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Superconductivity of lanthanum revisited: enhanced critical temperature in the clean limit

To cite this article: P Löptien *et al* 2014 *J. Phys.: Condens. Matter* **26** 425703

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Superconductivity of lanthanum revisited: enhanced critical temperature in the clean limit

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Received 14 July 2014, revised 22 August 2014

Accepted for publication 29 August 2014

Published 2 October 2014

Abstract

The thickness dependence of the superconducting energy gap Δ_{La} of double hexagonally close packed (dhcp) lanthanum islands grown on W(110) is studied by scanning tunneling spectroscopy, from the bulk to the thin-film limit. Superconductivity is suppressed by the boundary conditions for the superconducting wavefunction on the surface and W/La interface, leading to a linear decrease of the critical temperature T_c as a function of the inverse film thickness. For the thick, bulk-like films, Δ_{La} and T_c are 40% larger compared to the literature values of dhcp La as measured by other techniques. This finding is reconciled by examining the effects of surface contamination as probed by modifications of the surface state, suggesting that the large T_c originates in the superior purity of the samples investigated here.

Keywords: lanthanum, superconductivity, scanning tunneling spectroscopy, thin film

(Some figures may appear in colour only in the online journal)

1. Introduction

Commonly, the energy gap Δ of a superconducting film is determined in tunneling experiments where a conducting electrode and the superconductor are separated by an insulating layer. In early tunneling experiments, planar tunneling junctions with a thick oxide layer [1–3] or point contacts [4] were utilized to determine the superconducting properties of many typical superconductors. With the advancement of low temperature scanning tunneling spectroscopy (STS) in ultra-high vacuum (UHV), it has become possible to probe *in-situ* fabricated superconductors, and to determine Δ with an atomic-scale spatial resolution [5]. In such experiments, Δ can be determined with a high degree of accuracy as a result of higher sample quality due to its *in-situ* preparation, and utilizing the vacuum barrier, which acts as a perfect insulator. In recent years, such investigations have shown that seemingly well understood, elemental BCS superconductors, such as Pb or In, behave dramatically differently at the thin film limit. For example,

the onset of quantum well states allows superconductivity to remain robust within the thin film limit [6, 7], or even to persist down to a single layer [7]. For other systems, such as Pb-Bi alloys, it has been shown that T_c can be engineered by modifying the Fermi wave vector k_F [8]. A thorough understanding of superconductivity at these length scales is not only interesting from an academic point of view, but is also required for possible applications of superconductivity in nanoscale devices, mandating local probe investigations with a high spatial and energy resolution.

Although the preparation quality is especially crucial for reactive materials such as lanthanides, this technique has not been applied to lanthanum yet, one of the few elemental superconductors with $T_c > 4$ K [9]. The superconductivity of bulk La was investigated in a number of experimental studies [1–4, 10–12], including planar tunneling [1–3] and point contact spectroscopy [4], and by theory [13, 14]. Most notably, La is an intermediate-coupling superconductor [1–4, 10, 12, 14] with a critical temperature at an atmospheric pressure of $T_c^{\text{lit}} = (4.98 \pm 0.04)$ K and (6.04 ± 0.07) K for the stable double hexagonally close packed (dhcp) and metastable fcc phase, respectively, and an extraordinary enhancement

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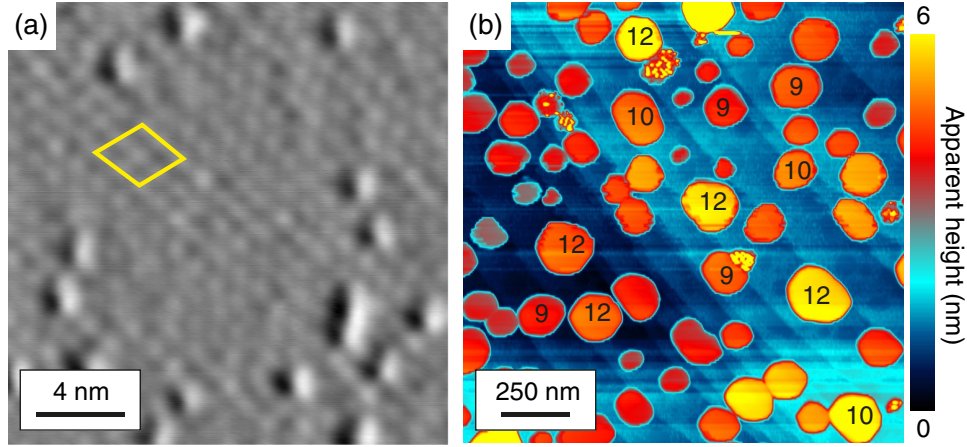


Figure 1. STM topographs of La/W(1 1 0) ($I = 100$ pA, $V = 1$ V). (a) Laterally differentiated topograph of the wetting layer between the La islands with the rhombic unit cell indicated in yellow [26]. (b) Islands of a 1st generation sample with heights in ML, as depicted by the numbers ($I = 200$ pA, $V = 1$ V).

under compression [3, 11]. Studies on the properties of low-dimensional La are lacking.

In this article, we report on an STS study of the superconducting properties of dhcp La islands. We observe that Δ_{La} and T_c of La are larger than commonly believed for clean bulk La [1–4, 10, 12, 14]. Approaching the thin film limit, namely where the film thickness is comparable to the coherence length ξ_0 , we determine a monotonous decrease in the superconducting properties, in agreement with a theoretical model that considers the boundary conditions for the superconducting wave function [15], ruling out significant quantum size effects in the superconductivity. We investigate samples of different purity and show that a reduction in T_c is correlated with an increased surface contamination and the quenching of the unoccupied surface state of the La islands.

