greater than $4\sigma =$ $0.23\sqrt{N_v}$ K km s⁻¹, where N_v is the number of channel in the cube. We also computed the average of the line center optical depth over all GRS pixels associated with each cloud where the ¹³CO integrated intensity is greater than 4σ .

3.3. ¹³CO Column Densities

From the optical depths and excitation temperatures, ¹³CO column densities were derived at each GRS pixel (ℓ , b) associated with each molecular cloud (Rohlfs & Wilson 2004):

$$\frac{N({}^{13}\text{CO})(\ell,b)}{\text{cm}^{-2}} = 2.6 \times 10^{14} \int \frac{T_{\text{ex}}(\ell,b,v) \tau_{13}(v)}{1 - e^{\frac{-5.3}{T_{\text{ex}}(\ell,b,v)}}} \frac{dv}{\text{km s}^{-1}}.$$
(3)

¹³CO column densities are computed by integrating Equation (3) only over GRS voxels associated with each cloud where the ¹³CO brightness temperature is greater than $4\sigma = 1$ K.

3.4. Radii of Molecular Clouds

The solid angle subtended by each GRS molecular cloud is computed by counting the number $N_{\rm pix}$ of GRS pixels (i.e., (ℓ, b) positions on the sky) associated with each molecular cloud that contain a ¹³CO integrated intensity greater than $4\sigma = 0.23\sqrt{N_v}$ K km s⁻¹:

$$\Omega = N_{\rm pix} \Delta l \Delta b, \tag{4}$$

where $\Delta \ell$ and Δb are the angular width of the pixels. Knowing the distance *d* to the molecular clouds, the area *A* and linear equivalent radius *R* of the molecular clouds are given by

$$A = \Omega d^2, \tag{5}$$

$$R = \sqrt{\frac{A}{\pi}}.$$
 (6)

3.5. Velocity Dispersion

The one-dimensional, intensity-weighted, velocity dispersion of a molecular cloud is defined as

$$\sigma_{v_{\rm 1D}}^2 = \frac{\sum_{T_{13}(\ell,b,v)>1\rm K} T_{13}(\ell,b,v)(v-\langle v\rangle)^2}{\sum_{T_{13}(\ell,b,v)>1\rm K} T_{13}(\ell,b,v)},\tag{7}$$

where T_{13} is the ¹³CO brightness temperature in K, and only positions and velocity channels where the ¹³CO main beam temperature is greater than $4\sigma = 1$ K are taken into account. The average radial velocity $\langle v \rangle$ is given by

$$\langle v \rangle = \frac{\sum_{T_{13}(\ell, b, v) > 1K} T_{13}(\ell, b, v)v}{\sum_{T_{13}(\ell, b, v) > 1K} T_{13}(\ell, b, v)}.$$
(8)

3.6. Masses

Molecular hydrogen (H₂) and helium (He) are the main constituents of molecular clouds. In order to derive molecular cloud masses from CO observations, one must therefore make assumptions about the abundance of CO relative to H₂. First, we assume that the abundance of 13 CO relative to H_2 and He is uniform. In reality, the CO abundance declines steeply with decreasing A_V due to photodissociation by the Galactic radiation field at $A_V < 3$ (Glover & Mac Low 2010). In contrast, self-shielded H_2 can exist at A_V as low as 0.2 (Wolfire et al. 2010). As a result, the ${}^{13}CO/H_2$ abundance is likely to be lower in the envelopes of molecular clouds than in their denser cores. The effects of abundance variations on the estimation of the molecular cloud masses are discussed in Section 9.2. Nevertheless, for simplicity, constant ratios $n(^{12}CO)/n(^{13}CO) =$ 45 and $n({}^{12}\text{CO})/n(\text{H}_2) = 8 \times 10^{-5}$ are assumed (Langer & Penzias 1990; Blake et al. 1987). A mean molecular weight of 2.72 accounts for the presence of both H_2 and H_2 (Allen 1973; Simon et al. 2001). Under those assumptions, molecular cloud masses are derived from Equation (9) using kinematic distances from Roman-Duval et al. (2009):

$$\frac{M}{M_{\odot}} = 0.27 \frac{d^2}{\text{kpc}^2} \int_{\ell,b,v} \frac{T_{\text{ex}}(\ell,b,v) \tau_{13}(\ell,b,v)}{1 - e^{\frac{-5.3}{T_{\text{ex}}(\ell,b,v)}}} \frac{dv}{\text{km s}^{-1}} \frac{d\ell}{\prime} \frac{d\ell}{\prime}.$$
(9)

In this equation, the integrand is summed over all (ℓ, b) positions where the ¹³CO integrated intensity is greater than 4σ . Along those sightlines, only velocity channels where the brightness temperature is greater than $4\sigma = 1$ K are included in the integration. The second criterion is necessary due to numerical issues with Equations (1), (2), and (9) when the brightness temperature value is negative. Hence, we do not include contributions from the noise in the integration described by Equation (9). However, some noise peaks in voxels isolated from molecular cloud emission, with values greater than 4σ , still remain even after filtering the integration with the first criterion. To remedy this problem, we filter the lines of sight (ℓ, b) along which the integration is performed by applying a threshold in ¹³CO integrated intensity (first criterion).

3.7. Number Density and Surface Mass Density

The mean number density of particles (H_2 and H_2) in the molecular clouds was estimated assuming spherical symmetry via

$$\frac{n(H_2 + He)}{cm^{-3}} = 15.1 \times \frac{M}{M_{\odot}} \times \left(\frac{4}{3}\pi \ \frac{R^3}{pc^3}\right)^{-1}.$$
 (10)

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GRS Molecular Cloud	l	b	VLSR	ΔV	R	М	δ Μ	<i>n</i> (H ₂)	Tex	τ(¹³ CO)	Σ_c	$\alpha_{\rm vir}$	_
	(°)	(°)	$({\rm km}~{\rm s}^{-1})$	$(\mathrm{km}~\mathrm{s}^{-1})$	(pc)	(M_{\odot})	(M_{\odot})	(cm^{-3})	(K)		$(M_{\odot} \mathrm{pc}^{-2})$		
GRSMC G053.59+00.04	53.59	0.04	23.74	1.86	17.5	2.35×10^5	0.566×10^5	161.0	8.28	1.78	244.4	0.04	i
GRSMC G049.49-00.41	49.49	-0.41	56.90	9.12	9.8	1.81×10^5	0.445×10^{5}	707.7	9.97	1.47	601.6	0.73	i
GRSMC G018.89-00.51	18.89	-0.51	65.82	2.80	12.4	1.41×10^{5}	0.457×10^{5}	271.9	9.72	0.89	292.4	0.11	i
GRSMC G030.49-00.36	30.49	-0.36	12.26	4.56	1.7	7.82×10^{5}	3.72×10^{2}	617.7	5.97	1.82	89.3	7.25	i
GRSMC G035.14-00.76	35.14	-0.76	35.22	4.89	5.4	4.95×10^{5}	1.21×10^4	1175.8	8.69	2.21	548.0	0.42	i
GRSMC G034.24+00.14	34.24	0.14	57.75	5.66	12.3	1.44×10^{5}	0.406×10^{5}	281.0	6.48	1.83	300.6	0.45	i
GRSMC G019.94-00.81	19.94	-0.81	42.87	2.62	8.2	5.54×10^5	1.64×10^4	366.9	8.90	0.86	261.8	0.17	i
GRSMC G038.94-00.46	38.94	-0.46	41.59	2.78	22.8	4.88×10^5	1.03×10^{5}	150.2	8.27	1.77	297.8	0.06	i
GRSMC G053.14+00.04	53.14	0.04	22.04	2.26	4.0	1.09×10^{5}	0.397×10^{4}	651.0	7.05	2.00	222.9	0.30	i
GRSMC G022.44+00.34	22.44	0.34	84.52	2.62	7.5	5.22×10^{5}	1.20×10^{4}	448.2	7.99	1.29	293.3	0.16	i
GRSMC G049.39-00.26	49.39	-0.26	50.94	3.51	12.3	1.57×10^{5}	0.409×10^{5}	309.6	9.17	1.56	330.2	0.16	i
GRSMC G019.39-00.01	19.39	-0.01	26.72	3.63	6.3	4.93×10^{5}	1.85×10^{4}	732.0	7.11	2.05	399.1	0.27	i
GRSMC G034.74-00.66	34.74	-0.66	46.69	4.09	8.3	9.77×10^{5}	2.72×10^4	629.5	8.30	1.20	452.3	0.23	i
GRSMC G023.04-00.41	23.04	-0.41	74.32	4.14	15.8	2.23×10^{5}	0.679×10^{5}	208.9	9.16	0.92	285.6	0.20	i
GRSMC G018.69-00.06	18.69	-0.06	45.42	3.85	21.8	4.78×10^{5}	1.24×10^{5}	169.6	7.78	1.52	320.7	0.11	i
GRSMC G023.24-00.36	23.24	-0.36	77.30	2.65	15.5	1.95×10^{5}	0.683×10^{5}	190.9	8.64	1.01	257.3	0.09	i
GRSMC G019.89-00.56	19.89	-0.56	44.14	3.68	8.9	8.63×10^{5}	2.82×10^{4}	446.3	7.83	1.21	345.3	0.23	i
GRSMC G022.04+00.19	22.04	0.19	50.94	5.53	10.8	8.48×10^{5}	1.93×10^{4}	248.3	7.17	1.15	232.3	0.63	i
GRSMC G018.89-00.66	18.89	-0.66	64.12	3.66	12.6	1.59×10^{5}	0.404×10^{5}	294.5	8.90	0.97	320.8	0.17	i
GRSMC G023.34-00.21	23.34	-0.21	81.12	4.09	13.1	1.63×10^{5}	0.509×10^{5}	267.4	8.87	0.97	303.6	0.22	i
GRSMC G034.99+00.34	34.99	0.34	53.07	3.57	11.8	1.28×10^{5}	0.352×10^{5}	289.6	7.35	1.41	295.0	0.19	i
GRSMC G029.64-00.61	29.64	-0.61	75.60	3.79	13.1	9.58×10^{5}	3.01×10^{4}	156.9	6.61	1.37	178.2	0.32	i
GRSMC G018.94-00.26	18.94	-0.26	64.55	2.72	10.4	1.17×10^{5}	0.402×10^{5}	381.0	8.79	1.27	344.2	0.11	i
GRSMC G024.94-00.16	24.94	-0.16	47.12	4.40	9.5	9.21×10^{5}	2.14×10^4	398.5	8.57	1.00	327.5	0.32	i
GRSMC G025.19-00.26	25.19	-0.26	63.70	2.30	5.0	1.73×10^{5}	0.438×10^4	501.7	7.90	1.48	218.4	0.25	i