2. Experimental procedures

In-situ prepared La films were studied in a commercially available UHV STM [16] at a base temperature of $T = 1.2$ K, unless otherwise specified, and a base pressure of $p < 2 \times 10^{-10}$ mbar. The W(1 1 0) surface was cleaned by cycles of annealing in an oxygen atmosphere and subsequent thermal flashing [17]. La films were grown by electron beam evaporation on a clean W(1 1 0) substrate maintained at room temperature. Afterwards, each sample was annealed for 5 to 12 min at temperatures within a range of 700–800 °C and then slowly cooled to room temperature, avoiding a rapid thermal quenching to bypass the metastable fcc phase. Two types of La source with different nominal purities were used for the experiments [18]. The corresponding La films are named 1st and 2nd generation samples in the following. STM topographs were recorded in the constant-current mode, with a sample bias voltage $V = 1$ V and a tunneling current within a range of $I = 30$ –200 pA. STS was performed using the standard lock-in technique, adding a modulation voltage of V_{mod} to V . The dI/dV spectra dedicated to the study of superconductivity were taken using normal metal and superconducting Nb tips [19] with $I_{\text{stab}} = 100$ –150 pA at $V_{\text{stab}} = -6$ mV and $V_{\text{mod}} = 0.04$ –0.07 mV. In this

junction resistance range, we did not observe any effects of Josephson supercurrents or Andreev reflections. The spectra for the surface state were recorded with $I_{\text{stab}} = 500$ pA at $V_{\text{stab}} = +1$ V and $V_{\text{mod}} = 1$ mV.

The annealing of La/W(1 1 0) leads to Stranski-Krastanov growth [20], i.e. a La wetting layer (WL) with a thickness of one monolayer (ML) on the W(1 1 0) surface (figure 1(a)), while the additional material forms flat-top dhcp La(000 1) islands (figure 1(b)). The height and lateral extension of the islands depend on the combination of deposition time and rate, and the annealing time and temperature. In total, islands with thicknesses d within a range of $d = 2.5$ nm and $d = 140$ nm (8–460 ML) were grown, which covers a broad range from the thin film to the bulk limit, with respect to the coherence length in the clean limit, $\xi_0^{\text{lit}} = 36.3$ nm [12]. In order to avoid lateral size effects, we only studied islands with a diameter of $\gg \xi_0^{\text{lit}}$.

3. Determination of the energy gap

STS on the La islands reveals a symmetric superconducting gap, Δ_{La} , around the Fermi level E_F resulting from the superconductivity of the probed island (figure 2(a)), while the WL shows no gap, indicating a normal metal. Moreover, Δ_{La} is reduced with decreasing d . Spectra taken with Nb tips (figure 2(b)) correspondingly show a gap on the WL stemming from the tip density of states (DOS), and a larger gap on the La islands stemming from the interplay of the tip and sample DOS.

In order to precisely extract Δ_{La} for a given d , the experimental curves were each fitted with a numerically calculated differential conductance (appendix A), involving a BCS-like DOS for the sample, or for both electrodes in the case of the Nb tips:

$$N_{\text{sc}}(E, \Gamma) = N_n \Re \left(\frac{E - i\Gamma}{\sqrt{(E - i\Gamma)^2 - \Delta^2}} \right). \quad (1)$$

Here, N_n is the DOS of the electrode in its normal metal state, which is assumed to be constant, E is the energy, Δ is the familiar energy gap from BCS theory, and Γ is a broadening

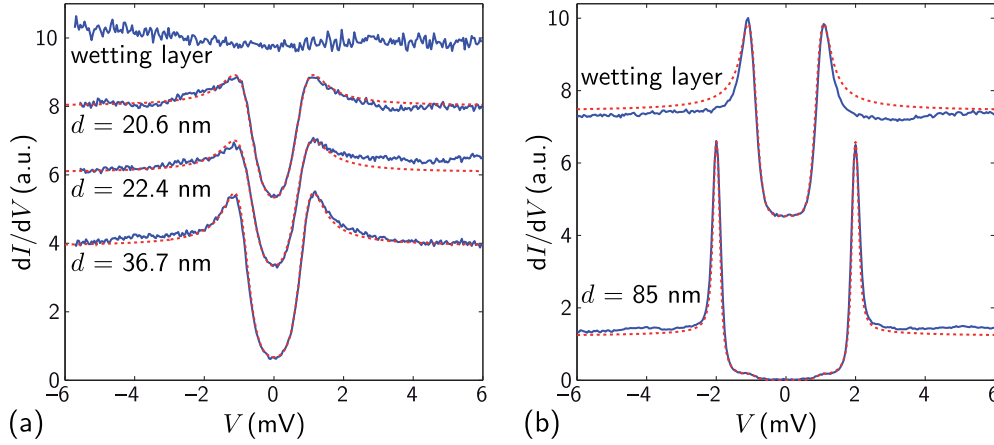


Figure 2. Determination of $\Delta_{\text{La}}(T, d)$ for La islands with different thicknesses d , using (a) normal metal and (b) superconducting Nb tips. Experimental curves (blue solid lines) were taken on the WL to characterize the tip DOS and with the same tip on the La islands indicated by d . The fitted calculations are shown as red dotted curves. (a) Experimental data: $V_{\text{mod}} = 0.06$ mV, $T = 1.23$ K. Fitted calculations: $V_{\text{mod,eff}} = 0.10$ mV, $\Delta_{\text{La}} = 0.79, 0.80, 0.89$ meV, $\Gamma_{\text{La}} = 0.25, 0.25, 0.14$ meV (from top to bottom). (b) Experimental data: $V_{\text{mod}} = 0.07$ mV, $T = 1.14$ K. Fitted calculations: $V_{\text{mod,eff}} = V_{\text{mod}}$, $\Delta_{\text{tip}} = 0.94$ meV, $\Gamma_{\text{tip}} = 0.01$ meV, $\Delta_{\text{La}} = 1.05$ meV, $\Gamma_{\text{La}} = 0.07$ meV. The curves are vertically shifted for visual clarity.