 Table 1

 Catalog of Molecular Clouds's Masses and Physical Properties

(This table is available in its entirety in a machine-readable form in the online journal. A portion is shown here for guidance regarding its form and content.)

The surface mass density Σ of the molecular clouds is defined as

$$\frac{\Sigma}{M_{\odot} \text{ pc}^{-2}} = \left(\frac{M}{M_{\odot}}\right) \left(\frac{A}{\text{ pc}^2}\right)^{-1},$$
(11)

where the area A of the molecular clouds is calculated as described in Section 3.4.

3.8. Virial Mass and Virial Parameter

Molecular clouds are supported against gravitational collapse by various mechanisms, such as turbulence, thermal gas pressure, and magnetic fields (Heitsch et al. 2001; Klessen et al. 2000). Observations show that the line widths of molecular clouds are much wider than their thermal line widths. Transonic/supersonic turbulence must therefore be the main source of kinetic energy and support in molecular clouds (e.g., Larson 1981; Williams et al. 2000).

The virial parameter α of a molecular cloud is the ratio of its virial mass $M_{\rm vir}$ to its mass. It describes the ratio of internal, supporting energy to its gravitational energy. The virial mass of a molecular cloud is defined as the mass for which a molecular cloud is in virial equilibrium, i.e., when the internal kinetic energy K equals half the gravitational energy U (2K + U = 0). It is given by

$$M_{\rm vir} = 1.3 \frac{R \, \sigma_v^2}{G} = 905 \frac{R}{\rm pc} \, \frac{\sigma_{v_{\rm 1D}}^2}{(\rm km \, s^{-1})^2},\tag{12}$$

where *R* is the equivalent radius of a molecular cloud defined in Section 3.4 and $\sigma_{v_{1D}}$ is the one-dimensional velocity dispersion defined in Section 3.5. Note that the three-dimensional isotropic velocity dispersion, σ_v , is $\sqrt{3}$ times the one-dimensional velocity dispersion, which is measured in our spectroscopic data. For $M > M_{vir}$ ($\alpha < 1$), 2K + U < 0 and the molecular cloud is gravitationally bound. For $M < M_{vir}$ ($\alpha > 1$), 2K + U > 0 and the molecular cloud is not gravitationally bound.

The virial mass is proportional to the line width and to the radius of a molecular cloud, with the proportionality constant depending on the number density profile. We have computed the CO number density profile by assuming spherical symmetry and deprojecting the column density with an Abel transform. By fitting a power law to each density profile, we find that the average slope is -1.8. To be consistent with past literature (Solomon et al. 1987), we use the proportionality constant derived from a density profile of slope -2 to compute the virial mass.

3.9. Physical Properties of the GRS Molecular Clouds

The first 25 entries of the derived physical properties of the 580 GRS molecular clouds covered by the UMSB are listed in Table 1. The complete table (including molecular clouds not covered by the UMSB survey, see Section 5) can be found online. The first four columns indicate the molecular cloud name, Galactic longitude, latitude, and LSR velocity from the Rathborne et al. (2009) catalog. Column 5 indicates the FWHM velocity dispersion of the molecular clouds (derived from Section 3.5 via a conversion factor of $\sqrt{8\ln(2)}$ between the 1σ and FWHM velocity dispersion). Column 6 gives the physical radii as defined in Section 3. Columns 7 and 8 indicate the masses of the molecular clouds and their uncertainty. The derivation of error bars on the mass estimates is discussed in detail in Section 9.4. Column 9 provides the mean number density of the molecular clouds. Columns 10 and 11 provide the mean excitation temperature and the mean ¹³CO center-of-line optical depth. Columns 12 and 13 show the mean surface density

of each cloud and the virial parameter. Column 14 contains a flag "i" indicating that the cloud is covered by the UMSB survey.

4. ON THE FRACTAL DIMENSION OF MOLECULAR CLOUDS

A dew decades ago, molecular clouds were thought to be isolated, well-defined objects formed by coalescence (Oort 1954; Field & Saslaw 1965) and sustained in equilibrium by pressure from the hot inter-cloud medium. Since the 1980s, it has been known that molecular clouds are in fact dense substructures $(n(H_2) > a \text{ few hundred } \text{cm}^{-3})$ in an underlying turbulent, fractal multi gas phase ISM (Scalo 1985, 1988; Falgarone 1989; Scalo 1990). Molecular clouds form in gas overdensities resulting from supersonic turbulent flows. When these overdensities reach a visual extinction greater than a few tenths, molecules, such as H₂ and CO, become shielded from the photodissociating interstellar radiation field by dust (Glover & Mac Low 2010; Wolfire et al. 2010). In this respect, molecular cloud boundaries are observed to be fractal (Beech 1987; Scalo 1990; Zimmermann & Stutzki 1992). The interiors of molecular clouds are also fractal in nature, as shown by their power-law density spectra (Brunt et al. 2010), energy spectra (J. Roman-Duval et al. 2011, in preparation), and size-line width relation (Larson 1981; Heyer et al. 2009). On the smallest scales, very dense $(n(H_2) > 10^5 \text{ cm}^{-3})$ molecular cores give birth to star clusters.

The fractal dimension of turbulent gas describes how completely it fills space as one zooms down to smaller and smaller scales. In other words, the fractal dimension corresponds to the degree of "sponginess." The fractal dimension of molecular clouds has so far been investigated via the perimeter-area relation (Beech 1987; Wakker 1990; Bazell & Desert 1988; Scalo 1990; Federrath et al. 2009), which relates the perimeter of a molecular cloud to its projected area on the sky. It has however been shown by Mandelbrot & Whitrow (1983) that the radii R and masses M of sub-structures in a fractal are related via $M \propto R^D$. Because molecular clouds are sub-structures in an underlying fractal ISM, one should in principle be able to estimate the fractal dimension of the ISM within the range of spatial scales covered by molecular clouds from the correlation between the radii and masses of molecular clouds. Although there are, in reality, other non-random mechanisms (e.g., spiral density waves) that modulate the distribution of cloud masses, treating molecular clouds as sub-structures in a fractal is a reasonable zeroth-order approximation.

Figure 1 shows the correlation between molecular clouds' radii and masses. The radii and masses of GRS molecular clouds are related by a tight power-law correlation: M = $228 \pm 18R^{2.36\pm0.04}$, of exponent $D = 2.36 \pm 0.04$. Within the error bars, this value is consistent with the value of Dderived in the literature (Falgarone & Phillips 1991; Elmegreen & Falgarone 1996; Federrath et al. 2009). The slope of the correlation was obtained by applying a chi-square minimization between a linear model and the observed relation between the logarithms of molecular clouds' radii and masses, weighted by the error on the mass. The error on the slope quoted here thus corresponds to the error on the linear fit between $\log(L)$ and $\log(M)$, including the error on the mass estimation for each molecular cloud. The error cited here is guite small (4%) compared to the error cited by Elmegreen & Falgarone (1996) for instance (30%). The difference is due to the method used to derived D. Elmegreen & Falgarone (1996) derived D from several surveys, some of which do not contain nearly

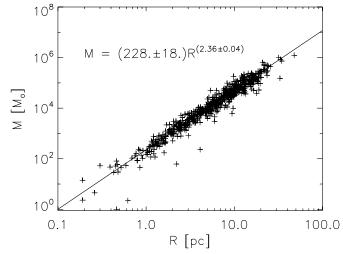


Figure 1. Correlation between the masses and radii of molecular clouds.

as many molecular clouds as our sample. Hence, the errors quoted for the fractal dimension derived from individual surveys with small samples are larger than our error estimation. In addition, the final value of *D* quoted by Elmegreen & Falgarone (1996) corresponds to the average value yielded by all surveys, and the error on this value reflects the dispersion between the different surveys, reduced with different methods and calibrations. However, Elmegreen & Falgarone (1996) find $D = 2.38 \pm 0.09$ for galactic clouds from Solomon et al. (1987) and Dame et al. (1986), which is consistent with both our value of *D* and our error calculation.

The value of D between 2 and 3 corresponds to a spongy medium, which fills space more than simple sheets. This seemingly universal value of D, also observed in atmospheric clouds, could result from the intrinsic structure of supersonic, intermittent turbulent flows (Sreenivasan & Meneveau 1986; Meneveau & Sreenivasan 1990; Sreenivasan 1991).

5. DERIVATION OF THE MASSES OF MOLECULAR CLOUDS OUTSIDE THE UMSB COVERAGE

The tight correlation between the radii and masses of molecular clouds derived in Section 4 can be used to compute the masses of molecular clouds located outside the UMSB coverage, knowing their radii from Section 3.4:

Λ

$$A = (228 \pm 18)R^{2.36 \pm 0.04}.$$
(13)

The density and surface density of those molecular clouds can then be derived using the method described in Section 3. We thus extended our catalog of molecular cloud masses, densities, and surface densities to the 750 objects for which kinematic distances are available from Roman-Duval et al. (2009). The online table includes GRS molecular clouds located outside the UMSB survey coverage, which are flagged by an "o" in the last column of the online table and have their temperature and optical depth set to zero. Molecular clouds covered by the UMSB are flagged by an "i." Figure 2 shows the spatial distribution of GRS molecular clouds covered by the UMSB survey, and outside its coverage.

6. HISTOGRAMS OF MOLECULAR CLOUDS' PHYSICAL PROPERTIES

This section is intended to provide a range of values for the physical properties of molecular clouds, that may later be

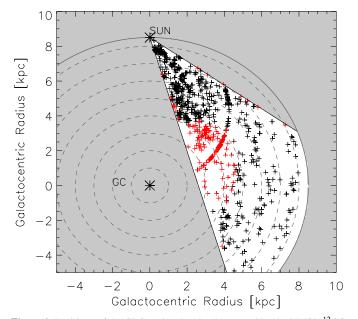


Figure 2. Positions of the GRS molecular clouds covered by the UMSB ¹²CO survey (black crosses) and outside of the UMSB coverage (red crosses). The dashed circles indicate Galactocentric radii $R_{gal} = 1-8$ kpc, by steps of 1 kpc. The solid circle indicates the solar circle. The white area corresponds to the portion of the Galactic plane covered by the GRS. The artefact produced by the alignment of clouds in an arc of circle is due to the tangent point. Indeed, molecular clouds with radial velocities greater than the radial velocity of the tangent point (due to uncertainties in the rotation curve and non-circular motions) were assigned the distance of the tangent point.

used in other studies. For instance, they may be important to constrain models of molecular cloud formation and evolution. The masses and radii of molecular clouds might also be used to predict gamma ray fluxes emanating from the interaction between molecular clouds and cosmic rays (Aharonian et al. 2008; Gabici et al. 2009). Furthermore, the comparison of the mass spectrum of molecular clouds to that of clumps and cores is essential to understand the fragmentation process that leads from molecular clouds to stars. Finally, the radius and mass spectra of molecular clouds have been shown to result from the fractal structure of the ISM (Elmegreen & Falgarone 1996). They are therefore of great interest if one wants to constrain the fractal dimension of the ISM. The histograms of the physical properties (mass, radius, density, velocity dispersion, surface mass density, and virial parameter) of the GRS molecular clouds are shown in Figures 3 and 4.

6.1. Radius and Mass Distributions

The top panels of Figure 3 show the radius and mass spectra of the sample of 750 GRS molecular clouds, $\Psi(R) = dR/d\ln(R)$ and $\Phi(M) = dN/d\ln(M)$. For $M > 10^5 M_{\odot}$, the mass spectrum follows a power law: $\Phi(M) \propto M^{-1.64\pm0.25}$. The radius spectrum also follows a power law for R > 10 pc: $\Psi(R) \propto R^{-3.90\pm0.65}$. Within the error bars, the slope of the mass spectrum derived in this paper is consistent with the value of -1.5 obtained in previous work (e.g., Sanders et al. 1985; Solomon et al. 1987; Williams & McKee 1997). The slope of the radius spectrum is higher than the value obtained by Sanders et al. (1985), but is consistent, within the error bars, with the radius distribution obtained by Heyer et al. (2001).

Our sample of molecular clouds is complete above the turnover mass of $M_{\rm to} = 4 \times 10^4 M_{\odot}$, such that the slope of the mass spectrum of molecular clouds should not be affected by

a lack of completeness. Our sample of molecular clouds was identified in a version of the GRS smoothed to 6' spatially and to 0.6 km s^{-1} spectrally. GRS molecular clouds were detected by CLUMPFIND as contiguous voxels of brightness temperature greater than 0.2 K (Rathborne et al. 2009). Rathborne et al. (2009) furthermore applied the condition that molecular cloud candidates detected by CLUMPFIND must contain at least 16 smoothed voxels in order to be identified as a molecular cloud. Assuming that the ¹³CO line is optically thin, the minimum mass of a molecular cloud is given by

$$\frac{M}{M_{\odot}} \ge 0.05 \frac{d^2}{\mathrm{kpc}^2} T_{\mathrm{ex}} e^{\frac{5.3}{T_{\mathrm{ex}}}} \times 16T_{\mathrm{min}} \frac{\Delta\ell}{\prime} \frac{\Delta b}{\ell} \frac{\Delta V}{\mathrm{kms}^{-1}}, \qquad (14)$$

where *d* is the distance in kpc, T_{ex} is the excitation temperature in K, and $T_{min} = 0.2$ K is the threshold brightness temperature (corrected for beam efficiency). Hence, with $T_{ex} = 6.32$ K (the average value observed in the GRS), $\Delta \ell = \Delta b = 0^{\circ}.1$, and $\Delta V =$ 0.6 km s⁻¹, the completeness limit is $M_{min} = 50 d_{kpc}^2$, where d_{kpc} is the distance in kpc. Thus, $M_{min} = 200 M_{\odot}$ at 2 kpc, 1250 M_{\odot} at 5 kpc, 5000 M_{\odot} at 10 kpc, and 11250 M_{\odot} at 15 kpc. Since the maximum distance probed by the GRS is 15 kpc (based on the GRS Galactic longitude and velocity coverage), the turnover mass is greater than the completeness limit of the GRS, and the slope of the mass spectrum of molecular clouds above the turnover mass should not be affected by completeness effects.

This calculation of the completeness limit does not take into account confusion, which in reality has an effect on our data. Confusion is more pronounced near the tangent point, where large physical separations correspond to small radial velocity differences. There is also the problem of molecular clouds that have similar radial velocities, but are located on either side of the tangent point, at the near and far kinematic distances. In these cases, if the velocity difference between the two clouds is small enough (typically less then the line width of the clouds), the clump-finding algorithm used to identify the GRS clouds, CLUMPFIND, will blend these two clouds into a single object. The extent of the calculation and modeling required to estimate how confusion affects the completeness limit by far exceeds the scope of this paper. The blending of two molecular clouds depends on many parameters such as the geometry (their location in the Galaxy), the structure of largescale galactic features, the distance and radial velocity of the clouds (related by the rotation curve), their line widths, radii, angular separation, and the parameters used in CLUMPFIND. Nonetheless, confusion in the GRS, which uses ¹³CO as a tracer, is not nearly as severe as in surveys using the optically thick ¹²CO as a tracer for molecular gas.

It is worth mentioning that the GRS has a limited field of view (FOV), only covering the Galactic latitude range $-1^{\circ} < b < 1^{\circ}$. This in principle imposes a limit on a maximum cloud's radius, R_{max} , and mass, $M_{\text{max}}^{\text{FOV}}$, detectable by the GRS. We can use the relation between a cloud's mass and radius derived in Section 4 to estimate this maximum mass, with $R_{\text{max}} = \pi d/180$. Thus, we find $M_{\text{max}}^{\text{FOV}} = 1.96 \times 10^5 d_{\text{kpc}}^{2.36}$. We will however show in Section 9.1 that this limit is never reached and thus does not affect our sample of molecular clouds and their physical properties.

6.2. Virial Parameter

The fourth panel of Figure 3 shows the histogram of the 750 molecular clouds' virial parameter, the median value of which is 0.46 \pm 0.07. 70% of our molecular cloud sample (both in

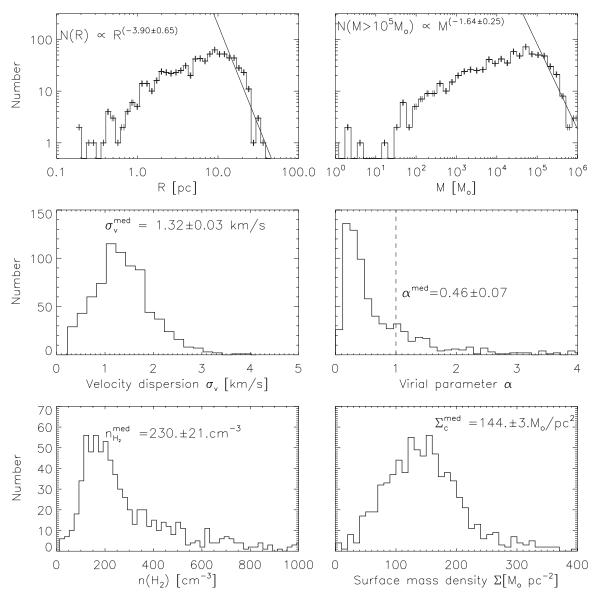


Figure 3. Histograms of the physical properties of molecular clouds. In the top two panels, the solid line indicates the best fit to the radius and mass spectra.

mass and number) have virial parameters <1. This analysis thus suggests that most of the molecular mass contained in identifiable molecular clouds is located in gravitationally bound structures.