parameter which was originally introduced to describe the finite lifetimes of quasiparticles in the tunneling process [21]. The fitted calculations (appendix A) yield Δ_{La} and Γ_{La} as free fit parameters, while Δ_{Nb} and Γ_{Nb} were determined from the WL spectra taken with the same micro-tip. The excellent fit quality (figures 2(a) and (b)) permits an accurate determination of these quantities, resulting in values of up to $\Delta_{\text{La}} = 1.05$ meV and $\Gamma_{\text{La}} \approx 0.1$ – 0.6 meV. There is no strong lateral variation of superconductivity on the islands, at least for distances $\geq \xi_0^{\text{lit}}$ from the islands' edges (appendix B). Hence, we conclude that Δ_{La} depends only on d and T . The obtained $\Delta_{\text{La}}(T, d)$ is shown in figure 3(a) for both sample generations. First, we will focus on the results from the cleaner 1st generation samples, and then we will discuss the effects of impurities on the superconductivity. Going from the bulk limit $d \gg \xi_0^{\text{lit}}$ to the thin film limit, the values of $\Delta_{\text{La}}(T, d)$ show a linear decrease as a function of inverse thickness with no obvious saturation above $d = \xi_0^{\text{lit}}$.

4. Determination of the critical temperature

$T_c(d)$ is determined by the experimental $\Delta_{\text{La}}(T, d)$ using BCS theory (see appendix C). At the La bulk limit, the relation between the zero-temperature energy gap $\Delta_{\text{La}}(0, d)$ and $T_c(d)$ was shown to equal $2\Delta_{\text{La}}(0, d)/k_B T_c(d) = 3.75 \pm 0.02$ [1–3, 12]. We assume the same constant value for the whole range of La thicknesses studied here. In fact, the only two effects which could alter its value for decreasing d are (i) phonon softening [22], which would emerge as a shift of phonon modes in experimental dI/dV -curves [23], and (ii) electronic quantum size effects, which would appear as discrete states in the higher voltage range of the spectra. There are no clear indications for such features (figures 2 and 4). Therefore, both effects can be ruled out, and should only emerge in very thin films of up to a couple of monolayers (5–10 ML in Pb [23]). For our thinnest films, where T_c becomes comparable to T , the finite experimental temperature is considered by calculating

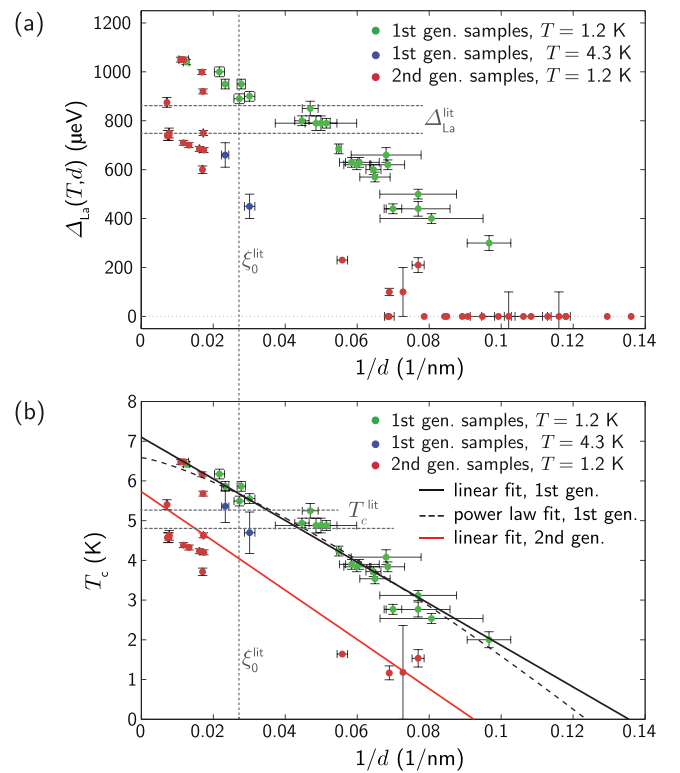


Figure 3. Dependence of (a) $\Delta_{\text{La}}(T, d)$ and (b) $T_c(d)$ on the inverse film thickness $1/d$. Sample generations and measurement temperatures are indicated. The error bars are due to uncertainties in the measured film thickness and in the fit parameters. The literature bulk values ξ_0^{lit} , $\Delta_{\text{La}}^{\text{lit}}$, and T_c^{lit} are indicated by vertical and horizontal lines, respectively, in (a, b). The dashed and solid curves in (b) show the power law fits and linear fits according to the Simonin model (equation (2)), respectively.

$\Delta_{\text{La}}(0, d)$ from $\Delta_{\text{La}}(T, d)$ by a numerical integration according to BCS theory (see appendix C).

The obtained $T_c(d)$ shows a linear behavior in $1/d$ with the highest values of $T_c = 6.5$ K for the thickest islands (figure 3(b)). Note that $T_c(d)$ calculated from the 4.3 K

experimental data roughly coincides with $T_c(d)$ calculated from the 1.2 K data, justifying the determination of $T_c(d)$ via BCS theory.