6.3. Number Density and Surface Mass Density

The bottom left panel shows the mean density of H₂ in our sample of 750 molecular clouds, the median of which is 231 cm⁻³. This value is well below the critical density of the ¹³CO J = 1 \rightarrow 0 transition, $n_{cr} = 2.7 \times 10^3$ cm⁻³, suggesting that the gas with density $n > n_{cr}$ is not resolved by a 48" beam (0.25 pc at d = 1 kpc), and that its filling factor is low.

The bottom right panel shows the surface mass density of the molecular clouds, with a median of $144 M_{\odot} \text{ pc}^{-2}$. Using the Galactic gas-to-dust ratio $\langle N_H/A_V \rangle = 1.9 \times 10^{21} \text{ cm}^{-2} \text{ mag}^{-1}$ (Whittet 2003), this corresponds to a median visual extinction of 7 mag. This value is consistent with the prediction from photoionization dominated star formation theory (McKee 1989). A median surface mass density of $140 M_{\odot} \text{ pc}^{-2}$ is lower than the median value of $206 M_{\odot} \text{ pc}^{-2}$ derived by Solomon et al. (1987) based on the virial masses of a sample of molecular

clouds identified in the ¹²CO UMSB survey. Note that Solomon et al. (1987) originally found a median surface mass density of 170 M_{\odot} pc⁻², assuming that the distance from the sun to the Galactic center is 10 kpc. Assuming a Galactocentric radius of 8.5 kpc for the sun, this value becomes 206 M_{\odot} pc⁻² (Heyer et al. 2009). The median surface density derived here is also higher than the value of 42 M_{\odot} pc⁻² derived by Heyer et al. (2009), who re-examined the masses and surface mass densities of the Solomon et al. (1987) sample using the GRS and a method similar method to ours. Similar to our analysis, Heyer et al. (2009) estimated the excitation temperature from the ¹²CO line emission and derived the mass and surface density from ¹³CO GRS measurements and the excitation temperature.

For the Solomon et al. (1987) molecular cloud sample, Heyer et al. (2009) found a median surface density of $42 M_{\odot}$ pc⁻² using the area A1 (the 1 K isophote of the ¹²CO line) defined by Solomon et al. (1987) to compute masses and surface mass densities. However, computing surface mass densities within the half power ¹²CO isophote (A2) yields a median surface mass density close to 200 M_{\odot} pc⁻² (see Figure 4 of Heyer et al. 2009). It is thus likely that the discrepancy between the surface densities

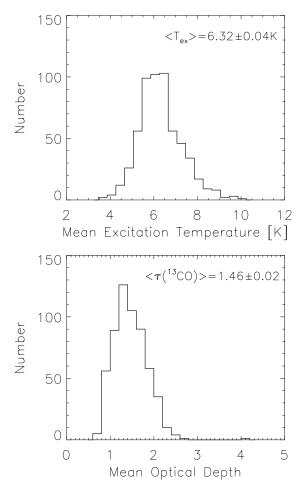


Figure 4. Histograms of the excitation temperature (top) and ¹³CO optical depth (bottom) of the molecular clouds averaged over voxels where the brightness temperature is greater than $4\sigma = 1$ K.

derived here, in Heyer et al. (2009), and in Solomon et al. (1987) be explained by the different methods and thresholds used to compute the molecular clouds' properties. The ¹²CO line is about 4-5 times as bright as the ¹³CO line (Liszt 2006). As a result, it is likely that a significant fraction of the area A1 used by Solomon et al. (1987) to compute the molecular clouds' masses using the ¹²CO line only by assuming that molecular clouds are virialized does not exhibit ¹³CO line emission above the detection threshold of the GRS. Since the Heyer et al. (2009)derivation of molecular clouds' masses is based on ¹³CO as a tracer of molecular gas column density, this would result in a dilution of the surface mass density derived from ¹³CO, which would appear lower compared to the surface density derived from the brighter ¹²CO emission by Solomon et al. (1987). This effect likely contributes to the median surface density in Heyer et al. (2009) being lower than in Solomon et al. (1987) and in our analysis. Since our derivation of the molecular clouds' mass, radius, and surface mass density is only performed within the 4σ contour of the ¹³CO integrated intensity, it is likely biased toward the most opaque regions of molecular clouds, where the surface mass density is higher than in the envelopes, thus raising the median value of the surface mass density compared to Heyer et al. (2009).

6.4. Excitation Temperature and Optical Depth

Figure 4 shows the histograms of the excitation temperature and ¹³CO optical depth of the 580 GRS molecular clouds covered by the UMSB survey. The mean excitation temperature is 6.32 ± 0.04 K, and the mean optical depth of the ¹³CO line is 1.46 ± 0.02 . Although the ¹³CO line is less opaque than its ¹²CO counterpart, optical depth effects should be taken into account in the derivation of ¹³CO column densities from ¹³CO spectral line mapping.

Rathborne et al. (2009) previously derived the excitation temperature and ¹³CO optical depth of the GRS catalog of molecular clouds and found a lower mean optical depth (0.13)and a higher mean excitation temperature (8.8 K). The difference between the results presented here and in Rathborne et al. (2009) can be explained by the use of different methods. Rathborne et al. (2009) first computed the mean ¹³CO and ¹²CO brightness temperatures each GRS molecular cloud, $\langle T_{13} \rangle$ and $\langle T_{12} \rangle$ before applying Equations (1) and (2) to obtain the "mean" excitation temperature and optical depth, $T_{\text{ex}}(\langle T_{12} \rangle)$ and $\tau_{13}(\langle T_{13} \rangle, \langle T_{\text{ex}} \rangle)$. In contrast, we first computed the excitation temperature T_{ex} and the ¹³CO optical depth τ_{13} from the ¹³CO and ¹²CO brightness temperatures using Equations (1) and (2) at each voxel associated with a particular molecular cloud. Only then did we average the excitation temperature over voxels with ¹³CO brightness temperature above the noise threshold (4 σ), and the line center optical depth over pixels with ¹³CO integrated intensity above the 4σ noise level to obtain $\langle T_{ex}(T_{12}) \rangle$ and $\langle \tau_{13}(T_{13}, T_{ex}) \rangle$. Because Equations (1) and (2) are nonlinear with T_{12} , T_{13} , and T_{ex} , the difference between performing the average before or after applying the equation can be quite large. For instance, for GRSMC G053.59+00.04, we find $\langle \tau_{13}(T_{13}, T_{ex}) \rangle =$ 1.78, while $\tau_{13}(\langle T_{13} \rangle, \langle T_{ex} \rangle) = 0.24$, close to the typical optical depth found by Rathborne et al. (2009). In this respect, molecular cloud masses recently derived by Urguhart et al. (2010) likely underestimate the masses of GRS molecular clouds, since they use the (uniform) excitation temperatures and optical depths derived by Rathborne et al. (2009). We find that the masses derived by Urquhart et al. (2010) are lower than masses derived here by a factor 2-3.

7. GALACTIC MASS DISTRIBUTION OF MOLECULAR CLOUDS

Roman-Duval et al. (2009) derived the Galactic ¹³CO surface brightness, which roughly represents the Galactic surface density of molecular gas traced by CO. This analysis, however, did not account for excitation temperature variations and ¹³CO optical depth effects. Due to variations in the heating rate with local environment, the excitation temperature is however likely to vary significantly with Galactocentric radius and local environment. The densest regions of molecular clouds exhibiting 13 CO optical depths >1, nonlinearities between 13 CO surface brightness and molecular gas masses should be taken into account. Molecular cloud masses derived in this paper therefore allow for a more accurate and rigorous derivation of the Galactic mass distribution of molecular clouds. We derived the surface mass density of molecular gas in the Milky Way by summing the masses of GRS molecular clouds over circular bins of radius 0.5 kpc, with a sampling of 0.12 kpc. The resulting galactic surface mass density of molecular gas is shown in Figure 5. The green, vellow, red, and blue lines represent the 3 kpc arm. the Scutum-Crux arm, the Sagittarius arm, and the Perseus arm from the four-arm model by Vallee (1995), respectively, which is based on a compilation of different tracers from the literature (e.g., CO, HII regions, magnetic fields, electron density, etc.). The locations of the Scutum-Crux and Perseus arms from Vallee (1995) are coincident with a two-arm model from Benjamin

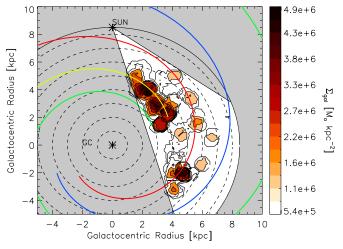


Figure 5. Galactic surface mass density of molecular clouds. The contour levels are 10%, 20%, 30%, 40%, 50%, 60%, 70%, 80%, and 90% of the maximum density (5.3×10^6) . The dashed lines indicate Galactocentric radii of 1, 2, 3, 4, 5, 6, 7, and 8 kpc. The solid line indicates the solar circle. The white area corresponds to the portion of the Galactic plane covered by the GRS. The green, yellow, red, and blue lines represent the 3 kpc arm, the Scutum-Crux arm, the Sagittarius arm, and the Perseus arm from the four-arm model by Vallee (1995), respectively.

et al. (2005), Benjamin (2009), and Churchwell et al. (2009) based on K-giants and M-giants star counts from the Galactic Legacy Infrared Mid-Plane Survey Extraordinaire (GLIMPSE). The Sagittarius arm is not detected as an overdensity in the old stellar population, perhaps because the Sagittarius arm is only a gas compression (Churchwell et al. 2009).

The surface mass density of molecular gas deduced from the GRS appears to be enhanced along the Scutum-Crux and Sagittarius arms. This suggests that, despite the uncertainty in kinematic distances due to non-circular motions near spiral arms and the uncertainty in the rotation curve, molecular clouds are good tracers of the Scutum and Sagittarius arms. Although the Perseus arm has previously been detected in several tracers (e.g., water masers, molecular gas, FIR observations, star counts; see Heyer & Terebey 1998; Reid et al. 2009; Churchwell et al. 2009), the Perseus arm is not detected as a strong enhancement in the Galactic surface density of molecular gas. This could be due to several effects. First, molecular clouds located at 10–15 kpc, on the far side of the Galaxy, tend to have smaller angular sizes than molecular clouds located at closer distances. Because the velocities of near and far molecular clouds located at the same Galactocentric radius are the same, it is possible that far molecular clouds be blended together with near molecular clouds and assigned to the near kinematic distance. Second, non-circular motions near the Perseus arm may cause the distance estimate to molecular clouds located in the Perseus arm to be inaccurate. Indeed, there are two large molecular complexes located between the Sagittarius and Perseus arms, which could be associated with the Perseus arm if their distance is systematically underestimated. Third, the completeness limit of the GRS at 10–14 kpc is $5 \times 10^3 - 10^4 M_{\odot}$, such that only a handful of very massive molecular clouds can be detected at the distance of the Perseus arm. Finally, the molecular content of the Milky Way in the Galactocentric radius range of the Perseus arm ($R_{\rm gal} = 7-8$ kpc) is of order $\Sigma_{\rm gal} = 1-2 M_{\odot}$ kpc⁻², much lower (by at least an order of magnitude, see Section 8.2) than in the 5 kpc molecular ring. The combination of these last two effects-completeness effects and low molecular surface den-

sity at $R_{gal} = 7-8$ kpc—can be further quantified. Assuming a power-law mass spectrum of exponent -1.6 (see Section 6 and also Sanders et al. 1985; Solomon et al. 1987; Williams & McKee 1997), a Galactic surface density of molecular gas $\Sigma_{\rm gal} = 1-2 M_{\odot} \,\rm kpc^{-2}$, a completeness limit of $10^4 M_{\odot}$ at a distance 10–15 kpc, and a maximum mass of $10^6 M_{\odot}$ (the maximum mass detected in the GRS), we predict that there should be four molecular clouds per kpc² above the completeness limit in the region of the Perseus arm. Indeed, this number would not be sufficient to resolve the Perseus arm. This prediction is also supported by the actual number surface density of molecular clouds observed in the GRS in the Perseus arm region. The fact that the measured surface number density of molecular clouds in the vicinity of the Perseus arm agrees with our simple prediction based on the completeness limit and the azimuthally averaged Galactic surface density of molecular gas suggests that completeness effects and the low Galactic molecular content at Galactocentric radii 7-8 kpc likely account for the non-detection of the Perseus arm in the GRS. However, we do find localized regions with 0-1 cloud kpc⁻². Combined with localized enhancements of the number and surface mass density in the inter-arm space between the Sagittarius and Perseus arms, this could suggest that distance uncertainties due to non-circular motion near spiral arms play a role in the non-detection of the Perseus arm.

The theoretical implications of the enhancement of the Galactic surface mass density of molecular gas along spiral arms have been discussed in Roman-Duval et al. (2009): the confinement of molecular clouds to spiral arms suggests that molecular clouds must form in spiral arms via a combination of hydrodynamical processes due to the compression in the spiral arm, self-gravity, Parker instability, and orbit crowding, and be disrupted in the inter-arm space.

8. VARIATIONS OF THE PHYSICAL PROPERTIES OF MOLECULAR CLOUDS WITH GALACTOCENTRIC RADIUS

8.1. CO Excitation Temperature Versus Galactocentric Radius: Effects of Star Formation?

8.1.1. Decline in CO Excitation Temperature with Galactocentric Radius

The equilibrium temperature of molecular clouds results from a balance between heating and cooling. The heating of gas in molecular clouds is due to: (1) electrons ejected from dust grains illuminated by the Interstellar Radiation Field (ISRF) due to the photoelectric effect (Bakes & Tielens 1994; Wolfire et al. 2003), (2) H₂ photodissociation (Black & Dalgarno 1977), (3) collisions between Galactic Cosmic Rays (GCRs) and molecules (Goldsmith & Langer 1978), (4) UV pumping of H₂ (Burton et al. 1990), and (5) formation of H₂ on dust grains (Hollenbach & McKee 1989). In the densest regions of molecular clouds that are completely shielded from the ISRF, heating is dominated by GCRs. In the regions closer to the CO boundary, the photoelectric effect likely plays an important role in the heating of the gas.

Fine structure lines of metals, most importantly [CII] at 158 μ m, and radiative CO rotational transitions, are responsible for the cooling of gas in molecular clouds. The decrease in the abundance of metals away from the Galactic center effectively decreases the cooling rate in molecular clouds as their Galactocentric radius increases (Quireza et al. 2006).

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Because the gas temperature is the result of the equilibrium between heating and cooling, the effects of the variations in the heating and cooling rates with Galactocentric radius on the gas temperature are reflected in the variations of the gas temperature throughout the Galactic plane. The CO excitation temperature however depends on both the gas temperature and the local number density. T_{ex} can be significantly lower than the gas temperature if the density is lower than the CO critical density, in which case there are not enough particles to collisionally excite the CO molecule to the J = 1 level. This effect is known as subthermal excitation. Nonetheless, the CO excitation temperature is likely close to the gas temperature in the dense regions of molecular clouds, which dominate the emission. Hence, the variations of the CO excitation temperature with Galactocentric radius should constrain the balance between gas heating and cooling.

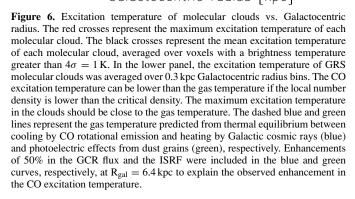
Figure 6 shows the CO excitation temperature versus R_{gal} . Only molecular clouds covered by the UMSB survey, for which we could derive a CO excitation temperature and optical depth, are taken into account. The top panel shows the maximum and mean excitation temperature in each molecular cloud. Since the mean excitation temperature is likely lower than the gas temperature due to sub-thermal excitation effects, the maximum excitation temperature in each cloud, corresponding to the densest regions, probably reflects the gas temperature more accurately. The bottom panel shows these temperatures averaged over 0.3 kpc Galactocentric radius bins. In both cases, the CO excitation temperature decreases smoothly with Galactocentric radius, from 14 K at $R_{gal} \simeq 4$ kpc down to 8 K at $R_{gal} \simeq 8$ kpc (for the maximum excitation temperature).

This large-scale decline in the gas temperature away from the Galactic center indicates that the slight decline in metallicity (and hence cooling rate) away from the Galactic center is not large enough to overcome the decrease in the heating rate (due to a decrease in the strength of the ISRF and/or the GCR flux) with Galactocentric radius. We have modeled and quantified the contribution of variations in the GCR flux and the ISRF to the variations of the gas temperature with Galactocentric radius. The variations of the GCR flux have been investigated by Bloemen et al. (1986) and Strong et al. (1988). While the flux of cosmic ray nuclei ϕ_n appears constant with Galactocentric radius, the flux of cosmic ray electrons, ϕ_e , shows a gradient best described by $\phi_e(R_{\text{gal}}) = \phi_e(R_{\odot})e^{-0.19(R-R_{\odot})}$. Note that Bloemen et al. (1986) originally cite a gradient of -0.16 kpc^{-1} , assuming $R_{\odot} = 10$ kpc. With the more recent value of $R_{\odot} = 8.5$ kpc (Kerr & Lynden-Bell 1986), this corresponds to a gradient of $-0.19 \,\mathrm{kpc}^{-1}$. The heating rate by GCR is then $\Gamma_{\mathrm{GCR}} = \phi_e(R_{\mathrm{gal}})$ $\Delta_{\rm cr} n({\rm H}_2)$ (Goldsmith & Langer 1978), where $\Delta_{\rm cr} = 17-26 \text{ eV}$ is the energy deposited as heat as a result of the ionization by GCRs. The GCR flux at $R_{\rm gal} = R_{\odot}$ is in the range 1.5–3 \times 10^{-17} s⁻¹ (Goldsmith & Langer 1978). Hence, the heating rate by GCRs is given by

$$\Gamma_{\rm GCR}(R_{\rm gal}) = 5 \times 10^{-28} n({\rm H_2}) e^{-0.19(R-R_{\odot})} [\rm erg cm^{-3} s^{-1}], \ (15)$$

where we chose a value of $\phi_e \Delta_{cr} = 5 \times 10^{-28} \text{ erg s}^{-1}$, which best describes the excitation temperature trend in our data, and is in the range cited by Goldsmith & Langer (1978).