5. Thickness dependence and comparison to bulk values

In order to explain the observed thickness dependence of T_c , at first the very general relation $T_c(d) \propto (1/d)^\alpha$ is fitted to the experimental data (dashed line in figure 3(b)). The resulting fit parameter, $\alpha = 1.29 \pm 0.46$, is close to $\alpha = 1$. This strongly suggests that the experimental data can be explained by the so-called Simonin model [15], where the boundary conditions for the superconducting wave function, imposed by the interface to the W substrate and the surface, corresponds to an additional term in the Ginzburg-Landau free energy. This leads to a reduction in T_c for thin superconducting films, resulting in:

$$T_c(d) = T_{c,\text{bulk}} \left(1 - \frac{d_c}{d} \right). \quad (2)$$

Here, the critical thickness d_c can be interpreted as a threshold thickness, which is required for a La film to develop superconductivity, if the Simonin model holds for such very thin films. Keeping $T_{c,\text{bulk}}$ and d_c as free parameters, equation (2) is fitted to the experimental data (black solid line in figure 3(b)). The fitted value for the critical thickness is $d_c = (7.38 \pm 1.04)$ nm (about 25 ML in the [0 0 0 1] direction). Note that, although no superconducting gap is observed for $d \leq 10$ nm under our experimental conditions, it cannot be ruled out that these islands have a finite T_c which is below the measurement temperature of 1.2 K. An expected value for d_c can be determined via $d_c^{\text{lit}} = 2/[k_{\text{TF}}N(0)V]$ [15] from the literature values for the inverse Thomas-Fermi screening length $k_{\text{TF}} = (1.543 \pm 0.036)$ nm⁻¹, and for the product of the electronic density of states at the Fermi level and the electron-phonon coupling potential $N(0)V = (0.286 \pm 0.006)$ [10, 12, 14], giving $d_c^{\text{lit}} = (4.54 \pm 0.09)$ nm, which is close to the experimental result. The relatively large value of d_c , compared to other superconducting materials such as Pb, thus originates from the comparatively small Fermi velocity [12] of La.

The value for the bulk critical temperature extracted from the fit to the Simonin model is $T_{c,\text{bulk}} = (7.10 \pm 0.38)$ K. The previously mentioned relation $2\Delta_{\text{La}}(0, d)/k_B T_c(d)$ then yields a bulk energy gap of $\Delta_{\text{La},\text{bulk}}(0) = (1.15 \pm 0.06)$ meV, which coincides with the value extrapolated from figure 3(a). As a main result of this work, both $T_{c,\text{bulk}}$ and $\Delta_{\text{La},\text{bulk}}(0)$ are almost 40% higher than the reported bulk values [1–4, 10, 12–14]. This result is surprising, since in previous experimental studies on the thickness-dependent $T_c(d)$ in other materials, which also revealed a linear dependence in agreement with the Simonin model, the extrapolated values were usually in agreement with the respective bulk values [8, 24, 25].

Next, we will discuss the origin of the large T_c value. The effect of strain on the La islands can be neglected in the thickness dependency $T_c(d)$, even though La is a relatively soft metal: for Gd/W(1 1 0), which has a similar lattice constant to La/W(1 1 0), only the monolayer and bilayer have slightly enhanced lattice constants of 2% and 0.3% [26], while the

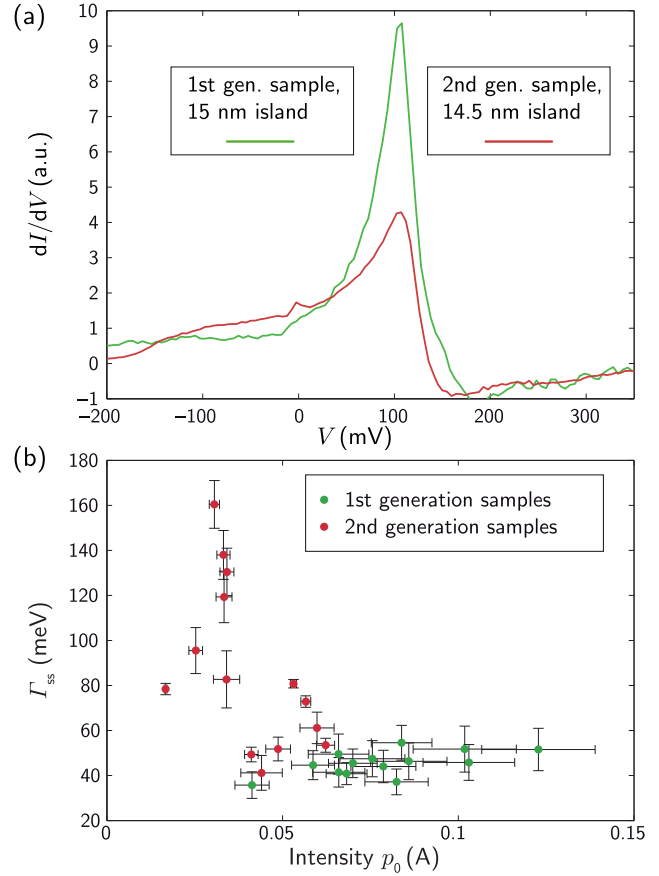


Figure 4. (a) STS spectra indicating the d_{z^2} -like surface state that forms on La(000 1) ($I_{\text{stab}} = 500$ pA, $V_{\text{stab}} = +1$ V, $V_{\text{mod}} = 1$ mV, $T = 1.2$ K). The curves are normalized so that the differential conductance at $V_{\text{stab}} = +1$ V coincides. The negative dI/dV values originate from an interplay between the strongly peaked sample DOS and a tip DOS with a negative slope [20]. (b) Quantitative analysis of FWHM Γ_{ss} and intensity p_0 of the surface state extracted from Lorentzian fits to the STS spectra, as shown in (a) (appendix D).

thicker films are already relaxed to the bulk lattice parameter. Moreover, the residual strain is tensile in nature and would lead to a reduction in T_c [2, 3]. Therefore, we can rule out that the experimentally observed increase in $\Delta_{\text{La},\text{bulk}}(0)$ and $T_{c,\text{bulk}}$ is related to strain effects.

6. Effects of purity on Δ and T_c

Since impurities are known to play a crucial role in superconductivity, we finally investigate the effects of purity of the sample on $\Delta_{\text{La}}(T, d)$ and $T_c(d)$ through an investigation of the 2nd generation samples, where STM topographs revealed residual surface contamination. The surface contamination is quantified by the intensity and width of the d_{z^2} -like surface state which forms on lanthanide (000 1) surfaces [20, 27] and is very sensitive to adsorbates [20, 27]. The spectra in figure 4(a) indicate a well developed surface state by a strong resonance at $V \approx 0.1$ V in the 1st generation samples, while the surface state is partly quenched in the 2nd generation samples. This finding is supported by a quantitative analysis (see appendix D) of the full width at half maximum (FWHM)

Γ_{ss} and intensities p_0 of the resonances measured on all the investigated samples (figure 4(b)). For the 1st generation samples, Γ_{ss} has a value comparable to, or even lower than, the reported intrinsic lifetime broadening due to electron-electron and electron-phonon scattering for very clean samples [20] (see appendix D). In contrast, on the 2nd generation samples, the surface state lifetime is further reduced by defect scattering, as revealed by a roughly doubled Γ_{ss} . We can therefore conclude that the surface purity of the 2nd generation samples is strongly reduced with respect to that of the 1st generation samples.

As shown in figures 3(a) and (b), the reduced purity of the 2nd generation samples is correlated with the overall reduced values of $\Delta_{La}(T, d)$ and $T_c(d)$. Equation (2) fitted to this experimental data results in $T_{c,bulk}^* = (5.73 \pm 0.62)$ K and $d_c^* = (10.82 \pm 3.36)$ nm (red straight line in figure 3(b)). Since d_c^* enters the boundary condition for the suppression of the superconducting order parameter [15], the enhanced value of d_c^* indicates a stronger decay of the superconducting order parameter at the dirtier surface boundary of the 2nd generation samples. These results suggest that the superior sample quality of the 1st generation samples with respect to previous studies [1–4, 10–14] is responsible for the enhanced values of $\Delta_{La,bulk}(0)$ and $T_{c,bulk}$ of these samples. This result is astonishing: While the surface state and the observed contamination are localized in the topmost atomic layer of the La islands, and thus, their superconductivity is expected to be influenced by the surface only within a region of $\xi_0^{lit} = 36.3$ nm, we observe a reduction in $\Delta_{La,bulk}(0)$ and $T_{c,bulk}$, even for the thickest islands with $d = 140$ nm. However, it is likely that not only the surface, but also the interior and the W-La interface of the 2nd generation La islands are dirtier than the 1st generation samples. This might explain the correlation between T_c and the surface contamination on the thick islands with $d > \xi_0^{lit}$, where the surface is not expected to play a crucial role in the superconducting properties.

7. Summary

To sum up, our observations reveal that the intrinsic bulk energy gap and critical temperature of dhcp La are 40% larger compared to the values cited in the literature. In addition, we quantitatively determined the thickness dependence of Δ_{La} and T_c , which is in good agreement with a theoretical model that considers the boundary conditions for the superconducting wave function. We find that superconductivity does not persist below a critical thickness of 25 ML. We consider the effects of sample purity, as correlated with the modifications to the unoccupied surface state of La, and find, regardless of the thickness, that superconductivity is reduced with increased surface contamination. Our results suggest that the superior purity of the samples investigated here explains why we observe an enhancement of T_c as compared to previous reports. This highlights the challenge in the investigation of the superconducting properties of the notoriously reactive lanthanides.

Acknowledgments

We acknowledge financial support from the ERC Advanced Grant ‘ASTONISH’, and from the DFG via Graduiertenkolleg 1286. AAK acknowledges Project No. KH324/1-1 from the Emmy-Noether-Program of the DFG. We thank A Kamlapure for the fruitful discussions.

Appendix A. Numerical calculation of the differential conductance

The energy gap of lanthanum was investigated by STS with superconducting Nb tips and normal metal tungsten and PtIr tips. A lock-in technique gives direct access to dI/dV . There, the finite modulation voltage V_{mod} (RMS value) limits the energy resolution and broadens the coherence peaks, which adds to the usual thermal broadening. In order to determine the superconducting energy gap Δ and lifetime broadening parameter Γ , the differential conductance is calculated numerically in analogy to the working principle of the lock-in amplifier [19]:

$$\frac{dI}{dV}(V) \propto \int_{-\pi/2}^{+\pi/2} \sin(\alpha) I(V + \sqrt{2} V_{mod} \sin(\alpha), T) d\alpha. \quad (A.1)$$

In this formula, I is the tunneling current, defined as:

$$I(V, T) \propto \int_{-\infty}^{+\infty} N_1(E) N_2(E + eV) [f(E + eV, T) - f(E, T)] dE. \quad (A.2)$$

$N_1(E)$ and $N_2(E)$ are the densities of states (DOS) of the two tunneling electrodes, and $f(E, T)$ is the Fermi function.

In the simplest case, where the tunneling junction consists of a superconducting and a normal metal electrode (i.e. superconducting La island and normal metal tip or superconducting tip and normal metal wetting layer), the DOS of the superconducting electrode, defined by equation (1) of the main paper, is used as $N_1(E)$. Furthermore, we assume that the DOS $N_2(E)$ of the normal metal electrode is constant on the relevant scale of Δ_1 . In that case, a fitting equation of (A.1) to the experimental data, with only Δ_1 and Γ_1 as free parameters, yields these quantities with good accuracy.