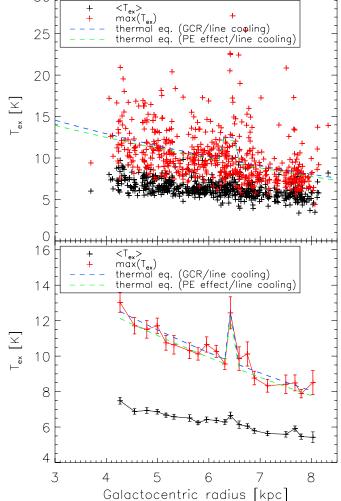
The heating rate by photoelectric effect is given in Bakes & Tielens (1994). For neutral grains, the heating rate is given by $\Gamma_{\rm pe} = 4.86 \times 10^{-26} G_0(R_{\rm gal}) n_{\rm H}$ [erg cm⁻³ s⁻¹], in an unattenuated medium, where G_0 is the strength of the ISRF in Habing units (G_0 varies with Galactocentric radius), and $n_{\rm H}$ is the hydrogen density. In a molecular cloud of visual extinction A_V ,



the heating rate due to photoelectric effect is therefore

$$\Gamma_{\rm pe} = 4.86 \times 10^{-26} G_0(R_{\rm gal}) e^{-5.4A_V} n_{\rm H} \,[{\rm erg}\,{\rm cm}^{-3}{\rm s}^{-1}].$$
 (16)

In this equation, we assumed that CO was present for $A_V > 1$ (Wolfire et al. 2010), and used the standard Milky Way extinction curve to relate A_{1000} , the FUV extinction at 1000 Å, and A_V ($A_{1000} = 4-5 A_V$, see Gordon et al. 2003). The strength of the ISRF, G_0 , can be observed via the dust temperature (Bernard et al. 2008): $G_0 \propto T_d^{4+\beta}$, where β is the emissivity index of the dust ($\beta = 1.5-2$; see Boulanger et al. 1996; Gordon et al. 2010), and T_d is the equilibrium temperature of large dust grains. In addition, Sodroski et al. (1997) derived the dust equilibrium temperature versus Galactocentric radius. They found



 $T_d(R_{gal}) = 28 \text{ K}-6.8 \text{ K} \times (R_{gal}/R_{\odot})$. Hence, with the local IRSF having strength $G_0(R_{\odot}) = 1.7$, the variations of G_0 throughout the Galactic plane are given by

$$G_0(R_{\rm gal}) = G_0(R_{\odot}) \left(1.32 - 0.32 \frac{R_{\rm gal}}{R_{\odot}} \right)^{(4+\beta)}.$$
 (17)

This expression for $G_0(R_{gal})$ can then be used in Equation (16) to calculate the heating due to photoelectric effect as a function of R_{gal} .

The cooling rate by a variety of fine structure atomic and molecular lines is given in Goldsmith & Langer (1978). For $n(\text{H}_2) = 300 \text{ cm}^{-3}$, which is close to the median density $(n_{\text{H}_2}^{\text{med}} = 230 \text{ cm}^{-3})$ in our sample of molecular clouds, the cooling rate is $\Lambda = 4.7 \times 10^{-27} T^{1.6}$ [erg cm⁻³ s⁻¹].

In thermal equilibrium, the gas temperature can then be determined by equating the cooling and heating rates: $\Lambda = \Gamma$. The gas temperature resulting from the balance between heating by GCR and line emission cooling is shown as a blue line in Figure 6. For the H₂ number density, $n(H_2)$, we use the median value of our sample $(n_{H_2}^{med} = 230 \text{ cm}^{-3})$ in Equation (15). Our simple calculation reproduces the variations of the CO excitation temperature with Galactocentric radius within the error bars. In Figure 6, we also show the gas temperature obtained from the equilibrium between cooling and heating by photoelectric effect (dashed green line). We used Equations (16) and (17), with the median number density found in our molecular cloud sample, and $\beta = 1.5$ (Gordon et al. 2010). In this case, our prediction also reproduces the temperature trend within the error bars.

Thus, both a decline in the GCR flux and in the strength of the ISRF can explain the decrease in CO excitation temperature derived in this analysis based on the GRS. It is likely that the GCR flux and the strength of the ISRF are correlated, because they both depend on the star formation rate. In this case, the decline in gas temperature with R_{gal} would reflect a decrease in the star formation rate with Galactocentric radius. Indeed, young massive stars produce most of the ionizing and dissociating radiation responsible for gas heating in the envelopes of molecular clouds. GCRs are thought to be produced in supernova remnants via Fermi acceleration. Since supernovae remnants are the products of massive star formation, the GCR flux is therefore tied to massive star formation. Because of the large mean free path of GCRs, however, it is not clear how the heating rate due to GCRs in molecular clouds relates to the local star formation rate. Nonetheless, a gradient of $-30\%/R_{\odot}$ in the star formation rate (see Equation (17)) would explain the decline of the gas temperature with Galactocentric radius.

8.1.2. Enhancement at $R_{gal} = 6.4 \, kpc$

The maximum CO excitation temperature in each cloud is enhanced by about 2 K at a Galactocentric radius of 6.4 kpc. This enhancement is significant at the 3σ level with respect to the uncertainty plotted in Figure 6. Over the longitude coverage of the GRS, a Galactocentric radius of 6.4 kpc corresponds to the Sagittarius arm. An elevated gas temperature at 6.4 kpc may be related to massive star formation occurring in the Sagittarius arm (both through the strength of the radiation field and the GCR flux). In Figure 6, an increase of 50% in the GCR flux (blue line) and in the strength of the ISRF (green line) at $R_{gal} =$ 6.4 kpc reproduces the trend observed in the GRS.

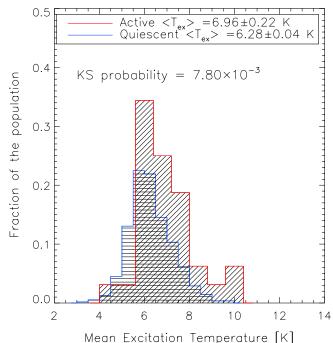
The idea that star formation locally increases the gas temperature inside molecular clouds can be further tested by comparing different data sets. Anderson et al. (2009) found an enhancement

Figure 7. Distributions of excitation temperatures of "active" (i.e., containing an H II region) and "quiescent" molecular clouds in red and blue, respectively. On average, active molecular clouds have slightly higher temperatures.

of H II regions at a Galactocentric radius of $\simeq 6$ kpc. In addition, the 15 hottest molecular clouds located at Galactocentric radii 6–7 kpc (which stand out in Figure 6) all have confirmed star formation activity-polycyclic aromatic hydrocarbon emission in the 8 μ m band, and 24 μ m emission tracing warm dust—in the GLIMPSE and MIPSGAL infrared surveys. Eight of these 15 molecular clouds are associated with the star formation region W51 located at a Galactic longitude of 49°-50° and at a distance of 5.5 kpc, which places it near the Sagittarius arm. The seven others belong to different star formation regions and contain known masers and HII regions. To test the hypothesis that star formation activity increases the gas temperature of molecular clouds, we compare the excitation temperatures of "active" molecular clouds, containing H II regions, to the temperature of "quiescent" molecular clouds. In Roman-Duval et al. (2009), a catalog of such "active" and "quiescent" molecular clouds was established based on the coincidence between the morphology of the 21 cm continuum and ¹³CO emission, and the velocity of ¹³CO and recombination lines from Anderson et al. (2009). This catalog can readily be used to compare the excitation temperatures of active and quiescent molecular clouds. The histograms of the CO excitation temperature of both samples are shown in Figure 7. On average, "active" molecular clouds have a slightly higher temperature, $\langle T_{ex} \rangle = 6.96 \pm 0.22$, compared to "quiescent" molecular clouds ($\langle T_{ex} \rangle = 6.28 \pm 0.04$). A Kolmogorov-Smirnov test shows that the active and quiescent molecular cloud populations have a less than 1% chance of being from the same distribution. This difference of temperature between active and quiescent molecular clouds, significant at the 3σ level, supports the idea that star formation increases the gas temperature (and hence CO excitation temperature) of molecular clouds.

8.2. Mass and Surface Density

The variations of the masses and surface mass densities of the GRS molecular clouds as a function of Galactocentric



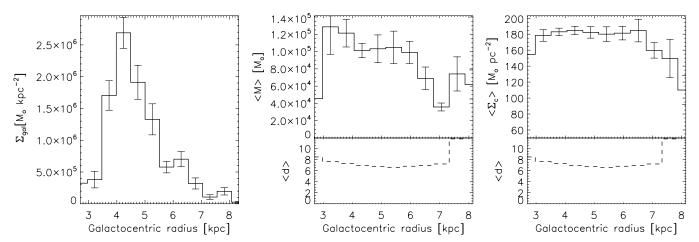


Figure 8. Radial variations of (1) the Galactic surface mass density of molecular clouds (left), (2) the molecular cloud masses (middle), and (3) the molecular clouds' surface mass density (right). The dashed line represents the average $\langle d \rangle_{0.5 \text{kpc}}$ in each 0.5 kpc bin. $\langle d \rangle_{0.5 \text{kpc}}$ is an indicator of how much the average physical properties of molecular clouds within each radial bin are affected by biases (see Section 9.1).

radius should help understand and predict the variations in the star formation activity resulting from this reservoir of molecular gas throughout the Galactic disk. The azimuthally averaged Galactic surface mass density of molecular gas, Σ_{gal} , was obtained by summing the molecular clouds' masses over 0.5 kpc Galactocentric radius bins. Since the range of longitudes covered by the GRS data is limited, each radial bin covers only a limited range in azimuth, which varies with Galacotcentric radius. To convert the mass measurements to a more uniform measure of gas content, the total mass contained in a radial bin was therefore divided by the surface area covered by the GRS data within the radial bin. As a result, we obtained an azimuthally averaged surface mass density of molecular gas encompassed by GRS molecular clouds at each Galactocentric radius. The left panel of Figure 8 shows Σ_{gal} as a function of Galactocentric radius R_{gal} . Σ_{gal} peaks at $R_{gal} = 4.5$ kpc ($\Sigma_{gal} =$ $2.5 \times 10^6 M_{\odot} \text{kpc}^{-2}$) and decreases steeply with Galactocentric radius down to $10^5 M_{\odot} \text{kpc}^{-2}$ at $R_{\text{gal}} = 7.5 \text{ kpc}$.