In STS measurements with two superconducting electrodes (i.e. superconducting La island and superconducting tip), $N_1(E)$ is the same as before. We assume a similar DOS for the second superconducting electrode, $N_2(E)$, with its normal metal DOS $N_{n,2}$. In addition, we consider the parameters Δ_2 , Γ_2 , and the applied voltage:

$$N_2(E + eV) = N_{n,2} \Re \left(\frac{E + eV + \sqrt{2} e V_{mod} \sin(\alpha) - i \Gamma_2}{\sqrt{[E + eV + \sqrt{2} e V_{mod} \sin(\alpha) - i \Gamma_2]^2 - \Delta_2^2}} \right) \quad (A.3)$$

As Δ_1 and Γ_1 are already known from the characterization experiment we performed for each tip on the wetting layer,

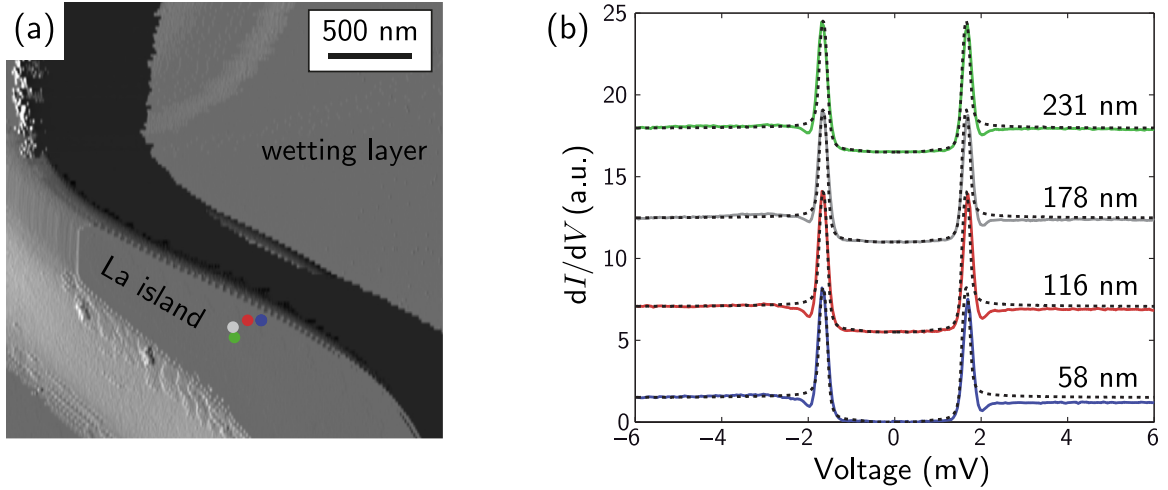


Figure A1. Investigation of a possible lateral variation of superconductivity. (a) STM topograph (laterally differentiated image, $I = 50$ pA, $V = 950$ mV, $T = 1.16$ K) of a 137 nm thick lanthanum island taken with a superconducting Nb tip ($\Delta_{\text{tip}} = 0.770$ meV, $\Gamma_{\text{tip}} = 0.020$ meV). (b) dI/dV -curves taken at increasing separations from the rim, as depicted by the colored dots in (a) ($I_{\text{stab}} = 100$ pA, $V_{\text{stab}} = -6$ mV, $V_{\text{mod}} = 0.080$ mV). The spectra are each shifted by 5.5 a.u. for better clarity. Numerical calculations (dotted curves), obtained with $T = 1.16$ K and $V_{\text{mod,eff}} = V_{\text{mod}}$, reveal the very same parameters, $\Delta_{\text{La}} = 0.875$ meV and $\Gamma_{\text{La}} = 0.025$ meV, for all experimental dI/dV -curves. Slight deviations at positive voltages can be ascribed to an insufficient stabilization of the tunneling junction. The dips in dI/dV at voltages above the coherence peaks originate from the Nb tip and are not related to the lanthanum island.

fitting equation (A.1) to the experimental data yields Δ_2 and Γ_2 with good accuracy.

While most STS studies of superconductors fit experimental dI/dV -curves by using only equation (A.2), the approach introduced by equation (A.1) naturally considers a finite modulation voltage. Moreover, a possible electronic noise added to the bias voltage can be described by this approach when using an increased effective modulation voltage $V_{\text{mod,eff}} \geq V_{\text{mod}}$. This enables us to decouple several effects that broaden the dI/dV -curves, and to determine the ‘intrinsic’ lifetime broadening parameter Γ for tip and sample.

Appendix B. Exclusion of a lateral variation of the superconducting properties

A possible lateral variation of the superconducting properties of lanthanum islands is inspected in a control experiment on a particular 137 nm thick island (figures A1(a) and (b)). dI/dV -spectra were taken at different positions on the island (colored dots in figure A1(a)). Even the blue point is 58 nm away from the rim, which is clearly above the coherence length. The dI/dV -spectra do not show any lateral variation on the relevant energy scale up to $|eV| = 6$ meV (figure A1(b)). Hence, the superconducting properties of the lanthanum islands, Δ_{La} and Γ_{La} , are only a function of thickness d and temperature T .

Appendix C. Determination of the critical temperature

In the main paper, the following relation between $T_c(d)$ and $\Delta_{\text{La}}(0, d)$ is given [1–3, 12]:

$$\frac{2\Delta_{\text{La}}(0, d)}{k_B T_c(d)} = 3.75 \pm 0.02 \quad (\text{C.1})$$

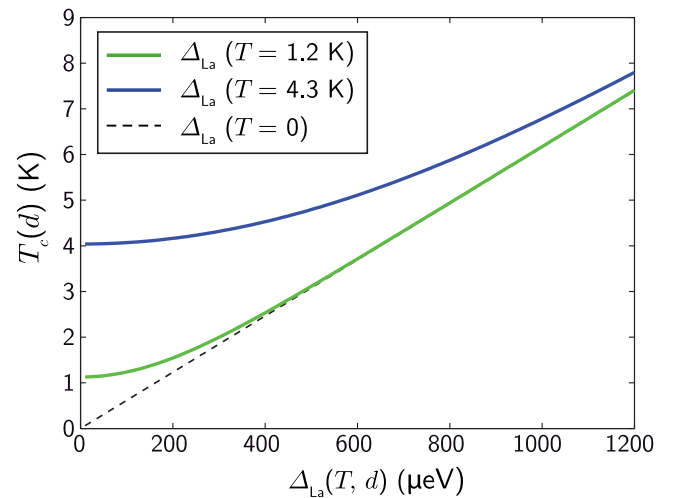


Figure C1. Derivation of $T_c(d)$ from the experimental values of $\Delta_{\text{La}}(T, d)$, for $T = 0$, $T = 1.2$ K, and $T = 4.3$ K.