The middle panel of Figure 8 shows the molecular clouds' masses averaged over 0.5 kpc Galactocentric radius bins. Since each Galactocentric radius bin covers a range of distances, and since the completeness limit varies with distance, only molecular clouds with masses greater than the completeness limit at 15 kpc, or $1.1 \times 10^4 M_{\odot} \text{ pc}^{-2}$, were taken into account. The mean molecular cloud mass in each radial bin appears rather constant with R_{gal} out to 5.5 kpc, at which point the mean molecular cloud mass starts to drop from $10^5 M_{\odot}$ at $R_{\text{gal}} = 5.5 \text{ kpc}$ down to $5 \times 10^4 M_{\odot}$ at $R_{\text{gal}} = 7.5 \text{ kpc}$.

The right panel of Figure 8 shows the molecular clouds' surface mass density, Σ_c , averaged over 0.5 kpc Galactocentric radius bins. Σ_c increases from 3 kpc to 4 kpc, remains constant between 4 kpc and 6 kpc, and decreases beyond this point, from $170 M_{\odot} \text{ pc}^{-2}$ down to $120 M_{\odot} \text{ pc}^{-2}$ at $R_{\text{gal}} = 7.5$ kpc. It has been suggested by (McKee 1989) that the star formation rate in a molecular cloud is governed by ambipolar diffusion, and subsequently by the surface mass density. In a molecular cloud with low surface mass density, the ionized fraction sustained by the ISRF penetrating the molecular cloud is high enough to prevent collapse and subsequent star formation due to magnetic support. In contrast, star formation proceeds more rapidly in molecular clouds that exhibit a high surface mass density. The decline in the average molecular cloud surface mass density with Galactocentric radius beyond 6 kpc may therefore suggest a decrease in the star formation rate with Galactocentric radius.

9. DISCUSSION

The purpose of this section is to emphasize the major assumptions and limitations of the results presented in this paper. Observational biases affecting the physical properties of molecular clouds located at different distances, as well as fundamental assumptions and uncertainties made in the estimation of the physical properties of molecular clouds, are discussed.

9.1. Biases

The top panel of Figure 9 shows the mass versus the distance to each molecular cloud. The mass (and radius) of the GRS molecular clouds is observed to on average increase with distance. This is due to (1) a Malmquist bias resulting from the increasing completeness limit and probability of observing a massive cloud with distance, and to a minor extent (2) the effects of finite resolution and the method used to identify molecular clouds. Indeed, it is hard to define one set of parameters for CLUMPFIND (spatial and spectral smoothing, brightness threshold and brightness increment) that identify a molecular cloud at all emission levels.

9.1.1. Modeling Biases

In order to analytically describe the effects of increasing completeness limit and probability of observing rarer, more massive clouds as a function of distance, we assume a power-law mass spectrum, $\phi(M) = \phi_0 M^{-1.64}$ (see Section 6). The average mass of a molecular cloud detected by the GRS at a distance *d* in the GRS field is

$$\langle M \rangle (d) = \frac{\int_{M_{\min}(d)}^{M_{\max}(d)} M\phi(M) dM}{\int_{M_{\min}(d)}^{M_{\max}(d)} \phi(M) dM}$$
(18)

or

$$\langle M \rangle (d) = \frac{M_{\max}(d)^{0.36} - M_{\min}(d)^{0.36}}{M_{\min}(d)^{-0.36} - M_{\max}(d)^{-0.36}},$$
(19)

where $M_{\min}(d)$ is the minimum mass that can be detected by the GRS at distance d, i.e., the completeness limit. $M_{\min}(d)$ is given by $M_{\min}(d) = 50d_{\text{kpc}}^2$ (see Section 6), where d_{kpc} is the distance in kpc. M_{\max} is a physical upper limit on the masses of molecular clouds used to integrate Equation (18), which would diverge for $M_{\max} = \infty$. Indeed, molecular clouds cannot grow infinitely due

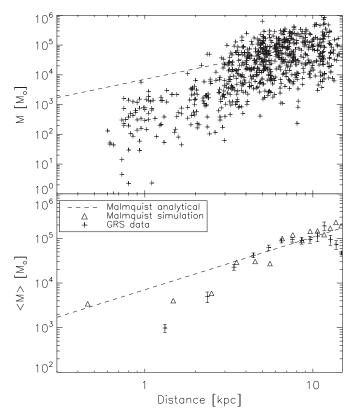


Figure 9. Molecular clouds' individual masses and masses averaged within 1 kpc distance bins vs. distance. The dashed lines represent the expected trend from the analytical description of the Malmquist bias predicted for the GRS. The triangles are predictions from a numerical simulation of the Malmquist bias in the GRS.

to disruptive mechanisms (e.g., turbulence, Galactic shear), the limited molecular scale height, and limited molecular content of the Milky Way. In addition, the FOV of the GRS is limited to Galactic latitudes $-1^{\circ} < b < 1^{\circ}$, such that the maximum mass detectable in the survey cannot exceed the limit derived in Section 6: $M_{\text{max}}^{\text{FOV}} = 1.96 \times 10^5 d_{\text{kpc}}^2$. However, Figure 10, showing the maximum mass detected in each distance bin and the theoretical upper limit due to the limited FOV, demonstrates that the maximum mass allowed by the limited FOV of the GRS, $M_{\text{max}}^{\text{FOV}}$, is never reached. Thus, we use a constant upper bound, M_{max} , in the integration of Equation (18). We use $M_{\text{max}} = 10^6 M_{\odot}$, the largest molecular cloud mass observed in the GRS, and also a typical high end on the mass of massive giant molecular clouds (Solomon et al. 1987).

9.1.2. Biases Observed in the GRS

Figure 9 shows the molecular clouds' masses versus distance. The bottom panel shows the trend averaged over 1 kpc distance bins. The dashed line indicates the prediction from our simple analytical model of the Malmquist bias. Our analytical prediction for the Malmquist bias is not as steep as the observed trend and does not reproduce the observed data well. This could be due to several effects. First, the probability of observing rare, massive clouds in the solar neighborhood is low due to the small volume probed at such a low distance and due to the lack of massive Galactic structure in this area. As a result, the high end of the mass spectrum is not well randomly sampled in our data. This tends to make the average molecular cloud mass at low distance lower than the prediction obtained from the Malmquist bias. Second, the surface density of molecular gas, and thus

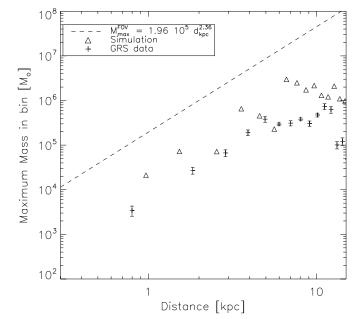


Figure 10. Maximum molecular cloud mass detected in each 1 kpc distance bin as a function of distance. The dashed line represents the maximum mass allowed by the FOV of the GRS.

the probability of observing massive molecular clouds, is not uniform in the Milky Way.

To further investigate the cause of the observed distance/mass trend, we have performed a simple simulation. We have simulated a sample of molecular clouds with a mass spectrum $\phi(M) \propto M^{-1.64}$ that matches the Galactic surface mass density of molecular gas observed in Figure 8. To that end, we have populated concentric rings of constant Galactocentric radius and of thickness 50 pc centered on the galactic center with molecular clouds, in order to match the observed Galactic surface density of molecular clouds. At each Galactocentric radius, the molecular cloud population in the ring is randomly sampled from a power-law mass spectrum of exponent -1.64, with masses ranging between $10 M_{\odot}$ and $3 \times 10^6 M_{\odot}$. The azimuth of the clouds is randomly selected from a uniform distribution between 0 and 2π , and their distance and galactic longitude are computed based on their Galactocentric radius and azimuth. Molecular clouds that have masses greater than the completeness limit at their distance $(M_{\min} = 50 d_{kpc}^2)$ are included in the population of the ring, until the surface density of the ring reaches the observed surface density of molecular gas at this Galactocentric radius, given by Figure 8. The simulation produced a sample of 2644 molecular clouds between a Galactocentric radii 1.5 kpc and 10 kpc, 718 of which are located within the GRS longitude range. In this simulated sample of molecular clouds located inside the GRS coverage, we recorded the maximum and mean molecular cloud mass in each distance bin (we used 1 kpc distance bins), the same way we did for our GRS sample of molecular clouds. The results of this simulation is shown in Figure 9 as triangles.

Our simple simulation of the Malmquist bias seems to reproduce the observed trends within the error bars. We are therefore confident that the observed trends are indeed due to a Malmquist bias. Effects of the molecular cloud identification algorithm may play a secondary role in the relation between distance and molecular cloud masses at small distances. Indeed, CLUMPFIND tends to detect well resolved, nearby molecular clouds as distinct objects while the same molecular clouds at a farther distance would be blended together and assigned to a single cloud.