In order to obtain $T_c(d)$ from the experimental $\Delta_{\text{La}}(T, d)$, an understanding of the temperature dependence of $\Delta_{\text{La}}(T, d)$ is required. For the intermediate-coupling superconductor lanthanum [10, 12, 14], the relations between $\Delta_{\text{La}}(T, d)$ and $T_c(d)$ are given by:

$$k_B T_c(d) = 1.065 \cdot \hbar \omega_D(d) \cdot e^{-1/[N(0)V]} \quad (\text{C.2})$$

$$\begin{aligned} \frac{1}{N(0)V} &= \int_0^{\hbar \omega_D(d)} \frac{\tanh \frac{1}{2} \beta \sqrt{\xi^2 + \Delta_{\text{La}}(T, d)^2}}{\sqrt{\xi^2 + \Delta_{\text{La}}(T, d)^2}} d\xi \\ &= \frac{1}{0.286 \pm 0.006}. \end{aligned} \quad (\text{C.3})$$

Here, $\beta = 1/k_B T$. Equation (C.1) is used to determine $T_c(d)$ as a function of $\Delta_{\text{La}}(0, d)$ (dashed line in figure C1). The

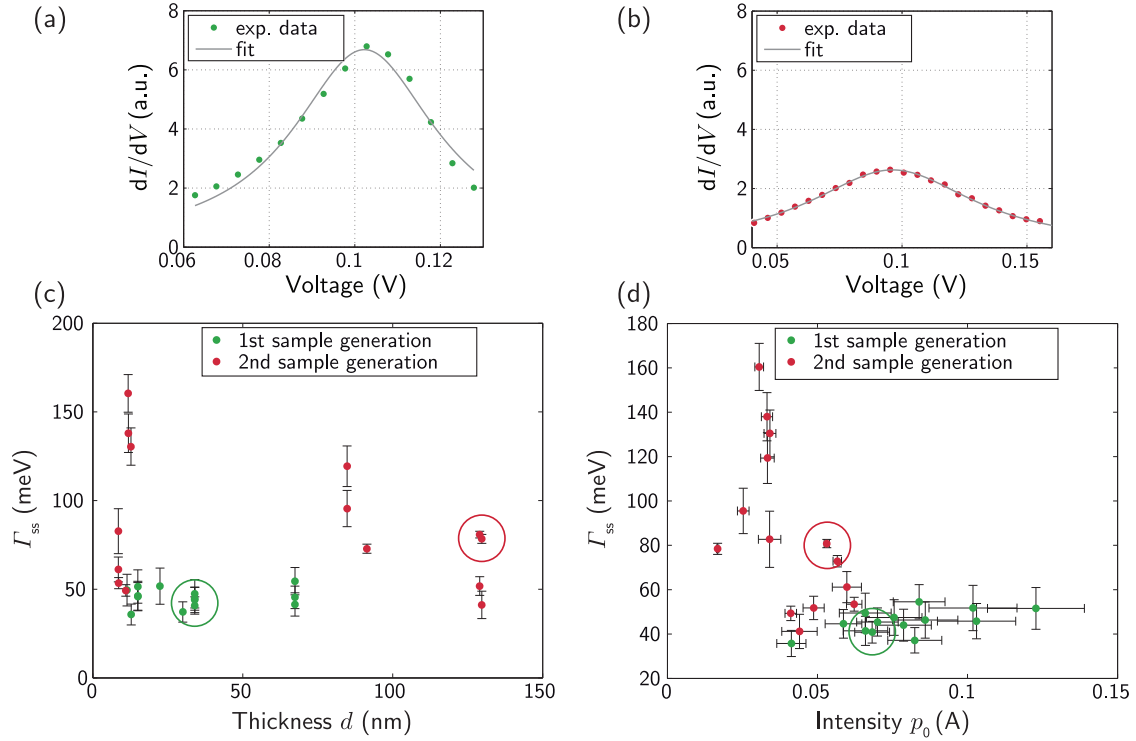


Figure D1. Characterization of the surface state for the two sample generations. (a, b) Fits of a Lorentzian (equation (D.3)) to experimental dI/dV -curves. (a) dI/dV -curve (dots) taken on a 34 nm thick La island of the 1st sample generation. Fit results (straight line): $p_0 = (0.068 \pm 0.006)$ A, $V_0 = (102.2 \pm 1.4)$ mV, $\Gamma_{ss} = (40.8 \pm 4.9)$ meV. (b) dI/dV -curve (dots) on a 129 nm thick island of the 2nd sample generation. Fit results (straight line): $p_0 = (0.053 \pm 0.001)$ A, $V_0 = (96.2 \pm 0.5)$ mV, $\Gamma_{ss} = (80.8 \pm 1.9)$ meV. (c, d) Compilation of fit results including additional measurements. Data from 1st (2nd) generation samples are marked by green (red) dots. The particular results shown in (a, b) are marked by colored circles. (c) Width (FWHM) Γ_{ss} versus island thickness. (d) Γ_{ss} versus intensity p_0 . (a)–(d) Tunneling parameters: $I_{stab} = 500$ pA at $V_{stab} = +1$ V, $V_{mod} = 1$ mV, $T = 1.2$ K.

dependence of $T_c(d)$ as a function of $\Delta_{La}(T, d)$ is calculated by a numerical integration of equation (C.3) using equation (C.2) in order to relate $\hbar\omega_D(d)$ to $T_c(d)$.