9.1.3. Effects of Biases on Molecular Clouds' Physical Properties

Biases mainly affect the significance of the radial profiles derived in Section 8. Because the masses of the molecular clouds on average increase with distance, the radial variations of the molecular gas content of the Milky Way seen in Figure 8 would result from biases if the different radial bins were dominated by molecular clouds that were on average at different ranges of distance. The dash-dotted lines in each panel of Figure 8 represent $\langle d \rangle_{0.5\text{kpc}}$, the average of *d* in each 0.5 kpc Galactocentric radius bin, versus distance. Because the Malmquist bias causes the average molecular cloud mass to increase with distance, $\langle d \rangle_{0.5\text{kpc}}(R_{\text{gal}})$ should give us an indication of whether or not the radial profiles shown in Figure 8 are dominated by biases. There is no obvious correlation between $\langle d \rangle_{0.5\text{kpc}}(R_{\text{gal}})$ and $\langle M \rangle(R_{\text{ga}})$ or $\langle \Sigma_c(R_{\text{gal}})$, indicating that the variations of $\langle M \rangle$ and Σ_c with R_{gal} are genuine.

9.2. Effects of ¹³CO Abundance Variations

The derivation of the GRS molecular clouds' masses is based on the assumption that the abundance of 13 CO relative to H₂ is uniform within a molecular cloud. Owing to photodissociation and fractionation, the abundance ratio $n(^{13}CO)/n(H_2)$ may however decrease significantly between the shielded dense interiors of molecular clouds and their diffuse, UV-exposed envelopes (Liszt 2007; Glover & Mac Low 2010). Molecular hydrogen (H_2) being self-shielded due to numerous optically thick absorption lines in the UV, it can resist the photodissociating ISRF at lower extinctions (A_V of a few tenth) than its CO counterpart, which can only exist for $A_V > 1-3$ (Glover & Mac Low 2010; Wolfire et al. 2010). A significant amount of molecular gas is therefore likely hidden in CO dark envelopes around molecular clouds. As a result, our method probably underestimates the masses of the GRS molecular clouds. Wolfire et al. (2010)predicts that 30% of a molecular cloud's mass is in the form of CO-dark molecular envelope, while Goldsmith et al. (2008) predict 50%. This is nonetheless the order of magnitude of the molecular mass not traced by CO in the Milky Way.

In addition, the CO molecule tends to leave the gas phase and freeze out onto dust grains (thus forming a mantle) in cold, dense molecular cores. This effect could also potentially render some of the molecular mass inside a molecular cloud invisible to CO observations. Indeed, using other molecules such as N₂H⁺ and the dust continuum as a tracer for the densest molecular phase, Bacmann et al. (2002) have measured a CO underabundance of 5–15 in molecular cores of density 10^5-10^6 cm⁻³. The under-abundance depends on the density (Bacmann et al. 2002), such that CO mantling on dust grain does not occur for densities lower than 10^4 cm⁻³. The typical size of such cores is 0.05–0.2 pc (Bacmann et al. 2000; Rathborne et al. 2010), which at a distance of 5 kpc represents an angular size of 15''. Thus, a core's projected area represents 1% of the GRS beam area. Therefore, we do not expect CO mantling on dust grain to have a significant effect on the estimation of a molecular cloud's mass compared to photodissociation effects.

9.3. Effects of Sub-thermal Excitation

In order to derive ¹³CO optical depths and molecular cloud masses, the CO excitation temperature was assumed to be

identical for ¹³CO and ¹²CO. Since CO is usually thermalized within molecular clouds due to its low dipole moment, this is a reasonable assumption. This assumption might however break down in the more diffuse envelopes of molecular clouds, where the optically thick ¹²CO can remain thermalized due to radiative trapping, while the optically thin ¹³CO is sub-thermally excited. In this case, the ¹³CO excitation temperature would be lower than the ¹²CO excitation temperature. Nonetheless, emission from sub-thermally excited ¹³CO in diffuse molecular cloud envelopes is probably under the GRS detection threshold (Heyer et al. 2009).

9.4. Uncertainties on the Mass Estimation

In addition to the effects of sub-thermal excitation and abundance variations, noise intrinsic to the data and errors on kinematic distances affect the accuracy of a molecular cloud's mass estimate. The estimation of the masses of the molecular clouds is based on the knowledge, at each voxel, of the excitation temperature (derived from the ¹²CO brightness temperature), of the optical depth (derived from the excitation temperature and the ¹³CO brightness temperature), and the distance of each molecular cloud. The ¹³CO and ¹²CO brightness temperatures are affected by Gaussian noise, with a standard deviation of $\sigma_{T_{mb}} = 0.26 \text{ K}$ for both the UMSB (¹²CO) and the GRS (¹³CO) surveys (Jackson et al. 2006). The accuracy of kinematic distances was discussed in Roman-Duval et al. (2009). The error on the distance stems from the error in the velocity of a molecular cloud with respect to its LSR velocity, the difference being caused by cloud-to-cloud dispersion and non-circular motions associated with spiral arms. The cloud-tocloud dispersion amounts to $3-5 \text{ km s}^{-1}$ (Clemens 1985) and local velocity perturbations associated with spiral arms are of order 15 km s⁻¹ (Clemens 1985).

The error on the molecular clouds' masses due to each of those factors was estimated using Monte-Carlo simulations. For every molecular cloud in the GRS, we computed the velocity dispersion and peak brightness temperature of the ¹³CO line toward each GRS pixel. The ¹³CO line toward each pixel of the molecular cloud was then modeled by a Gaussian line with the same peak brightness temperature and velocity dispersion. Gaussian noise of standard deviation $\sigma_{T_{mb}} = 0.26$ K was added to the model molecular cloud, and its ¹³CO optical depth estimated assuming an excitation temperature of 6.3 K (the average value in Figure 4). We reproduced the contribution of the distance uncertainty on the mass error using the following method. First, a random Gaussian velocity error e_v of dispersion $\sigma_{e_v} = 5 \text{ km s}^{-1}$ was added to the LSR velocity of the molecular cloud, V_0 , to obtain a flawed estimate of the molecular cloud LSR velocity $V_1 = V_0 + e_v$. The kinematic distance d_1 corresponding to V_1 was computed using the Clemens (1985) rotation curve and the Galactic longitude of the molecular cloud, conserving the near/far kinematic distance assignment of the molecular clouds from Roman-Duval et al. (2009). The distance d_1 was finally used, along with the ¹³CO optical depth of the model molecular cloud, to compute its mass. This process was repeated 20 times for the standard deviation of the mass of the model molecular cloud to converge. The error on the mass estimation of the molecular cloud was then computed as $\sigma_M =$ $\sqrt{\langle (M_i - M_{cloud})^2 \rangle_{i=0,20}}$, where M_{cloud} is the mass of the GRS molecular cloud and M_i is the mass of the *i*th realization of the model molecular cloud. Error bars on the mass estimate are specified in Table 1 and in the online complete version of the table.

We have derived the physical properties (radius, mass, excitation temperature, optical depth, virial parameter, density, and surface density) of 580 molecular clouds identified in the GRS and covered by the UMSB ¹²CO survey. We have derived the histograms of these properties, and found a power-law decrease of exponent -1.64 ± 0.25 for the mass spectrum of molecular clouds, consistent with previous results from the literature. The median virial parameter of nearly 0.5 suggests that molecular clouds are gravitationally bound entities. The range of values for the physical properties is intended to constrain numerical models of molecular cloud formation and evolution.

We have found a tight power-law correlation of exponent 2.36 ± 0.04 between the radii and masses of molecular clouds. Based on this correlation, we have deduced that the fractal dimension of the ISM must be of order 2.36 in the molecular phase and in the range of spatial scales covered by molecular clouds. The correlation between molecular cloud radii and masses also allowed us to derive masses for an additional 170 GRS molecular clouds not covered by the UMSB 12CO survey, for which excitation temperatures and optical depths could not be derived. Based on the 750 molecular clouds, we have examined the Galactic surface mass density of molecular clouds in the Galactic region covered by the GRS. The azimuthally averaged Galactic surface mass density of molecular gas is enhanced by a factor of 5 between Galactocentric radii of 4 and 5 kpc. This supports previous observations that most of the molecular content of the Milky Way is contained in a ring located 4-5 kpc away from the Galactic center (Clemens et al. 1988). In addition, the two-dimensional map of the Galactic surface mass density of molecular gas is enhanced along the positions of the Scutum-Crux and Sagittarius arms (also detected with other tracers such as star counts, HII regions, magnetic fields, electron density, etc.). We have found no enhancement of molecular gas along the Perseus arm, which could be due to uncertainties in the kinematic distance, near/far blending, or the lack of completeness at this distance (>10 kpc). Nonetheless, the molecular gas enhancements observed at the assumed positions of the Scutum and Sagittarius arms may suggest that molecular clouds form in spiral arms and are disrupted in the inter-arm space.

Finally, we have found that the CO excitation temperature of molecular clouds decreases with Galactocentric radius, suggesting a decrease in the star formation rate away from the Galactic center. The excitation temperature of molecular clouds is also marginally enhanced at a Galactocentric radius of 6 kpc, which, in the GRS longitude range, corresponds to the inferred position of the Sagittarius arm. This marginal increase may be related to star formation activity in the Sagittarius arm.

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