In figure C1, $T_c(d)$ is shown as a function of $\Delta_{La}(1.2 \text{ K}, d)$ (green curve) and $\Delta_{La}(4.3 \text{ K}, d)$ (blue curve). Concerning $T = 1.2$ K, in the range of the relevant data, $\Delta_{La}(1.2 \text{ K}, d) = 400\text{--}1000 \mu\text{eV}$, there is basically no deviation between $\Delta_{La}(0, d)$ and $\Delta_{La}(T, d)$, hence $T_c(d)$ is immediately given by $2\Delta_{La}(T, d)/k_B T_c(d) = 3.75 \pm 0.02$. In contrast, $T = 4.3$ K leads to a significant deviation between $\Delta_{La}(0, d)$ and $\Delta_{La}(T, d)$. The calculated relations are used to determine $T_c(d)$ for all measured $\Delta_{La}(T, d)$, as shown in the main paper.

Appendix D. Contamination-induced quenching of the surface state

As described in the main text, the d_{z^2} -like surface state which forms on La(0001) is sensitive to surface contamination (figure 4). In the following, the reduction of intensity and the enhancement of broadening is quantitatively determined from the experimental STS curves of the two sample generations. This enables us to relate these values to the surface state lifetime and quality of La films for comparison with previous experimental studies [20]. In order to describe the differential conductance $dI/dV(V)$ analytically, a simple model in analogy to [20] is introduced.

Neglecting any voltage dependence of the transmission coefficient $\mathcal{T}(E, V)$, and assuming a constant electronic density of states of the tip, an expression for dI/dV is given as:

$$\frac{dI}{dV}(V) \propto \int N_s(E) \mathcal{T}(E) f'(E - eV, T) dE. \quad (\text{D.1})$$

Here, $N_s(E)$ is the density of states of the sample and $f'(E - eV, T)$ denotes the differentiation of the Fermi function with respect to V . The transmission coefficient $\mathcal{T}(E)$ is rather constant. The (negative) effective mass of the La(0001) surface state was determined by *ab initio* calculations as $|m_{eff}| > 2 m_e$ [20]. Here, this rather weak dispersion is neglected completely, and $N_s(E) \mathcal{T}(E)$ is first approximated by a δ -function $\delta(E - E_0)$, where E_0 equals the band maximum at $k = 0$.

Now, the finite lifetime of the surface state τ_{ss} is taken into account. The lifetime broadening $\Gamma_{ss} = \hbar/\tau_{ss}$ consists of electron-electron (Γ_{ss}^{e-e}), electron-phonon (Γ_{ss}^{e-ph}), and defect scattering (Γ_{ss}^{def}), that all add up to the overall broadening $\Gamma_{ss} = \Gamma_{ss}^{e-e} + \Gamma_{ss}^{e-ph} + \Gamma_{ss}^{def}$. The energy dependence of these different scattering channels is neglected for simplicity. Therefore, the δ -function needs to be replaced by a Lorentzian [20], which leads to:

$$\frac{dI}{dV}(V) = \int \frac{p_0 \Gamma_{ss}}{(E - E_0)^2 + (\Gamma_{ss}/2)^2} f'(E - eV) dE. \quad (\text{D.2})$$

p_0 is a factor of proportionality, which is called intensity in the following. The width (FWHM) of the differentiated Fermi function $f'(E - eV, T)$ is about $3.5 k_B T = 0.36$ meV at $T = 1.2$ K, which is orders of magnitude smaller compared to the energy scale of the surface state. Therefore, $f'(E - eV, T)$ is replaced by a δ -function $\delta(E - eV)$, resulting in:

$$\frac{dI}{dV}(V) = \frac{p_0 \Gamma_{ss} e}{(eV - eV_0)^2 + (\Gamma_{ss}/2)^2}. \quad (\text{D.3})$$

When fitting this formula to the experimental dI/dV -curves, there are three free parameters: intensity p_0 , peak maximum $eV_0 = E_0$, and width (FWHM) Γ_{ss} . Before fitting, the individual STS curves were normalized to have the same differential conductance at $V = +1$ V. In addition, a constant offset was subtracted, which reflects tunneling into bulk states. As depicted by the fitting result for two exemplary measured curves in figures D1(a) and (b), this procedure leads to a good fit of the experimental data.

The fit results for all the measured dI/dV -spectra are shown in figures D1(c) and (d) color-coded according to the sample generation. Γ_{ss} is found to be almost independent of the island thickness. Even the thinnest films have a well-pronounced surface state, which is in agreement with previous studies [20]. The 1st sample generation always exhibits a very narrow surface state peak with a maximum at $V_0 = +(101.7 \pm 1.2)$ mV and a width given by $\Gamma_{ss} = (45.4 \pm 1.5)$ meV, corresponding to a lifetime of $\tau_{ss} = \hbar/\Gamma_{ss} = (14.5 \pm 0.5)$ fs. In a previous analysis of the width of the experimental surface state peak, which even considered energy-dependent lifetime broadening, a value of $\Gamma_{ss}^{\text{lit}} = (49 \pm 10)$ meV was reported [20]. In comparison with the results reported here for the 1st sample generation, this implies that no additional energy broadening arises due to impurity-induced scattering. It is therefore assumed that the defect-induced broadening for this very clean sample generation can be completely neglected, and hence $\Gamma_{ss} = \Gamma_{e-e} + \Gamma_{e-ph}$ is the ‘intrinsic’ lifetime broadening. In summary, this shows that the La(0001) surfaces of the 1st sample generation are of the same or even better quality compared to previous studies [20].

The STS spectra taken on the La islands of the 2nd sample generation exhibit surface state peaks with a reduced intensity and a larger width (figures D1(b)–(d)). Therefore, the modified $\Gamma_{ss}^* = \Gamma_{e-e} + \Gamma_{e-ph} + \Gamma_{\text{def}}^*$ must be affected by a defect-induced contribution Γ_{def}^* . This quantity is about twice as large as the ‘intrinsic’ broadening Γ_{ss} . The influence of surface contamination on superconductivity is analyzed in the main part of this paper.

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